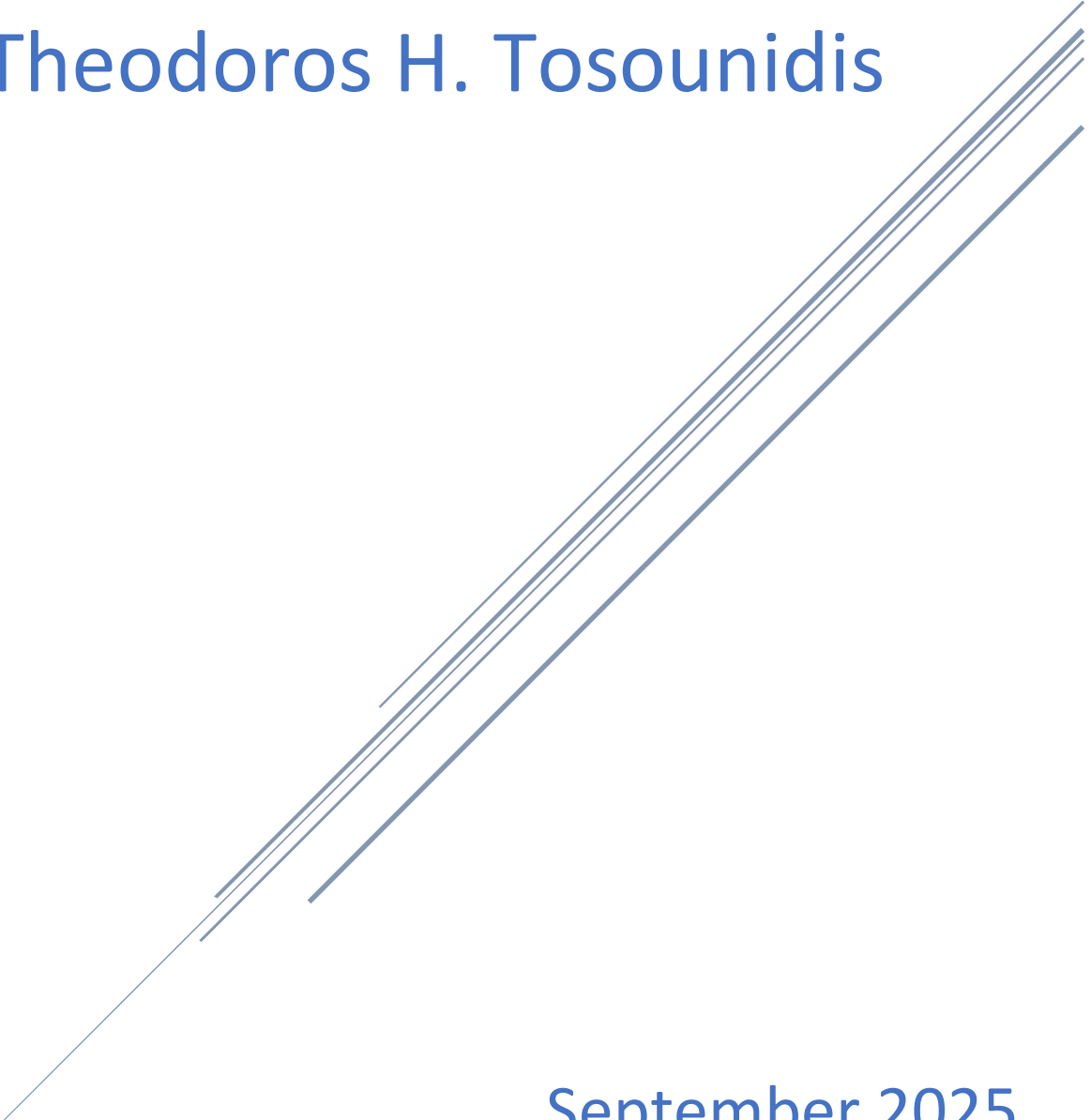


CURRICULLUM VITAE

Theodoros H. Tosounidis



September 2025

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A. Overview

Personal Data

- Date of birth: January 19, 1974
- Sex: Male
- Nationality: Greek
- Home Address: Panepistimiou 335, 70013, Heraklion, Greece
- Work Address: University of Crete, Faculty of Medicine, 71003 Heraklion, Crete, Greece
- Tel: 0030 6978 167600 (mobile), 0030 2810 395055 (work)
- Email: ttosounidis@yahoo.com, ttosounidis@uoc.gr

Current Practice and Career Objectives

I am an Associate Professor of Orthopaedics and Traumatology at the Medical School of the University of Crete, Greece, and I currently practice at the Orthopaedic Department of Heraklion University Hospital. I serve as the Deputy Clinical Director and the Head of Orthopaedic Trauma of the Orthopaedic Department of the Heraklion University Hospital, Crete, Greece. I specialize in orthopaedic trauma and pelvic, as well as the total joint replacement of lower extremities.

I have completed my fellowship training in two world-renowned orthopaedic centers of North America, the first in “Orthopaedic Trauma Surgery” at the Foothills Medical Centre in Calgary, Alberta, Canada and the second in “Lower Extremity Reconstruction and Trauma Surgery” at St. Michael’s Hospital in Toronto, Ontario, Canada. I have also conducted another two short-term fellowships on Orthopaedic Trauma at the Leeds Major Trauma Center, UK and on Primary and Complex Hip Arthroplasty at the Endoklinik of Hamburg, Germany.

My everyday practice is focused on the care of musculoskeletal trauma and its sequelae, as well as the hip joint surgical pathology and treatment.

More specifically, I am specialized in the care of:

- All aspects of primary musculoskeletal trauma: upper and lower extremity long bone injuries, periarticular fractures of upper and lower extremity, and foot fractures.
- Management of pelvic and acetabular fractures.
- Complex primary trauma: management of polytraumatized patients, complex periarticular fractures, open fractures.
- Complications of musculoskeletal trauma: infections, nonunions, malunions, bone loss/regeneration.
- Primary, Complex Primary (post-traumatic) and Revision Total Hip Arthroplasty.
- Primary Total Knee Arthroplasty.

I have always been involved in clinical research since my training years. I acquired a PhD from the University of Crete. I obtained my fellowships at two of the largest clinical research surgery centers in North America (the University of Toronto and the University of Calgary), and two of the most prestigious centers in Europe (the Leeds Major Trauma Center, Leeds, UK and the Endoklinik, Hamburg, Germany), gaining experience conducting high-quality research along with acquiring high-level surgical skills. My primary interest is clinical research and clinical trials in orthopaedic traumatology. I have authored 109 peer-reviewed publications (105 indexed in PubMed and 4 in other databases) and 39 chapters in orthopaedic textbooks. My special clinical research interests include the management of polytrauma patients, the clinical outcomes after pelvic and acetabular reconstruction, modern

techniques in pelvic and acetabular surgery, the patient-related outcome measures in orthopaedic trauma, the fluoroscopy use in fracture surgery, the orthogeriatric fracture care and surgical anatomical studies. I have been involved in the supervision of eight (8) PhD Theses at the University of Crete. One (1) of them was completed under my mentorship as the primary supervisor, and another one (1) as one of the co-supervisors. I am the primary supervisor in three (3) ongoing PhD Theses and in another three (3) as one of the supervisors. I am also the Head of the “Laboratory of Orthopaedic Research” of the Medical School of the University of Crete

I am also leading several clinical research projects at the University of Crete and in collaboration with other institutions (pls see sections below of the present CV). As a Deputy Academic Consultant, I received a grant/funding of 45.545,05 Euros from the Greek Government (Ministry of Development and Investments - ΕΣΠΑ) for the project “Holistic multidisciplinary approach in patients with fragility fractures”. The project was conducted at the University of Patras <https://empedu.gov.gr/invitation/ypostirixi-ereyniton-me-emfasi-stoys-neoys-ereynites-kyklos-v/> I have also received (as the supervisor) a grant of CHF 15.000 from the prestigious AO Foundation for the project “Molecular underpinnings of osteosarcopenia in hip fracture patients”. In addition, the project that I supervised, titled “Application of an AO Foundation in-hospital, surgeon-led antiosteoporotic medication algorithm improves persistence to medication and can prevent the second fragility fracture. Results from a prospective cohort of 213 hip fracture patients” participated in the Research Olympiad 2023 that was hosted in Davos, Switzerland, as one of the best selected projects from around the world ([https://www.aofoundation.org/trauma/research/research-olympiad#tab=why_should_you_join?](https://www.aofoundation.org/trauma/research/research-olympiad#tab=why_should_you_join?;);))

I have a strong and genuine interest in education and teaching. I have organized and chaired multiple national and international Orthopaedic seminars, symposia and courses. I have also chaired one of the most prestigious meetings in orthopaedic traumatology, the AO Trauma Course—Advanced Principles of Fracture Management of Davos, Switzerland, in December 2024. I am also the chair of the same course that will take place at Davos, Switzerland, in December 2025. I have been invited as a faculty member in numerous Greek and International forums/congresses/meetings as a speaker/lecturer, teaching on the management of fractures, which is my area of expertise

At the same time, I am extensively involved in the educational activities of the medical students of the University of Crete, both at the undergraduate and Postgraduate levels. I am co-director of the Orthopaedic Surgery course for the medical students in their 4th and 5th years of their studies. I am the director of the undergraduate (optional) course “Musculoskeletal Trauma” of the medical students of the Medical School of the University of Crete. I am also a member of the programme committee of the Postgraduate course “Surgical Sciences MSC” of the Medical School of the University of Crete. I teach at undergraduate and postgraduate levels to students of the University of Crete.

I currently hold the chair of AO TESA East Cluster (MID) and the Chair of AO Trauma Greece. At the same time, I hold various scientific and administrative positions within AO Trauma TESA Europe, AO Trauma globally and the Fracture Fragility Network (FFN). I am also continuously involved in the various administration committees and assemblies of the Medical School of the University of Crete

B. Clinical Competencies

Present appointment

September 2025

- Associate Professor of Orthopaedic Surgery, Medical School of Crete, Greece
- Consultant Orthopaedic Surgeon, Orthopaedic Department of Heraklion University Hospital, Crete, Greece
- Deputy Clinical Director, Department of Orthopaedic Surgery, Heraklion University Hospital, Crete, Greece
- Head of Orthopaedic Trauma, Department of Orthopaedic Surgery, Heraklion University Hospital, Crete, Greece

Past appointments

October 2017-2022:

- Associate Professor of Orthopaedic Surgery, Medical School of Crete, Greece (June 22-June 2025)
- Consultant Orthopaedic Surgeon, Orthopaedic Department of Heraklion University Hospital, Crete, Greece
- Deputy Clinical Director, Department of Orthopaedic Surgery, Heraklion University Hospital, Crete, Greece
- Head of Orthopaedic Trauma, Department of Orthopaedic Surgery, Heraklion University Hospital, Crete, Greece

October 2017-June 2022:

- Assistant Professor of Orthopaedic Surgery, Medical School of Crete, Greece (October 2017-March 2021 provisional position, March 2021-June 2022 substantive position)
- Consultant Orthopaedic Surgeon, Orthopaedic Department of Heraklion University Hospital, Crete, Greece

- Deputy Clinical Director, Department of Orthopaedic Surgery, Heraklion University Hospital, Crete, Greece
- Head of Orthopaedic Trauma, Department of Orthopaedic Surgery, Heraklion University Hospital, Crete, Greece

May 2012-October 2017:

- Consultant of Trauma and Orthopaedics, Pelvic and Acetabular Reconstruction, Leeds General Infirmary, Leeds, UK
- Honorary Senior Lecturer, School of Medicine, University of Leeds, Leeds, UK.
- Academic activities supported by the Leeds Musculoskeletal Medical Research Unit (LMBRU). Contracted post
- Research and Education Lead, Major Trauma Services at the Leeds General Infirmary (January 2016 to 2018).
- Audit Lead, Leeds General Infirmary (2012-2015)

Professional Qualifications

- **Orthopaedic Surgery Specialist Certification**
I qualified in Orthopedic Surgery in Greece, having successfully passed the orthopedic exit exams (Heraklion, 27.01.2010, Prot. No.: 12490)
- **Full registration with the Greek Medical Council**
Full license to practice Medicine
Reference number 5746. (1999 - present)
- **GMC reference number: 6087422**
Fully registered medical practitioner with a full license to practice
Full registration granted on: November 23, 2003
Specialist Register entry: Orthopaedics (November 28, 2011)
- **Fully qualified in the medical profession by the Swedish National Board of Health and Welfare**
Reference number: 704119. (2004 - present)

- **Practice Permit from the College of Physicians and Surgeons of Alberta and Ontario**
Registration Number: 016218
Category of Registration: Provisional Register – Postgraduate Trainee
Start Date: July 01, 2010 Expiry Date: June 30, 2011

Undergraduate Qualifications

- **MCCQE Part 1 (Medical Council of Canada Qualifying Examination Part I)**
May 2006. I.D. Code: 200334043, (Total score 419)
- **MCCEE (Medical Council of Canada Evaluating Examination)**
September 2004. I.D. Code: 200334043, (Total score 454)
- **Medical Degree (MD)**
Aristotle University of Thessaloniki, 1999
School of Health Sciences - Department of Medicine. Thessaloniki, Greece (1993-1999)
- **Biology Studies**
Aristotle University of Thessaloniki, School of Health Sciences
Department of Biology (1992-1993). Thessaloniki, Greece

Postgraduate training

- **December 2004 – February 2010**
Residency in Orthopaedic Surgery
Department of Orthopaedic Surgery and Traumatology, Medical School, University of Crete, Heraklion, Greece
Supervisor: Prof. Alexander Hadjipavlou
- **March 2004 – July 2004 (duration of 5 months)**
Clinical attachment (Observership) in Orthopaedic Surgery
Orthopaedic Division, Huddinge University Hospital, Karolinska Institute, Stockholm, Sweden
Supervisor: Prof. Urban Lindgren
- **April 2003 – November 2003**
Locum appointment in General Practice. Iaso Private Hospital, Serres, Greece

- **July 2002 – April 2003**
Residency period in General Surgery (9 months)
Department of General Surgery.
Serres General Hospital, Serres, Greece

- **January 2001 – July 2002**
Medical Officer. Military Service (General practice duties)

- **August 1999 – December 2000**
Compulsory service in District Hospital and Rural Areas
 - Compulsory service in a District Hospital: (General Surgery, Cardiology and Internal Medicine. Serres General Hospital, Serres, Greece, first 3 months)
 - Compulsory service in Rural Areas: Health Centre of “Nea Zihni”, Community of “Emmanouil Papas”, Serres, Greece (last 12 months)

Fellowship training

- **June 2022 - July 2022**

“Complex Primary and Revision Hip Arthroplasty”, Enkoklinik, Hamburg, Germany

Supervisor: Professor M. Citak

This was a two-month fellowship at the biggest lower limb arthroplasty unit in Europe. I had the opportunity to gain substantial experience and update my clinical skills and knowledge in complex primary total and revision hip arthroplasty.

- **July 2011 to March 2012**

Lower Extremity Reconstruction and Trauma Surgery

St. Michael’s Hospital in Toronto, Ontario, Canada

Supervisors: Prof. Emil Schemitsch & Prof. James Waddell

During the above period, I practiced as a Clinical Fellow at the Division of Orthopaedic Surgery at the University of Toronto, Ontario, Canada. I held an appointment with St. Michael’s Hospital, which is a Level-I Trauma Centre in Toronto.

This was a one-year Fellowship devoted to the educational activities related to the care of the critically injured patient, the integration of the orthopaedic care of these injuries with other specialties, as well as the rehabilitation and management of the musculoskeletal consequences which may result from these injuries. This fellowship provided me with vast experience in adult trauma and fracture management, their sequelae and complications. The caseload included a sufficient number of index operative procedures to gain proficiency in the management of significant axial (including a large number of pelvic and acetabular) and appendicular injuries.

This Fellowship allowed me to acquire an advanced level of skill in the management of the orthopaedic trauma population. This was obtained from faculty-guided experience in:

- The surgical as well as non-surgical management of musculoskeletal injuries.
- Treatment alternatives in basic fracture care.
- Proficiency in the treatment of complex fractures of the pelvis and acetabulum, complex fractures and injuries of the foot and ankle, arthroscopy of the knee and ankle.
- Proficiency in the treatment of and options for limb salvage including bone and soft tissue deficiencies, deformities and infections.
- Algorithmic decision making with respect to timing and sequencing of multiple injury management.

- Postoperative and outpatient care, including the direction of rehabilitation.
- Understanding the prophylaxis and/or treatment of the complications and sequelae of musculoskeletal injuries.
- Injury management decision making, based on age and/or co-morbid medical problems, as seen either in the pediatric or the geriatric population.
- The use of advanced technology and instrumentation.
- Activities that foster the development of skills in teaching as well as laboratory and clinical research related to orthopaedic trauma.
- Ethical, economic, and legal issues as they pertain to orthopaedic trauma care.

Furthermore, I had the opportunity to gain experience in:

- Organizing and administering an orthopaedic trauma service, and coordinating the activities of the service with other administrative units.
- Establishing policies and procedures for the management of orthopaedic trauma patients.
- Appointing, training, and supervising specialized personnel.
- Teaching the specialized body of knowledge required for the comprehensive management of orthopaedic trauma patients.

During this Fellowship year and in addition to trauma cases, I had the opportunity to gain substantial exposure in Lower Extremity Reconstruction. Approximately 1,000 total joint procedures are performed each year at St. Michael's Hospital. Consequently, I acquired proficiency in the pre-operative assessment, intra-operative management and post-operative assessment of both routine and complex primary total hip and total knee replacement surgery, as well as an improved knowledge of both the surgical and follow-up management of revision total hip and total knee replacement.

- **July 2010-June 2011**

Orthopaedic Trauma Surgery

Foothills Medical Centre, Calgary, Alberta, Canada

Supervisors: Prof. Rick Buckley & Dr. Paul Duffy

This was an intensive 1-year Fellowship in Orthopaedic Trauma at the Foothills Medical Centre, Calgary, Alberta, Canada, under the guidance of Prof. Rick Buckley and Dr. Paul Duffy.

My training comprised of advanced periarticular fracture reconstruction techniques with a focus on a full-time practice in orthopaedic trauma. Areas of specific interest included calcaneal fracture surgery, pilon fracture surgery, tibial plateau and distal femur surgery, acetabular surgery, pelvic surgery and periarticular fracture surgery of the upper extremity. There was an abundance of polytrauma patients to be involved with over the course of a 1-year fellowship.

I was intimately involved in research, clinical work and teaching residents and medical students. I was also involved in teaching courses and anatomy to residents and medical students.

- February 2010 – May 2010
Trauma Fellowship in Leeds
Leeds General Infirmary
Supervisor: Professor P. Giannoudis

This fellowship took place at Leeds General Infirmary, partly sponsored by the “AO Foundation” in Switzerland (February to April) and partly by the Leeds Teaching Hospitals NHS Trust (April to May). This was a 4-month comprehensive Orthopaedic Trauma Fellowship at the biggest teaching hospital of the United Kingdom. This fellowship was specifically focused on complex periarticular fractures, the management of the polytrauma patient (with Intensive Care Unit experience) and Pelvic and Acetabular surgery.

Introduction of novel clinical activities/pathways at the University Hospital of Heraklion

- Pelvic and Acetabular Fracture Management. The Orthopaedic Department of the Heraklion University Hospital is conducting a high volume Pelvic and Acetabular Surgery, which is currently the highest in Greece. I have introduced novel surgical approaches and techniques, such as the modified Stoppa approach for the management of acetabular fractures and the safe surgical hip dislocation for the management of acetabular and femoral head fractures
- Management of lower extremity periarticular fractures. I introduced several novel techniques for the management of periarticular lower extremity fractures, such as the posterior approaches for the management of pilon and plateau fractures. A significant number of these surgeries have already been performed at the University Hospital of Heraklion, Crete, and new colleagues are being trained in these demanding techniques.
- Hip revision arthroplasty. I organized the revision hip arthroplasty service, acquiring reliable revision set instruments for the hospital and standardizing the pathway for workup, surgery and postoperative care of the patients.
- Secondary prevention of osteoporosis pathway in hip fracture patients. I introduced a specific pathway of osteoporosis management in hip fracture patients that commences at the time of the patient's admission and continues to the outpatient clinics

C. Administration

National and Local Administrative positions

- Chairman of the National Committee for the “Supply of implants for Total Hip and Knee Arthroplasty”, total value 99.457.508,62 euros, National Central Health Supply Authority. Decision No: 310/01-04-2025
(Πρόεδρος της Επιτροπής προμήθειας «ΣΕΤ ΟΡΘΟΠΕΔΙΚΩΝ ΥΛΙΚΩΝ ΓΙΑ ΙΣΧΙΟ-ΓΟΝΑΤΟ», με CPV 33141700-7-ΟΡΘΟΠΕΔΙΚΑ ΥΛΙΚΑ», χρονικής διάρκειας δυο (2) ετών, εκτιμώμενης αξίας 99.457.508,62 ευρώ. Εθνική Κεντρική Αρχή Προμηθειών Υγείας. ΕΚΑΠΥ. Απόφαση της Συνεδρίασης του Διοικητικού Συμβουλίου της Ε.Κ.Α.Π.Υ. 310/01-04-2025)
- Member of the “Technical Specifications for Orthopaedic Trauma Implants” Committee. National Central Health Supply Authority Decision No: 64/5-8-2021
(Μέλος της Επιτροπής σύνταξης τεχνικών προδιαγραφών για τα είδη «ΟΡΘΟΠΑΙΔΙΚΑ ΥΛΙΚΑ ΤΡΑΥΜΑΤΟΛΟΓΙΑΣ». Εθνική Κεντρική Αρχή Προμηθειών Υγείας. ΕΚΑΠΥ. Απόφαση της Συνεδρίασης του Διοικητικού Συμβουλίου της Ε.Κ.Α.Π.Υ. 64/5-8-2021)
- Deputy Clinical Director, Department of Orthopaedic Surgery, University Hospital Heraklion, Crete, since 12/06/2019
- Head of Orthopaedic Trauma, Department of Orthopaedic Surgery, University Hospital Heraklion, Crete, since 12/09/2018
- Member of the Tender Committee of the Medical School of the University of Crete, for a Visual Dissection Table. Assignment 24/07/2018
- Member of the Technical specifications committee for an Orthopaedic Fracture Table of the University Hospital of Heraklion, Crete, 2024-2025
- Head of the “Laboratory of Orthopaedic Research”, Medical School, University of Crete since 09/2025
- Member of the “Medical Committee for Cancer and Other Diseases, for Crete Region, based at the University Hospital of Heraklion Crete”, since 2018

International administration positions

- Chairperson AO Trauma Greece since 04/2023
- Member AO Trauma Greece Council 07/201 - 04/2023
- Chairperson of AO Trauma East Cluster (MID) since 06/2023
- Education Officer of AO TESA MID (AO Trauma Europe and South Africa, Middle Europe) 10/2020-10/2023
- Member of the AO Trauma Europe and Southern Africa Education Committee since 07/2022
- International Program Editor (IPE) of the AO Trauma (Global) Orthogeriatric Taskforce since 01/2025
- Regional Program Contributors (RPCs) of the Orthogeriatric Education Taskforce for Europe and Southern Africa, 04/2021-04/2024
- Research Committee Member of AO TESA MID (AO Trauma Europe and South Africa, Middle Europe) 10/2020 – 10/2023
- Public Relations Committee Member of OTA (Orthopaedic Trauma Association). First term 2016-2019, Second term 2019-2022
- Deputy Representative of Greece at the IOTA (International Orthopaedic Trauma Association). Term 2020-2023
- Regionalization Committee Member, Fragility Fracture Network, 2019-2022
- Research and Education Lead, Major Trauma Services at the Leeds General Infirmary (2016 to 2017)
- Audit Lead, Leeds General Infirmary (2012-2015)
- Member of three taskforces of FFN-Greece
 - fragility fractures
 - rehabilitation
 - hip fracture registry

Medical School, University of Crete Administration Positions

Present Positions

- **2019-present**
 - Co-Director of the undergraduate Orthopaedics Course (4th year medical students)
- **2019-present**
 - Co-Director of the undergraduate Clinical Practice in Orthopaedics (5th year medical students)
- **2018-present**
 - Director of the optional undergraduate Musculoskeletal System Trauma Course (5th year medical students)
- **2019-present**
 - Member of the Steering Committee of the Postgraduate Surgical Sciences Program
- **2019-present**
 - Member of the Applications Evaluation Committee of the Postgraduate Surgical Sciences Program
- **2019-present**
 - Director of SSC 106 Specific Traumatology Course of the Postgraduate Surgical Sciences Program

Past Positions

- **2019-2024**
 - Director of 207 Minimal Invasive Techniques in Orthopaedic Surgery Course of the Postgraduate Surgical Sciences Program
- **2023-present**
 - Director of the Basic Sciences Course of the Postgraduate Surgical Sciences Program
- **2018-2019**
 - Member of the Medical School General Assembly

- Member of the Undergraduate Studies Committee
- Member of the Academic Requirements Committee
- **2019-2020**
 - Member of the Academic Requirements Committee
 - Member of the International Exchanges Committee
- **2020-2021**
 - Member of the Medical Care and Student Support Committee
 - Member of the Networks and Website Committee
 - Member of the Public and Private Sector Connection Committee
- **2021-2022**
 - Member of the Social Policy and Voluntarism Committee
 - Member of the Networks and Website Committee
 - Member of the Public and Private Sector Connection Committee
 - Member of the Grants and Innovation Committee
- **2022-2023**
 - Member of the Medical Care and Students' Support Committee
 - Member of the Networks and Website Committee
 - Member of the Public Health Care System Connection Committee
 - Member of the Grants and Innovation Committee

- **2023-2024**
 - Member of the Medical School General Assembly
 - Member of the Undergraduate Studies Committee
 - Member of the Medical Care and Students' Support Committee
 - Member of the Networks and Website Committee
 - Member of the Public Health Care System Connection Committee
 - Member of the Grants and Innovation Committee
- **2024-2025**
 - Member of the Academic Intranational Connections Committee
- **2025-2026**
 - Representative of the Surgical Section to the Medical School General Assembly

Reviewer in peer-reviewed orthopaedic journals

- Reviewer for the “Injury” Journal
- Reviewer for the “Trauma Case Reports” Journal
- Reviewer for the “Hip International” Journal
- European Journal of Radiology

Editorial board member in peer-reviewed orthopaedic journals

- Orthopaedic Trauma Association International Journal (OTAI)
 - Editorial Board Member
- Société Internationale de Chirurgie Orthopédique et de Traumatologie (SICOT) Journal
 - Section Editor for Traumatology
- Frontiers in Surgery/Orthopaedic Surgery Section
 - Review Editor (past)
- Acta Orthopaedic et Traumatologica Hellenica (AOTH)
 - Associate Editor
- Chirurgia Narządów Ruchu i Ortopedia Polska, Polish Orthopaedics

Scholarly societies membership

- Orthopaedic Trauma Association. Full Membership. AAOS ID 1088501
- AO Trauma. Full Membership. Member No: 317710
- Hellenic Association of Orthopaedic Surgery and Traumatology (HAOST)
- Fragility Fracture Network FFN (Greece and Global)
- European Hip Society (EHS)

D. Research

Thesis-PhD

Title: “The role of sympathetic innervations, adrenoreceptors and local production of catecholamines of the long head of the biceps brachii tendon”.

Conducted at the Medical School of the University of Crete, Greece, December 2007 - June 2011.

Presented at Medical School of Crete, Greece in July 2011.

Resulted in the following two PubMed publications in peer-reviewed journals:

- **Tosounidis T, Hadjileontis C, Georgiadis M, Kafanas A, Kontakis G. The tendon of the long head of the biceps in complex proximal humerus fractures: a histological perspective.** Injury. 2010 Mar;41(3):273-8. doi: 10.1016/j.injury.2009.09.015. PubMed PMID: 20176166
- **Tosounidis T, Hadjileontis C, Triantafyllou C, Sidiropoulou V, Kafanas A, Kontakis G. Evidence of sympathetic innervation and α 1-adrenergic receptors of the long head of the biceps brachii tendon.** J Orthop Sci. 2013 Mar;18(2):238-44. doi: 10.1007/s00776-012-0346-1. PubMed PMID: 23306538.

Supervisor:

- Georgios Kontakis, Professor of Orthopaedic Surgery, Medical School, University of Crete, Greece.

Co-supervisors:

- Alexandros Hadjipavlou, Professor of Orthopaedic Surgery, Medical School, University of Crete, Greece.
- Domna Kargogeos, Professor of Neurosciences, Professor of Orthopaedic Surgery, medical School, University of Crete, Greece.

Completed Theses - supervisor

- **Osteoporosis treatment protocol in patients with fragility fractures: Application and efficacy**
 - PhD Student: Ioannis Daskalakis
 - Steering Committee: T. Tosounidis, A. Karantanas, G. Kontakis
 - Start date: 04/03/2020
 - End Date: 23/04/2024

Completed Theses - supervising committee member

- **The development of orthopaedics since the foundation of the Greek State**
 - PhD Student: Emmanouil Drakoulakis
 - Steering Committee: M. Karamanou, G. Kontakis, T. Tosounidis
 - Start Date: 29.05.2019
 - End Date: 26.06.2024

Ongoing Theses - Supervisor

- **Nerve Growth Factor-mediated nociceptive hyperinnervation of ligamentum flavum in patients with spinal stenosis**
 - PhD Student: Michalis Kontakis
 - Steering Committee: T. Tosounidis, I. Charalampopoulos, M. Tsardi
 - Start Date: 18.04.2019
- **Anatomical and MRI study of the rectus abdominis muscle insertion to the pubic bone and CT study of the distance of the superficial inguinal ring from the linea alba**
 - PhD Student: E. Tourvas
 - Steering Committee: T. Tosounidis, A. Karantanas, A. Zibis
 - Start Date: 29.06.2020
- **Gene expression of osteoprogenitor cells in patient with hip fracture and osteosarcopenia or osteoporosis**
 - PhD Student: E. Manouras
 - Steering Committee: T. Tosounidis, Ch. Kalpadaki, P. Verginis
 - Start Date: 21.12.2021

Ongoing Theses - supervising committee member

- **Radiomics in shoulder Ultrasound: Application of novel image analysis and artificial Intelligence methods for detection and characterization of joint pathology**
 - PhD Student: M. Triantafyllou
 - Steering Committee: A. Karantanas, K. Marias, T. Tosounidis
 - Start Date: 29.03.2023
- **The effectiveness of the McKenzie method based on the type of herniated intervertebral disc as visualized on MRI**
 - PhD Student: G. Trantas
 - Steering Committee: G. Kontakis, T. Tosounidis, A. Karantanas
 - Start Date: 25.10.2023
- **CT - Microstructure of the femoral head in relation to anthropometric characteristics in patients with osteoarthritis, osteoporosis and Vitamin D deficiency.**
 - PhD Student: P. Kapsetakis
 - Steering Committee: G. Kontakis, I. Damilakis, T. Tosounidis
 - Start Date: 29.05.2019

Important ongoing research projects

- **Mapping of Available Rehabilitation Services in Greece for Older Adults with Fragility Hip Fractures After Hospital Discharge**
 - Prospective multicenter study
 - Centers involved: University Hospital of Heraklion, University Hospital of Patra, University Hospital of Alexandroupolis, Papageorgiou Hospital, KAT Hospital, International University of Greece, KAT Hospital Athens
- **Greek Fragility Hip Fracture Registry**
 - Prospective multicenter study
 - Centers Involved: University Hospital of Alexandroupolis, University Hospital of Heraklion, University of Ioannina, Attikon General University Hospital, Patras General University Hospital, University of Patras

Grants

- **“Holistic multidisciplinary approach in patients with fragility fractures”.**
 - Theodoros Tosounidis: Deputy Academic Consultant
 - Elias Panagiotopoulos: Academic Consultant
 - Grantor: Greek Government, Ministry of Development and Investments, ΕΣΠΑ 2014-2020, [ΕΔΒΜ103] Υποστήριξη ερευνητών με έμφαση στους νέους ερευνητές-κύκλος Β’
 - Funding: 45.545,50 Euros
 - <https://empedu.gov.gr/invitation/ypostirixi-ereyniton-me-emfasi-stoys-neoys-ereynites-kyklos-v/>
- **“Molecular Underpinnings of Osteosarcopenia in Hip Fracture Patients”**
 - Principal Investigator: Eleftherios Manouras
 - Supervisor, Co-investigator: Theodoros Tosounidis
 - Grantor: AO Foundations, AO Trauma Europe and South Africa
 - Grantee: University of Crete, School of Medicine, Department of Orthopaedic Surgery and Traumatology
 - Project No. AOTrauma_S_ESA_2025-01083
 - Funding: 15.000 CHF (Swiss Francs)
 - This is a prestigious grant that was given by the AO Trauma Europe after a competitive process with applicants from across Europe, which was conducted in 2025. The so-called “AO Trauma mini-grants” are given to promising projects with potential significant on patients’ care.

Awards

- **AO Trauma Research Olympiad, Davos, December 2023**
 - Project: “Application of an AO Foundation in-hospital, surgeon-led antiosteoporotic medication algorithm improves persistence to medication and can prevent the second fragility fracture. Results from a prospective cohort of 213 hip fracture patients
 - Principal Investigator: Ioannis Daskalakis
 - Supervisor, Co-investigator: Theodoros Tosounidis
 - This was an award that was given by AO Foundation, AO Trauma during the AO Trauma Research Olympiad that took place during the world-renowned AO Trauma Davos Courses in December 2023. The project was one of the two European projects that were selected to compete with another eight projects from around the world
 - [https://www.aofoundation.org/trauma/research/research-olympiad#tab=why should you join?](https://www.aofoundation.org/trauma/research/research-olympiad#tab=why_should_you_join?);
- **FFN European Regional Congress, Istanbul, October 2024**
 - Project: The pilot implementation of the Greek National Fragility Hip Fracture Registry based on the minimum common dataset
 - Principal Investigator: Eftimios Iliopoulos
 - Co-investigator: Theodoros Tosounidis
 - This project was awarded as one of the best five papers presented at the Congress

Publications in peer-reviewed journals (total of 109)

PubMed Publications

<https://pubmed.ncbi.nlm.nih.gov/?term=tosounidis+t&sort=date>
<https://pubmed.ncbi.nlm.nih.gov/16990057/>

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2. Daskalakis II, Bastian JD, Tosounidis TH. [Time Is Bone: Missed Opportunities for Secondary Prevention After a Hip Fracture](#). J Clin Med. 2025 Aug 17;14(16). doi: 10.3390/jcm14165816. Review. PubMed PMID: 40869640; PubMed Central PMCID: PMC12386996.
3. Davids FA, Ring D, Doornberg JN. [Recommendations Regarding Suspected Scaphoid Fractures Are Associated With Patient and Surgeon Comfort With Uncertainty](#). J Am Acad Orthop Surg. 2025 Aug 6;. doi: 10.5435/JAAOS-D-24-00959. [Epub ahead of print] PubMed PMID: 40779775.
4. Ivanova S, Prochazka O, Giannoudis PV, Tosounidis T, Tannast M, Bastian JD. [Rehabilitation Protocols for Surgically Treated Acetabular Fractures in Older Adults: Current Practices and Outcomes](#). J Clin Med. 2025 Jul 10;14(14). doi: 10.3390/jcm14144912. Review. PubMed PMID: 40725604; PubMed Central PMCID: PMC12294826.
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6. Daskalakis II, Kritsotakis EI, Bastian JD, Sperelakis IV, Tosounidis TH. [The impact of in-hospital initiation of a surgeon-led, anti-osteoporotic medication algorithm for patients with fragility hip fractures: a quasi-experimental study](#). Arch Orthop Trauma Surg. 2025 Jun 30;145(1):358. doi: 10.1007/s00402-025-05974-x. PubMed PMID: 40588596.

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9. Triantafyllou M, Vassalou EE, Goulianou AM, Tosounidis TH, Marias K, Karantanas AH, Klontzas ME. [The Effect of Ultrasound Image Pre-Processing on Radiomics Feature Quality: A Study on Shoulder Ultrasound.](#) J Imaging Inform Med. 2025 Feb 6;. doi: 10.1007/s10278-025-01421-w. [Epub ahead of print] PubMed PMID: 39913024.
10. Tourvas EA, Zibis AH, Klontzas ME, Karantanas AH, Bastian JD, Tosounidis TH. [The rectus abdominis tendon insertion to the pubic bone and its clinical implications: A cadaveric study.](#) SICOT J. 2025;11:4. doi: 10.1051/sicotj/2024053. Epub 2025 Jan 20. PubMed PMID: 39831723; PubMed Central PMCID: PMC11744990.
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 - Book Title: Orthopaedics and Traumatology (in Greek). 2022
 - Chapter Title: [Fractures of the Pelvis](#). Page 335-338
 - Publisher: Parisianos
2. Theodoros Tosounidis
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3. Theodoros Tosounidis
 - Book Title: Orthopaedics and Traumatology (in Greek). 2022
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4. Theodoros H. Tosounidis, Michael G. Kontakis
 - Book Title: Surgical and Medical Treatment of Osteoporosis. Principles and Practice. 2020
 - Chapter Title: [Osteoporotic Ankle Fractures: Principles of Treatment](#). Pages 261-266
 - Publisher: CRC Press, Taylor & Francis Group
5. Theodoros H. Tosounidis, Amy Margot Lindh
 - Book Title: Surgical and Medical Treatment of Osteoporosis. Principles and Practice. 2020
 - Chapter Title: [Rehabilitation of the Osteoporotic Patient. Is it different?](#) Pages 363-367
 - Publisher: CRC Press, Taylor & Francis Group
6. Theodoros H. Tosounidis, Peter V. Giannoudis
 - Book Title: Fracture Reduction and Fixation Techniques (Pelvis and Lower Extremities). 2020
 - Chapter Title: [Posterior Tibial Plateau Fractures](#). Pages: 299-306
 - Publisher: Springer International Publishing

7. Theodoros H. Tosounidis, Ippokratis Pountos, Peter V. Giannoudis
 - Book Title: Fracture Reduction and Fixation Techniques (Pelvis and Lower Extremities). 2020
 - Chapter Title: [Calcaneus Fractures](#). Pages: 417-426
 - Publisher: Springer International Publishing
8. Peter V. Giannoudis and Theodoros Tosounidis
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 - Chapter title: [Inflatable Bone Tamp \(Osteoplasty\) for Reduction of Intra-articular Fracture](#). Pages 51-58
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9. Theodoros Tosounidis and Peter V. Giannoudis
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 - Chapter title: [Innovations in Fracture Fixation – Poller Screws](#). Pages 59-67
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10. Anthony Howard, Theodoros Tosounidis, Peter Giannoudis
 - Book Title: Fracture Reduction and Fixation Techniques (Upper Extremity). 2020
 - Chapter Title: [Humeral Shaft Fractures \(Transverse, Oblique, Butterfly, Bifocal\)](#). Pages 121-131
 - Publisher: Springer International Publishing.
11. . Odysseas Paxinos, Theodoros H. Tosounidis, Peter Giannoudis
 - Book Title: Fracture Reduction and Fixation Techniques (Upper Extremity). 2020
 - Chapter Title: [Olecranon Fractures](#). Pages 143-149
 - Publisher: Springer International Publishing
12. Theodoros H. Tosounidis, Paul Harwood
 - Book Title: Fracture Reduction and Fixation Techniques (Upper Extremity). 2020
 - Chapter Title: [Galeazzi Fractures](#). Pages 191-200
 - Publisher: Springer International Publishing

13. Theodoros Tosounidis and Peter V. Giannoudis

- Book Title: Practical Procedures in Orthopaedic Trauma Surgery. 2nd Edition. 2014.
- Chapter Title: [3.5. Open reduction and internal fixation of humeral fractures: posterior approach](#). Pages 37-44.
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14. Theodoros Tosounidis and Peter V. Giannoudis

- Book Title: Practical Procedures in Orthopaedic Trauma Surgery. 2nd Edition. 2014.
- Chapter Title: [3.6. Open reduction and internal fixation of humeral fractures anterior/anterolateral approach](#). Pages 44-48.
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15. Peter V. Giannoudis and Theodoros Tosounidis

- Book Title: Practical Procedures in Orthopaedic Trauma Surgery. 2nd Edition. 2014.
- Chapter Title: [3.9. Open reduction and internal fixation of supracondylar fractures](#). Pages 56-65.
- Publisher: Cambridge University Press.

16. Theodoros Tosounidis and Peter V. Giannoudis

- Book Title: Practical Procedures in Orthopaedic Trauma Surgery. 2nd Edition. 2014.
- Chapter Title: [5.5. Open reduction and internal fixation of distal radius fractures: volar approach](#). Pages 134-139.
- Publisher: Cambridge University Press.

17. Theodoros Tosounidis and Peter V. Giannoudis

- Book Title: Practical Procedures in Orthopaedic Trauma Surgery. 2nd Edition. 2014.
- Chapter Title: [8.2. Application of a posterior frame to the pelvis: C-clamp](#). Pages 184-188.
- Publisher: Cambridge University Press.

18. Peter V. Giannoudis and Theodoros Tosounidis

- Book Title: Practical Procedures in Orthopaedic Trauma Surgery. 2nd Edition. 2014.
- Chapter Title: [8.2. Open reduction and internal fixation of the sacroiliac joint anteriorly](#). Pages 202-206.
- Publisher: Cambridge University Press.

19. Theodoros Tosounidis and Peter V. Giannoudis

- Book Title: Practical Procedures in Orthopaedic Trauma Surgery. 2nd Edition. 2014.
- Chapter Title: [8.6 Tension band plating of posterior pelvic injuries](#). Pages 206-212.
- Publisher: Cambridge University Press.

20. Peter V. Giannoudis and Theodoros Tosounidis

- Book Title: Practical Procedures in Orthopaedic Trauma Surgery. 2nd Edition. 2014.
- Chapter Title: [9.1. Open reduction and internal fixation of posterior wall fractures](#). Pages 212-220.
- Publisher: Cambridge University Press.

21. Peter V. Giannoudis and Theodoros Tosounidis

- Book Title: Practical Procedures in Orthopaedic Trauma Surgery. 2nd Edition. 2014.
- Chapter Title: [9.2. Open reduction and internal fixation via the ilioinguinal approach](#). Pages 220-231.
- Publisher: Cambridge University Press.

22. Theodoros Tosounidis and Peter V. Giannoudis

- Book Title: Practical Procedures in Orthopaedic Trauma Surgery. 2nd Edition. 2014.
- Chapter Title: [9.3. Percutaneous fixation of the anterior and posterior Column](#). Pages: 231-239.
- Publisher: Cambridge University Press.

23. Theodoros Tosounidis and Peter V. Giannoudis

- Book Title: Practical Procedures in Orthopaedic Trauma Surgery. 2nd Edition. 2014.
- Chapter Title: [10.2. Intramedullary nail for proximal femoral fractures](#). Pages: 253-260.
- Publisher: Cambridge University Press.

24. Theodoros Tosounidis and Peter V. Giannoudis

- Book Title: Practical Procedures in Orthopaedic Trauma Surgery. 2nd Edition. 2014.
- Chapter Title: [13.1. Open reduction and internal fixation of lateral tibial plateau fractures](#). Pages: 331-339.
- Publisher: Cambridge University Press.

25. Theodoros Tosounidis and Peter V. Giannoudis
- Book Title: Practical Procedures in Orthopaedic Trauma Surgery. 2nd Edition. 2014.
 - Chapter Title: [13.5. Minimally invasive percutaneous plate osteosynthesis \(MIPPO\) of tibial fractures](#). Pages: 354-361.
 - Publisher: Cambridge University Press.
26. Theodoros Tosounidis and Peter V. Giannoudis
- Book Title: Practical Procedures in Orthopaedic Trauma Surgery. 2nd Edition. 2014.
 - Chapter Title: [13.6. Open reduction and internal fixation: pilon plating](#). Pages: 361-372.
 - Publisher: Cambridge University Press.
27. Peter V. Giannoudis and Theodoros Tosounidis
- Book Title: Practical Procedures in Orthopaedic Trauma Surgery. 2nd Edition. 2014.
 - Chapter Title: [14.1. Open reduction and internal fixation of bimalleolar ankle fractures](#). Pages 385-392.
 - Publisher: Cambridge University Press.
28. Theodoros Tosounidis and Richard Buckley
- Book Title: Practical Procedures in Orthopaedic Trauma Surgery. 2nd Edition. 2014.
 - Chapter Title: [15.2. Surgical fixation of calcaneus fractures](#). Pages: 404- 412.
 - Publisher: Cambridge University Press.
29. Theodoros Tosounidis and Richard Buckley
- Book Title: Practical Procedures in Orthopaedic Trauma Surgery. 2nd Edition. 2014.
 - Chapter Title: [15.3. Surgical stabilization of Lisfranc fracture–dislocations](#). Pages: 412-419.
 - Publisher: Cambridge University Press.
30. Theodoros Tosounidis and Peter V. Giannoudis
- Book Title: Practical Procedures in Orthopaedic Trauma Surgery. 2nd Edition. 2014.
 - Chapter Title: [17.1. Quadriceps tendon repair](#). Pages: 451-455.
 - Publisher: Cambridge University Press.
31. Theodoros Tosounidis and Peter V. Giannoudis
- Book Title: Practical Procedures in Orthopaedic Trauma Surgery. 2nd Edition. 2014.
 - Chapter Title: [17.2. Achilles Tendon Repair](#). Pages: 461-465.
 - Publisher: Cambridge University Press.

32. Theodoros Tosounidis and Peter Giannoudis

- Book Title: "Acetabular Fractures: Principles and Management"
- Chapter Title: [Pure posterior fractures: posterior wall, posterior column and posterior wall, posterior column.](#)
- Publisher: JP Medical Ltd (in press)

33. Richard Buckley and Theodoros Tosounidis

- Book Title: "Orthopaedic Traumatology: An Evidence-Based Approach".
- 1st Edition. 2013. Chapter Title: [Case 22: Calcaneus Fracture.](#) Pages 359-371
- Publisher: Springer Publications.

34. Peter Giannoudis, Theodoros Tosounidis and George M. Kontakis

- Book Title: Practical Procedures in Elective Orthopaedic Surgery: Pelvis and Lower Extremity. 1st Edition. 2012.
- Chapter Title: [Tibial shaft nonunion-plating.](#) Pages 221-226.
- Publisher: Springer Publications.

35. Peter Giannoudis and Theodoros Tosounidis

- Book Title: Practical Procedures in Elective Orthopaedic Surgery: Pelvis and Lower Extremity. 1st Edition. 2012.
- Chapter Title: [Tibial shaft nonunion-exchange nailing.](#) Pages 211-220.
- Publisher: Springer Publications.

36. Georgios Kontakis and Theodoros Tosounidis

- Book Title: Practical Procedures in Elective Orthopaedic Surgery: Upper Extremity and Spine. 1st Edition. 2012.
- Chapter Title: [Total Shoulder Arthroplasty in degenerative osteoarthritis of the shoulder.](#) Pages 51-62.
- Publisher: Springer Publications.

37. Theodoros Tosounidis and Peter Giannoudis

- Book Title: The Poly-Traumatized Patient with Fractures: A Multi-Disciplinary Approach. 1st Edition. 2011.
- Chapter Title: [Pathophysiology of polytrauma.](#) Pages 33-42.
- Publisher: Springer Publications.

38. Kakavelakis K., Tosounidis T., Hadjipavlou A

- Book Title: Textbook of spinal disorders (in Greek). 1st Edition. 2006.
- Chapter Title: [Biomechanical principles of the spine](#). Pages 9-26.
- Publisher: Paschalidis publications.

39. Tosounidis T., Kakavelakis K., Hadjipavlou A

- Book Title: Textbook of spinal disorders” (in Greek). 1st Edition. 2006.
- Chapter Title: [Imaging studies of the lumbar spine](#). Pages 191-215.
- Publisher: Paschalidis Publications.

Proceedings

1. P106. Surgical Treatment of Brucellosis of the Thoracic and Lumbar Spine Alexander Hadjipavlou, Michael Tzermiadianos, Pavlos Katonis, Achilleas Gikas and Theodoros Tosounidis. The Spine Journal, Volume 6, Issue 5, Supplement 1, September-October 2006, Pages 134S-135S
2. P137. Minimally Invasive Surgery for Ablation of Osteoid Osteoma of the Spine Alexander Hadjipavlou, Pavlos Katonis, Michael Tzermiadianos, Kyriakos Kakavelakis and Theodoros Tosounidis. The Spine Journal, Volume 6, Issue 5, Supplement 1, September-October 2006, Pages 149S-150S

E. Teaching

Training in Teaching

- **2012**
 - “Teach the teachers” course, Manchester, UK
- **2017**
 - AO Faculty Education Program (FEP) Oxford, UK
- **2019**
 - AO Chairperson Education Program (CEP) Zurich, Switzerland
- **2023**
 - AO Foundation Leader Education Program (LEP), Zurich, Switzerland
- **2023**
 - AO Foundation Regional Education Teams Training (RETT), Zurich, Switzerland

Medical School, University of Crete

- **2019-present**
 - Undergraduate Orthopaedics Course (4th year medical students)
- **2019-present**
 - Undergraduate Clinical Practice in Orthopaedics (5th year medical students)
- **2018-present**
 - Undergraduate Musculoskeletal System Trauma Course (5th year medical students)
- **2019-present**
 - Specific Traumatology Course of the Postgraduate Surgical Sciences Program
- **2019-2024**
 - Minimal Invasive Techniques in Orthopaedic Surgery Course of the Postgraduate Surgical Sciences Program

- **2023-present**
 - Basic Sciences Course of the Postgraduate Surgical Sciences Program
- **2019-2020**
 - General Traumatology Course of the postgraduate Surgical Sciences Program
- **2019-present**
 - Specific Traumatology Course of the Postgraduate Surgical Sciences Program
- **2019-present**
 - Surgical Infections Course of the Postgraduate Surgical Sciences Program
- **2020-present**
 - Surgical Anatomy Course of the Postgraduate Surgical Sciences Program
- **2019-2024**
 - Minimal Invasive Techniques in Orthopaedic Surgery Course of the Postgraduate Surgical Sciences Program
- **2024-present**
 - Basic Sciences in Orthopaedic Surgery Course of the Postgraduate Surgical Sciences Program
- **2023-2025**
 - Musculoskeletal/Radiological Anatomy of the Postgraduate Forensic Medicine, Anthropology and Imaging Program (English Speaking Medical Program)
- **2023-2025**
 - Evaluation of Physical performance/impact of cardiovascular disease and comorbidities of the Postgraduate Exercise and Exercise-based rehabilitation in patients with cardiovascular diseases Program
- **2018-2025**
 - Organized the educational program of the Orthopaedic residents of the University Hospital of Heraklion

- **2019, 2021**
 - Postgraduate Program on Emergency and Intensive Care of Children, Adolescents and Young Adults
- Lecturing at the educational program for the Radiology, Radiotherapy and residents at the University Hospital of Heraklion
- Lecturing at the educational program of the Orthopaedic residents at the University Hospital of Patras and Alexandroupoli, as well as the trainees of the 4th Orthopaedic Clinic of the Interbalkan Centre-Thessaloniki

Teaching in other settings

- **November 4, 2010:**
 - Examiner in the “Surgical Skills”, University of Calgary, Calgary, Alberta, Canada, “Surgical Skills Curriculum” Exam.
- **September 23, 2010:**
 - Teaching at the Surgical Residents PGY-1 course: “Surgical Skills Curriculum” University of Calgary, Calgary, Alberta, Canada
- **September 2, 2010:**
 - Teaching at the Surgical Residents PGY-1 course: “Surgical Skills Curriculum” University of Calgary, Calgary, Alberta, Canada.
- **September 2008– January 2009:**
 - Anatomy Demonstrator and Lecturer. Anatomy Lab, Medical School, University of Crete, Greece.
- **September 1992 – July 1999:**
 - Anatomy Demonstrator and Lecturer. Anatomy Lab, Medical School, University of Crete, Greece.
- **January 1996 – June 1998:**
 - Anatomy Lecturer. The Professional Dancing School of the Municipality of Thessaloniki, Ministry of Arts, Greece.

Chairperson of Courses

- **AO Trauma Masters Seminar—Pelvic and Acetabular Fracture Management (cadaveric)**
 - Istanbul, Türkiye. 4.9.2025-7.9.2025
- **Overall Chairperson at the AO Trauma Europe and Southern Africa Regional Courses 2025 in Larissa, Greece (cadaveric)**
 - 08.05.2025-11.05.2025 Larisa, Greece
 1. Hand and Wrist Fractures
 2. Pelvic and Acetabular Fracture Management – and Faculty
 3. Fractures and Injuries of the Foot and Ankle
 4. Fractures Around the Knee
- **AO Trauma Webinar—Femoral Neck Fractures in Young Adults**
 - Greece, 19.2.2025
- **AO Trauma Course—Basic Principles of Fracture Management**
 - Thessaloniki, Greece, 5.2.2025-8.2.2025
- **AO Trauma Course—Advanced Principles of Fracture Management**
 - Davos, Switzerland, 1.12.2024-5.12.2024
- **AO Trauma Course—Advanced Principles of Fracture Management**
 - Athens, Greece 2.10.2024- 5.10.2024
- **AO Trauma/AO Recon Course—Comprehensive Periprosthetic Fracture Management of the Hip and Knee (cadaveric)**
 - Cologne, Germany, 27.6.2024-29.6.2024
- **Overall Chairperson at the AO Trauma Europe and Southern Africa Regional Courses 2024 in Larissa, Greece (cadaveric)**
 - Larisa, Greece, 23.05.2024-25.05.2024
 1. Pelvic and Acetabular Fracture Management
 2. Soft-tissue injuries and bone defect management
 3. Upper Extremity Trauma
 4. Managing Pediatric Fractures

- **AO Trauma Course—Basic Principles of Fracture Management**
 - Thessaloniki, Greece, 25.4.2024-27.4.2024
- **AO Trauma Masters Seminar—Upper Extremity**
 - Skopje, North Macedonia, 5.10.2023-6.10.2023
- **AO Trauma Webinar—Management of traumatic long bone defects**
 - Online, Greece, 28.02.2023
- **AO Trauma Webinar – Pipkin Fractures**
 - Online, Greece, 14.02.2022
- **Summer School of Orthopaedics. Non-surgical Management of Orthopaedic Injuries**
 - Heraklion, Greece, 20-21 July 2018

Chairperson of upcoming courses

- **AO Trauma—Symposium @ FFN | 13th Fragility Fracture Network 2025**
 - Porto, Portugal, 3.10.2025
- **AO Trauma Course—Advanced Principles of Fracture Management**
 - Athens, Greece, 22.10.2025-25.10.2025
- **AO Trauma Course—Advanced Principles of Fracture Management**
 - Davos, Switzerland, 7.12.2025-11.12.2025

Organizing Committee of Congresses/Courses

- In all courses that I chaired (pls see the relevant section)
- Member of the Scientific Committee of the HAOST Seminar “Advances in Orthopaedic Trauma”, Heraklion, Crete, 12-13 April 2019
- Organizing Committee, III Polytrauma Course, Orthopaedic Branch of TOTBID. 29-31 March 2018
- 1st FFN Congress – Greek Chapter, March 2019, Patras, Greece
- 3rd FFN Congress – Greek Chapter, Web event
- AO Trauma Greece, Community Event, December 2023, Athens, Greece,
- AO Trauma Greece, Community Event, November 2024, Athens, Greece,
- European Regional Expert Meeting on the prevention and management of fragility fractures, 24-25 October 2020, Athens, Greece

Invited Faculty

- **2025**
 - 43rd OTEMATH Congress, 24-26 April 2025, Thessaloniki
 - Annual Dundee Pelvi-Acetabular Trauma Mini Symposium on 14th Feb, 2025, Web-event
- **2024**
 - AO Trauma Course—Basic Principles of Fracture Management, 06-09 June 2024, Ankara, Turkey
 - AO Trauma Course—Advanced Principles of Fracture Management, 06-09 June 2024, Ankara, Turkey
 - AO Trauma Masters Seminar—Complicated Fractures of Lower Extremity, 05-08 September 2024, Vilnius, Lithuania
 - 80th HAOST-EEEXOT Congress, 17-19 October 2024, Thessaloniki, Greece
 - 42 OTEMATH Congress, 09-11 May 2024, Alexandroupoli, Greece
 - 10th European Pelvic Course 2024, 11-13 April 2024, Amsterdam, Holland
 - 1st Panhellenic Congress of Emergency Medicine and Traumatology, 29-31 March 2024, Heraklion, Greece
 - 5th Summer School of Musculoskeletal Radiology 31.05-02.06 2024, Heraklion, Greece
- **2023**
 - AO Trauma Course—Basic Principles of Fracture Management, 26-29 April 2023, Athens, Greece
 - AO Trauma Course—Basic Principles of Fracture Management for ORP, 26-28 April 2023, Athens, Greece
 - AO Recon Course—Principles of Total Hip and Knee Arthroplasty, 02-04 February 2023, Athens, Greece

- 41st OTEMATH Congress, 20-22 April 2023, Thessaloniki, Greece
 - 1st Scientific Congress of Physiotherapy, 01-02 July, Heraklion, Greece
 - AO Trauma Europe Masters Course— Bone Defect and Infection Management, 01-02 September 2023, Madrid, Spain
 - 4th Advanced Techniques in Hip Surgery, 16.09.2023, Athens, Greece
 - 15th Congress of the European Hip Society, 12-13 October 2023, Bern, Switzerland
 - 10th Masterclass in Arthroplasty Surgery, 15-17 December 2023, Thessaloniki, Greece
 - Webinar at Interbalkan Orthopaedic Clinic, 21 February 2024, Thessaloniki, Greece
- **2022**
 - 40th Congress OTEMATH, 28-30 April 2022, Greece
 - AO Trauma Course—Basic Principles of Fracture Management, 12-14 May 2022, Thessaloniki, Greece
 - 4th FFN Congress – Greek Chapter, 20-22 May 2022, Alexandroupoli, Greece
 - AO Trauma Course—Acetabular and Pelvic Fracture Management with anatomical specimens. Subregional courses MID, 8-10 June, Szeged, Hungary
 - AO Trauma – Polytrauma Seminar, 09 June 2022, Timisoara, Romania
 - 78th HAOST-EEXOT Congress, 12-15 October 2022
 - AO Trauma Course—Advanced Principles of Fracture Management, 31 October-03 November 2022, Thessaloniki, Greece
 - AO Trauma Course—Basic Principles of Fracture Management for ORP, 01-02 November 2022, Thessaloniki, Greece
 - AO Trauma Course—Basic Principles of Fracture Management, 11-16 December 2022, Davos, Switzerland

- **2021**

- AO Trauma Hybrid Course—Basic Principles of Fracture Management for ORP, 24-26 November 2021, Athens, Greece
- AO Trauma Hybrid Course—Advanced Principles of Fracture Management, 24-27 November 2021, Athens, Greece
- 77th HAOST-EEXOT Congress, 06-09 October 2021, Athens, Greece
- AO TESA Polytrauma Seminar, 6-7 September 2021, Kyiv, Ukraine
- AO Trauma Hybrid Course—Basic Principles of Fracture Management, 25-27 May 2021, Athens, Greece
- Management of Acute and Chronic Pain: Case discussions, 14 May 2021, Web-event, Menarini Hellas S.A.
- 39th OTEMATH Congress, 06-08 May, Thessaloniki, Greece
- AMGEN web event in osteoporotic fractures, 24 September 2021
- 3rd Con FFN Congress – Greek Chapter, 17-21 October 2021, Web event

- **2020**

- Lower Extremity Injuries - HAOST Webinar. 14 February 2020. Athens, Greece
- Polytrauma HAOST Webinar. 10 June 2020. Athens, Greece
- 76th HAOST-EEXOT Congress. 14-17 October 2020, Athens, Greece
- European Expert Meeting on the Prevention and Management of Fragility Fractures. 14-15 October 2020
- 3rd Summer School of Radiology. 23-25 October 2020. Heraklion, Greece
- 1st International Virtual Orthopedic Trauma Camp - Scientific Program, 14-15 November 2021, Izmir, Turkey
- 2nd FFN Congress – Greek Chapter, 16-17 October 2021, Web event
- AO Trauma online Course – Basic Principles of Fracture Management Essentials (online course with interaction), 4-6 December 2020, Davos, Switzerland

- **2019**

- AO Chairperson Education Program. 8-9 March 2019. Zurich, Switzerland
- 1st FFN Congress – Greek Chapter 14-16 March 2019. Patras, Greece
- 29th Symposium of Reconstructive Surgery HAOST. 29-31 March 2019. Vytina, Greece
- AO Trauma/AO Recon Course—Comprehensive Periprosthetic Fracture Management of the Hip and Knee Course with Anatomical Specimens. 4-6 April 2019. Opatija/Rijeka, Croatia
- AO Trauma Course—Acetabular and Pelvic Fracture Management Course with Anatomical Specimens. 4-6 April 2019. Opatija/Rijeka, Croatia
- Advances in Musculoskeletal Trauma, HAOST Seminar. 12-13 April 2019. Heraklion, Greece
- AO TESA Country General Assembly and ALIS - A lifetime in surgery 2019. 3-4 April 2019. Prague, Czech Republic
- AO Trauma Master Seminar – Actual questions and possible options in fracture treatment. 5-6 September 2019. Kiev, Ukraine
- AO MID Retreat. 7 September 2019. Kiev, Ukraine
- AO Trauma Course – Advanced Principles of Fracture Management. 25-28 September 2019. Dvorska Vas, Slovenia
- 75th HAOST-EEXOT Congress, 02-05 October 2019, Athens, Greece
- Postgraduate Programme of Emergency Medicine. 02 December 2019. Heraklion, Greece

- **2018**

- AO Trauma Course—Basic Principles of Fracture Management. 20-13 January 2018. Ankara, Turkey
- AO Trauma Course—Basic Principles of Fracture Management. 8-10 February 2018. Athens, Greece
- Update in Orthopedics and Traumatology. HAOST Seminar. 28 February 2018. Athens, Greece
- Fragility Fracture Network Greece - Inaugural Seminar. 17 February 2018. Athens, Greece
- 7th Meeting of the International Mediterranean Society of Orthopaedic Surgery. 22-24 March 2018. Thessaloniki, Greece

- 3rd - III Polytrauma Course, Orthopaedic Trauma Branch of TOTBID. 29-31 March 2018. Ankara, Turkey
 - Orthopaedic Review, HAAST. 17-21 April 2018. Athens, Greece
 - AO Trauma Course—Advanced Principles of Fracture Management. 7-9 June 2018. Patras, Greece
 - 1st Athens Pelvic Course. HAAST. 17-19 June 2018. Athens, Greece
 - 74th HAAST-EEXOT Congress, 10-13 October 2018, Athens, Greece
 - NVOT. 29 June 2018. Amsterdam, Netherlands
 - 2nd Musculoskeletal Radiology Summer School. 29 June-1 July 2018. Heraklion, Greece
- **2017**
 - AO Trauma Course—Basic Principles of Fracture Management. 26-29 June 2017. Leeds. UK
 - 3rd Congress of European Society of Tissue Regeneration in Orthopedics and Traumatology. 10-12 July 2017. Leeds, UK
 - IM Nailing of Lower Extremity Fractures: State of the art-Cadaveric Course. 5-6 July 2017. Leeds, UK
 - Surgical Techniques in Pelvic and Acetabular Fractures. 18-19 September 2019. Istanbul, Turkey
 - Fractures of the Pelvis and Acetabulum: Principles of Management-Cadaveric Course. 20-21 April 2017. Leeds, UK
 - OTA Residents Course. 11-13 October 2017. Vancouver, Canada
 - 10th Trauma Meeting. OTODI Italian Society of Hospital Doctors. 3-4 October 2017. Riccione, Italy
- **2016**
 - British Trauma Association Meeting. 9-10 November 2016. Birmingham. UK.
 - 32nd Annual Meeting of Orthopaedic Trauma Association. 5-8 October 2016. Maryland Washington DC. USA.
 - 3rd Mediterranean Trauma Conference. 23-25 September 2016. Larnaca. Cyprus.

- The International Forum for Elites of Orthopedic Trauma. 25th -26rd June 2016. Xiang, China.
- Fractures of the Pelvis and Acetabulum – Principles of Management: Cadaveric Course. 11-12 April 2016. Leeds, UK.
- AVN Master Class: Avascular Necrosis of the Femoral Head. 22 January 2016. Leeds. UK.

- **2015**

- “Trauma Talk”. 3-4 December 2015. London, UK.
- Residents Comprehensive Fracture Course. 2015 Annual Meeting of Orthopaedic Trauma Association. 7-8 October 2015. San Diego, CA, USA.
- International Orthopaedic Trauma Care Forum. 2015 Annual Meeting of Orthopaedic Trauma Association. 7 October 2015. San Diego, CA, USA.
- 52 Annual SECOT Meeting (Spanish Orthopaedic Association of Orthopaedics and Traumatology). 23-25 September 2015. Valencia, Spain.
- EFORT Forum in 52 SECOT. 24 September 2015. Valencia, Spain.
- Kuntscher Society Annual Meeting. 10-11 September 2015. Brussels, Belgium.
- AVN Masterclass: Avascular Necrosis of the Femoral Head - Current Insights. 15 July 2015. Leeds, UK.
- Fractures of Pelvis and Acetabulum: Principles of Management - Cadaveric Course. 16-17 July 2015. Leeds, UK.
- Summer University Lower Limb Trauma. 1-2 June 2015. Sheffield, UK.
- 16th European Congress of Trauma & Emergency Surgery. 10 – 12 May 2015. Amsterdam, The Netherlands.
- Principles and Possibilities of External Fixation. 27 April 2015. Leeds, UK.
- AO Trauma Advanced Seminar in Polytrauma. 2-4 March 2015. Madrid, Spain.
- Annual Seminar in Intramedullary Nailing. 6-8 February 2015. Dimitsana, Greece.
- Periprosthetic Fractures: Current Aspects of Management. 6th Clinical Course. 15-16 January 2015. Leeds, UK.
- Master Class in Operative Reduction Techniques: Tips and Tricks. 12-13 January 2015. Leeds, UK.

- **2014**

- Advanced Trauma Training Course: Upper and Lower Extremity. 25-27 November. Barcelona, Spain.
- Residents Comprehensive Fracture Course. 2014 Annual Meeting of Orthopaedic Trauma Association. 16-18 October 2014. Tampa, FL, USA.
- Master Fracture Forum 24-26 September 2014. 24-26 September 2014. Barcelona, Spain.
- Fractures of the pelvis and acetabulum: Principles of Management. 10-11 July 2015. Leeds, UK.
- 6th Master Class on Long bone Non-Union: Current Aspects of Management. 7 July 2014. Leeds, UK.
- Principles and Possibilities: External Fixation. 9 June 2014. Leeds, UK.
- Periprosthetic Fractures: Current Aspects of Management. 5th Clinical Course. 16-17 January 2014. Leeds, UK.

- **2013**

- Master Class in Operative Reduction Techniques: Tips and Tricks. 22-23 September 2013. Leeds, UK.