

CURRICULUM VITAE

Theodoros Tokas MD, FEBU



PERSONAL DETAILS

Sex:	Male
D.O.B:	2 August 1975
Marital Status:	Married
Wife:	Semertzaki Evangelia (Psychiatrist)
Children:	Maria (6 yrs old) and Ioanna (4 yrs old)
Nationality:	Greek
Address:	Gartenweg 7, 6070
(Home)	Ampass, Tirol
	Austria
Telephones:	
(Mobile)	+49 1624602135
(Home)	+43 512341314
E- Mail:	ttokas@yahoo.com
Present Post:	Consultant Urology/Oberarzt Urologie
	Hall in Tirol General Hospital
	Department of Urology
	Milserstrasse 10, 6060
	Hall in Tirol, Austria

EDUCATION

- Mar 08-Mar 10 **European Board of Urology - In Service Exams.** Yearly written exams for Urology Trainees appraisal
- Sep 02 **Center of Acknowledgement of Titles of Studies from Foreign Land (ΔΙ.Κ.Α.Τ.Σ.Α.).** Certificate of the President of Administrative Council. Grade Correspondence in Hellenic Scale 6,92/10
- Aug 93-Sep 99 **Medical student.** Medical School, English Program, National University of Pecs, Hungary. Studied Medicine in English, graduated with Honours.
- Sep 87- Jul 93 **Classical Gymnasium** (Junior High School) and **Scientific Lyceum** (Senior High School), Pierce College, The American College of Greece, Athens, Greece. Graduated with Honours.

QUALIFICATIONS

- Jan 10 - ong **PhD.** National University of Athens, Greece.
- Jun 11 **FEBU (Fellow of the European Board of Urology).** European Board of Urology. Brussels, Belgium. Final Written Exams, Final Oral Exams. (Honours).
- Dec 11 **Urology Resident Training Completion.** Athens University, 1st Department of Urology.
- Dec 11 **Urology Specialty National Boards. (FHUA – Fellow of the Hellenic Association of Urology),** organised by the University of Athens and the Greek Ministry of Health and Social Services. Athens. (Honours).

Aug 99 **Diploma work (Thesis): Retroperitoneal tumors; a trap for the surgeon.** Medical University Hospital, Pecs, Hungary. Consultant: Dr. L. Halmos
Date of thesis defence : 01.06.1999
Result : Excellent (5)

MEMBERSHIPS

Apr 2016-ong **European School of Urology (ESU):** HOT Tutor in Laparoscopy and Ureteroscopy
Mar 2015 **European Section of Urological Imaging (ESUI):** Affiliated membership
Jun 15-ong **Tirol Medical Association**
Aug 13-May 15 **Schleswig-Holstein Medical Association**
Feb 12-ong **Endourology, Laparoscopic Urology, and Uro-Technology of the Hellenic Urological Association**
Feb 12-ong **Urological Oncology of the Hellenic Urological Association**
Sep 11 **Urodynamics, Neurourology, and Female Urology Section (UNUFU) of the Hellenic Urological Association**
Sep 10-ong **American Urological Association (AUA) Membership**
Oct 09-ong **Endourological Society Membership.**
Oct 08-ong **European Association of Urology (EAU) Membership.**
Oct 08-ong **Hellenic Urological Association (HUA) Full Membership.**
Oct 10 **Athens Medical Association.**
March 06 **Chania Medical Association.**
Feb 03 **Grevena Medical Association.**

EMPLOYMENT

Jun 15 – ong. **Consultant Urology / Oberarzt Urologie**

Hall General Hospital, Urology Department, Hall, Austria

Director: Prim. Prof. Dr. Udo Nagele

Staff member. Laparoscopic Urology and Endourology. Laparoscopic procedures like laparoscopic extraperitoneal radical prostatectomies, laparoscopic pelvic lymphadenectomies, laparoscopic radical cystectomies with extracorporeal urinary diversion, laparoscopic transperitoneal nephrectomies, laparoscopic transperitoneal nephroureterectomies, laparoscopic transperitoneal pyeloplasties, and all types of endourological procedures like TURBs, TURPs and URSs are also included. I am actively involved in research projects, presentations in congresses, teaching of junior medical staff, nursing staff and medical students.

Nov 13 – May 15. **Consultant Urology / Facharzt Urologie**

DIAKO Flensburg, Urology Department, Flensburg, Germany

Director: Prof. Dr. med. Tillmann Loch

Staff member. Actively involved in Computerized Transrectal Ultrasound (C-TRUS) of the prostate, and Artificial Neural Network Analysis (ANNA) of Transrectal Ultrasound. Open urological procedures like radical retropubic prostatectomies and radical cystectomies. Laparoscopic procedures like laparoscopic transperitoneal nephrectomies, laparoscopic transperitoneal nephroureterectomies, laparoscopic transperitoneal pyeloplasties, and all types of endourological procedures like TURBs, TURPs and URSs are also included. I am actively involved in research projects, presentations in congresses, teaching of junior medical staff, nursing staff and medical students.

Mar 13 – Jul 13. **Fellow of Urologic Surgery**

DIAKO Flensburg, Urology Department, Flensburg, Germany

Consultant: Prof. Dr. med. Tillmann Loch

The Fellowship involved state-of-the-art training in Computerized Transrectal Ultrasound (C-TRUS) of the prostate, and Artificial Neural Network Analysis (ANNA) of Transrectal Ultrasound. It also included training in open urological procedures like radical retropubic prostatectomies and radical cystectomies,

laparoscopic procedures like laparoscopic transperitoneal nephrectomies, laparoscopic transperitoneal nephroureterectomies, laparoscopic transperitoneal pyeloplasties, and all types of endourological procedures (TURBs, TURPs and URSs), were also included in the training program. I was also responsible in handling the data, involved in research projects, presentations at congresses, teaching of junior medical staff, nursing staff and medical students.

Mar 12 – Mar 13

Fellow of Laparoscopic and Robotic Urologic Surgery

University of Heidelberg, SLK Kliniken, Klinikum Heilbronn,
Heilbronn, Germany

Consultant: Prof. Dr. med. Jens Rassweiler

Recognised by the Endourology Society. The Fellowship involved state-of-the-art training in laparoscopic and robotic procedures like Da Vinci extraperitoneal radical prostatectomies, laparoscopic extraperitoneal radical prostatectomies, laparoscopic pelvic lymphadenectomies, Da Vinci sacropexies, laparoscopic retroperitoneal nephrectomies, laparoscopic retroperitoneal partial nephrectomies, laparoscopic retroperitoneal renal tumor excisions, Da Vinci retroperitoneal pyeloplasties, laparoscopic retroperitoneal pyeloplasties, Da Vinci and laparoscopic ureteral reimplantations. During this year, I gained significant experience in performing laparoscopic extraperitoneal procedures of the upper urinary tract, like nephrectomies, partial nephrectomies and pyeloplasties. I also learned how to perform a laparoscopic pelvic lymphadenectomy and how to assist in a robotic assisted laparoscopic extraperitoneal radical prostatectomy.

I was also actively involved in research projects, presentations at congresses, teaching of junior medical staff, nursing staff and medical students

Feb 11

Participation in the clinical and operation program of the Urology Department (7 days) of Krankenhaus Nordwest Hospital, Frankfurt, Germany

Consultant: Prof. Dr. med. E. Becht

Oct 07 – Dec 11

Resident in Urology (Assistenzarzt- Urologie) University of Athens

1st Department of Urology, Laiko General Hospital, Athens

EBU accredited urological specialty training programme, including rotational training scheme between Laiko General Hospital, and Ag Savas Oncology Hospital.

Head of training programme: Prof. C.A. Constantinides.

This 4-year period includes my higher specialist training in Urology. During this period I had the opportunity to work in the biggest academic Urology department in Greece, being also a reference centre for the whole country. It is equipped with an urodynamic suite, transrectal ultrasound and prostate biopsy suite, radiological and ultrasonography suite, research laboratory. It also includes a Day Case suite, endoscopic suite, BPH outpatient service, prostatitis outpatient, andrology outpatient, incontinence outpatient, urolithiasis outpatient. It is the only academic Department in Greece that is equipped with a Da Vinci robot.

For every trainee there was a rotational program for all the above facilities. The training program also included rotation to other hospitals and specialties like female Urology for six months, and plastic Surgery for six months. During this time I learned how to handle the majority of the urological emergencies and difficult clinical cases. I gained important experience in most of the urological procedures, performing at the end of my training unsupervised TURBT's, TURP's, ureteroscopies, ureteral stent placement, and supervising junior residents in both endoscopic and open procedures. My experience extends to open radical nephrectomy, radical prostatectomy, radical cystectomy, as well as ureterolithotomy, nephrolithotomy, pyelolithotomy and open simple prostatectomy, procedures which are quite infrequent nowadays but can prove important in selected cases. I was also trained to perform urinary tract ultrasonography. Finally, I had the opportunity to assist in a variety of robotic urological procedures like transperitoneal robotic radical prostatectomy, transperitoneal robotic partial and radical nephrectomy.

March 06-June 07

Senior House Officer in Accident and Emergency

Chania, Crete

Consultant: Dr. Ch. Vittorakis.

Sep 04-Jun 05

Senior House Officer in General Surgery.

Sismanoglion General Hospital, Athens.

Consultant: Prof. G. Antsaklis

May 03-May 04

Senior House Officer in Accident and Emergency.

Grevena General Hospital – National Health Centre of Primary Care,
Deskati, Greece.

Consultant: Dr. A. Mitselis.

Aug 03-Jan 04

Senior House Officer in General Surgery

Grevena General Hospital.

Consultant: Dr. A. Mitselis.

Feb 03-May 03

Senior House Officer in Internal Medicine

Grevena General Hospital,

Consultant: Dr. S. Balla

May 99-Sep 99

House Officer in Internal Medicine.

Medical University Hospital, Pecs, Hungary.

Consultant: Prof. U. Nagy

Feb 99-May 99

House Officer in Gynaecology and Obstetrics.

Medical University Hospital, Pecs, Hungary.

Consultant: Prof. S. Horvath

Nov 99-Feb 99

House Officer in General and Vascular Surgery.

Medical University Hospital, Pecs, Hungary.

Consultant: Prof. G. Lucacs

Aug 99-Nov 99

House Officer in Paediatrics.

Medical University Hospital, Pecs, Hungary.

Consultant: Prof. T. Fekete

RESEARCH

Feb 14 – ong

EUSP Scholar, 1 Year Clinical (CS) Scholarship Project (supported by ESUT): “Improving vision, surgeon’s posture, and

instrumentation in laparoscopy can create an optimal ergonomic environment, with comparable results and lower costs, in comparison to robotic surgery”

University of Heidelberg, SLK Kliniken, Klinikum Heilbronn, Heilbronn, Germany

Consultant: Prof. Dr. Jens Rassweiler

The project tries to improve ergonomics in laparoscopy by using three different tools: the ETHOS ergonomic platform, the 3D camera, and the Radius needle holders with 6 Degrees Of Freedom (DOF). It consists of an experimental (3 months) and a clinical part (6 months). I am totally responsible for both parts, including publications of our results. Under the guidance of Prof. Rassweiler, I created the laparoscopic training plan, coordinated the training of the fellows and gathered the data of the experimental part. During the clinical part I am responsible for randomizing the patients in the two groups, coordinating the correct function of the OR, performing procedures, collecting the data, filling the questionnaires, and recording the outcomes, complications, and costs. During the end of the project (3 months) our results will be presented in major international meetings and published as peer reviewed articles. The project is estimated to end during March 2015.

Apr 10 - ong

PhD: “Clinical assessment of kallikrein 13 (*KLK13*) levels in urinary bladder cancer”

First Department of Urology, Laiko General Hospital, School of Medicine, University of Athens, Athens, Greece

Department of Biochemistry and Molecular Biology, Faculty of Biology, University of Athens, Athens, Greece

Consultants: Assistant Prof. A. Scorilas, Ass Prof. K.G. Stravodimos

Supervising Committee: Prof. C.A. Constantinides, Ass Prof. Ch. Alamanis, Ass Prof. K. Stravodimos

I have already accomplished the main part of the project (Apr 2010 – Apr 2013), which consisted the clinical part (collecting the bladder specimens) and the laboratory part (RT-PCR, RTR). I am currently working on the last part, which consists of collecting the data, performing the statistical analysis, writing the manuscript, and publishing our results. The project is estimated to end by January 2015.

Oct 10-Dec 11

CROES URS study. A prospective international observational study on indications and perioperative outcomes

Chair: Prof. Jean De La Rosette.

I was actively involved in this study by applying the study protocol, selecting the patients, collecting the data, organizing the follow up and submitting the results to CROES (supervisor: Ass Prof. K. Stravodimos)

COURSES

Nov 16	ESU/ESUT/ESUI Hands-on Training in MRI fusion biopsy. EMUC 2016. Milan
Jun 14	Spezialkurs im Strahlenschutz. Course Director. Dr. J. Dischinger. Flensburg
Jun 14	Grundkurs im Strahlenschutz. Course Director. Dr. J. Dischinger. Flensburg
Dec 12	Laparoscopic Urological Surgery Intensive Course (IRCAD/EITS). Course Director: Prof. Thierry Piechaud. Strasbourg
Oct 12	ESU Course: Urothelial Cell Carcinoma: Radical Surgery in Bladder Cancer and Infertility. Athens
Oct 11	Tour d'Europe 'Urological cancer – a multidisciplinary approach' (2 day postgraduate Uro Oncology teaching course), Erasmus University Medical Center and Daniel den Hoed Cancer Center, Rotterdam
Mar 11	ESU Course: Office management of male sexual dysfunction. Vienna
Oct 10	ESU Course: Percutaneous nephrolithotripsy and partial nephrectomy. Limassol
Sep 10	10th International Applied Laparoscopic Urology Course & Symposium. Athens

May 09	ESU Course: Laparoscopy for beginners. Stockholm, Sweden
May 09	ESU Course: Ultrasound for the urologist – TRUS and TRUS guided biopsies. Stockholm, Sweden
Oct 07- ong	Monthly Lessons of Greek Urology Society. NIMTS Hospital, Athens
Jun 07	Advanced Trauma Life Support (ATLS), Mediteraneo Hospital, Athens
Sep 04-Jul 04	Monthly Lessons for Greek General Surgery Residents. Sismanoglion General Hospital, Athens
Feb 05	Basic Life Support (BLS) / Automatic External Defibrillation (AED) by the European Resuscitation Council. Sismanoglion General Hospital, Athens

TEACHING EXPERIENCE

Feb 16 – ong	ESU / EUREP Hands ond Training (HOT) tutor in ureteroscopy. During The EUREP Annual Meeting in Prague
Jan 16 – ong	ESU / ESUT Hands on Training (HOT) tutor in laparoscopy. During the Annual Meetings of the European Association of Urology. European-Basic Laparoscopic Urological Skills (E-BLUS) and urethrovesical anastomosis
Jul 16	ESU Hands on Training (HOT) Tutor in Laparoscopy and Ureteroscopy. 5th ESUT Annual Meeting. Athens
Jun 16	ESU Hands on Training (HOT) Tutor in Laparoscopy. ESU – Weill Cornell Masterclass in Urology. Salzburg

- Oct 15 Lecture named **“Ergonomic optimization of laparoscopy”** during the Pan European Meeting in the World Congress of Endourology and ESWL, London
- Oct 14 European-Basic Laparoscopic Urological Skills (**E-BLUS**) **Instructor** during the **23rd Turkish national Congress**. Antalya, Turkey
- Mar 14 **Lecture** named **“9 Jahre Vorsorge mit ANNA/C-TRUS: Neueste Daten”**, during the interactive symposium **“Aktuelles zum Prostatakarzinom: Früherkennung, Diagnostik und Therapie”**. Flensburg, Germany
- Sep 13 **Lecture** named **“ANNA/C-TRUS; Perspective für Klinik und Praxis: Neueste Daten”**, during the interactive symposium **“Basis und Aussichten der Bildgebung beim Prostatakarzinom: TRUS und C-TRUS/ANNA in der multizentrischen Anwendung”**. Certified by the EAU Section Urological Imaging (ESUI). Sylt, Germany
- May 13 **Instructor** during the **23rd Applied (Greek - Turkish) Laparoscopic Urology Course**. Hands – On Training on Laparoscopic and Robotic Urological Surgery. ELPEN Experimental Research Center, Athens, Greece
- May 13 **Lecture** named **“Retroperitoneal Laparoscopic Cyst Excision”**, during the **23rd Applied (Greek Turkish) Laparoscopic Urology Course**. ELPEN Experimental Research Center, Athens, Greece
- Mar 12 **Lecture** named **“Penile Cancer, Epidemiology-Diagnosis-Treatment”** Hellenic Urological Association’s Postgraduate Lessons, Athens, Greece
- Mar 12 **Lecture** named **“Embryology of the Urogenital System”** Hellenic Urological Association’s Postgraduate Lessons, Athens, Greece

Jun 11	Lecture named “ Obstructive Uropathy ” Hellenic Urological Association’s Postgraduate Lessons, Athens, Greece
Oct 07- Dec 11	Tutor of medical students and House Officers. Athens University Urology Department
Oct 07- Dec 11	Monthly literature review , organised by the Urology Department of University of Athens.
Sep 02-Apr 03	Participation in Educational Program of Presentation of General Surgery Subjects and Articles. Sismanoglion General Hospital, Athens

CONGRESSES – Only attended

Nov 16	8th European Multidisciplinary Meeting on Urological Cancers , Milan
Sep 11	2nd International Meeting on Innovations & Evidence Based Medicine in Urology , Athens
Jul 11	14th GDGU Symposium of the Greek – German Urological Association , Athens
Mar 11	5th Postgraduate Seminar of Urological Cancer , Athens
Mar 09	26th Annual EAU Congress , Vienna
Jun 09	Giving Happiness To The Man , Organized by The Medical University of Ioannina with subject of male LUTS and erectile dysfunction, Porto Heli, Greece.
Mar 09	24th Annual EAU Congress , Stockholm
2007-2012	Athenian Urology Days -with international participation, Annual congress, Athens. Annual Congress. Athens
Nov 03	1st Educational Seminary of Neurogenic Urinary Bladder , Athens
Nov 03	4th Macedonian Urological Congress , Thessaloniki
Jun 03	Vernal Symposium of the Greek Surgery of Endocrine Glands Association , Grevena

CONGRESSES – Presentations (P) / Posters (p) / Videos (V)

1. **Combining the ETHOS operating ergonomic platform, the 3D laparoscopic camera, and the Radius Surgical System (RSS) manipulators to improve ergonomic in laparoscopy (p).** A. Tschada, T. Tokas, A.S. Gözen, M. Avgeris, M. Hruza, J. Klein, J. Rassweiler. 5th ESUT Annual Meeting. Athens, 07/16
2. **Ten-year active monitoring in patients with high risk of prostate cancer by ANNA/C-TRUS imaging (p).** T. Tokas, B. Grabski, A. Loch, K. Korte, A. Ramankulov, P. Berg, L. Baeurle, U. Paul, T. Loch. AUA Annual Meeting. San Diego, 05/16
3. **Laparoscopic single-incision triangulated umbilical surgery (SITUS) pyeloplasty: A description of our first 30 cases (p).** J.R. Schachtner, M. Habicher, T. Tokas, U. Nagele. 31st Annual EAU Congress, Munich, 03/16
4. **Direct comparison of an ergonomic laparoscopic system with robotic surgery, in terms of operating speed, in an inanimate experimental laparoscopic radical prostatectomy setting (p).** T.Tokas, A.S. Gözen, M. Avgeris, A. Tschada, J. Rassweiler. 31st Annual EAU Congress, Munich, 03/16
5. **Flexible 3D laparoscopic segmental ureterectomy and end-to-end ureteral anastomosis for benign disease (V).** I Leotsakos, U Paul, T Tokas, L Bäurle, T Loch. 33rd World Congress of Endourology and SWL. London, 10/15
6. **Flexible 3D laparoscopic repair of iatrogenic vesicovaginal fistulas (p).** I Leotsakos, U Paul, T Tokas, L Bäurle, T Loch. 33rd World Congress of Endourology and SWL. London, 10/15
7. **Direct comparison of an ergonomic laparoscopic combination with robotic surgery in an inanimate experimental laparoscopic radical prostatectomy setting; times and ergonomy (p).** T Tokas, AS Gözen, A Tschada, J Rassweiler. 33rd World Congress of Endourology and SWL. London, 10/15
8. **Vorhersage des radikalen Prostatektomie Index- Gleason durch gezielte transrektale Prostatabiopsie nach computergestützter Analyse.** T. Tokas, B. Grabski, U. Paul, T. Loch, M. Pechoel, M. Burchardt, M. Kuczyk, I. Peters. 67. DGU Kongress. Hamburg, 09/15
9. **Bilateraler Nierentumor eines primären papillären Schilddrüsenkarzinoms.** P. Berg , K. Korte , T. Tokas, A. Probst , U. Paul , T. Loch. 9. Nordkongress Urologie. Hannover, 06/15
10. **10 Jahresergebnisse: Gezielte urologische Prostatakarzinomdiagnostik mit**

- computergestütztem transrektalen Ultraschall.** B. Grabski, T. Tokas, A. Loch, A. Ramankulov, T. Loch. 9. Nordkongress Urologie. Hannover, 06/15
11. **Vorhersage des radikalen Prostatektomie Index-Gleason durch ANNAcTRUS gezielte transrektale Prostatabiopsie: Multicenterstudie.** I. Peters, T. Loch, B. Grabski, M. A. Kuczyk, M. Burchardt, M. Pechoel, T. Tokas. 9. Nordkongress Urologie. Hannover, 06/15
 12. **3-D endoskopisch offene nerverhaltende retropubische Prostatektomie (3D-RRP): Fusion von optimaler Sicht und Tastgefühl.** T. Loch, T. Tokas, U. Paul, L. Baeurle, I. Leotsakos. 9. Nordkongress Urologie. Hannover, 06/15
 13. **A laparoscopic combination with comparable ergonomic results to robotic surgery, tested in an experimental laparoscopic radical prostatectomy setting.** T. Tokas, AS Gözen, A Tschada, J Rassweiler. AUA Annual Meeting. N. Orleans, 05/15
 14. **Computerized transrectal ultrasound targeted biopsies: Preoperative prediction of the radical prostatectomy gleason grade.** T. Loch, A. Loch, B. Grabski, L. Baeurle, U. Paul, T. Tokas. AUA Annual Meeting. Orlando, 05/14
 15. **Multi-center results of computerized transrectal ultrasound (ANNA/C-TRUS) targeted prostate biopsies in 2356 cases.** T. Tokas, B. Grabski, I. Peters, M. Pechoel, M.A. Kuczyk, M. Burchardt, T. Loch. 30th Annual EAU Congress, Madrid, 03/15
 16. **Direct comparison of the different conventional laparoscopic positions with the ETHOS surgical platform in a laparoscopic pelvic surgery simulation setting (p).** AS. Gözen, T. Tokas, A. Tschada, A. Jalal, J. Klein, J. Rassweiler. 23rd national Turkish urological congress. Antalya, 10/14
 17. **Computer-assisted analysis of transrectal ultrasound (ANNA/C-TRUS) guided biopsies of the prostate: Stand-alone device (p).** T.Tokas, Björn Grabski, Azizbek Ramankulov, Tillmann Loch. 23rd national Turkish urological congress. Antalya, 10/14
 18. **Computerized transrectal ultrasound (ANNA/C-TRUS) in the detection of prostate cancer: 9 year follow up data (p).** T.Tokas, Björn Grabski, Azizbek Ramankulov, Tillmann Loch. 23rd national Turkish urological congress. Antalya, 10/14
 19. **Computer-assisted analysis of transrectal ultrasound (ANNA/C-TRUS) guided biopsies of the prostate: evolution from a stand-alone device to an online-function module in a real-time biopsy setting (p).** T.Tokas, Björn Grabski, Azizbek Ramankulov, Tillmann Loch. 23rd national Turkish urological congress. Antalya, 10/14

20. **Uncovering the dual clinical value of miR-143/145 cluster in bladder cancer epithelium and patients survival outcome (P).** M Avgeris, T.Tokas, K. Stravodimos, E.G. Fragoulis, A.Scorilas. FEBS-EMBO 20014. Paris, 09/14
21. **Intracorporeal robot - assisted bilateral vasovasostomy, after bilateral vasectomy (V).** T.Tokas, R. Leon Mar, O. Özkapta, I. Abdallah, J. Rassweiler, AS. Gözen. Videourology. Sofia, 07/2014
22. **3-D endoskopisch assistierte nerverhaltende retropubische Prostatektomie (3D-RRP): Eine Operation mit allen Sinnen durch die Fusion von optimaler Sicht und Tastgefühl (P).** T. Loch, T. Tokas , B. Grabski , L. Bäurle , U. Paul. 8. Nordkongress urologie. Cottbus, 06/14
23. **Computergestützter transrektaler Ultraschall: Vorhersage des radikalen Prostatektomie-Gleason-Grades durch gezielte Biopsien (P).** T. Loch,T. Tokas , B. Grabski. 8. Nordkongress urologie. Cottbus, 06/14
24. **Multizentrische Untersuchung: Gezielte Prostatabiopsien mit ANNA / C-TRUS nach negativen systematischen Vorbiopsien (P).** B. Grabski, T. Tokas , I. Peters, M. Pechoel, A. Ramankulov, M. Burchardt, M. A. Kuczyk, T. Loch. Nordkongress urologie. Cottbus, 06/14
25. **Computerized transrectal ultrasound targeted biopsies: Preoperative prediction of the radical prostatectomy gleason grade (P).** T. Loch, A. Loch, B. Grabski, L. Baeurle, U. Paul, T. Tokas. AUA Annual Meeting. Orlando, 05/14
26. **Iatrogenic direct rectal injury: An unusual complication during suprapubic cystostomy insertion and its laparoscopic management (V).** T. Tokas, AS. Gözen, R. Rajmohan, B. Aguilar-Davidov, J. Rassweiler. 31st World Congress of Endourology and SWL. N. Orleans, 10/13
27. **Does simultaneous extraperitoneal laparoscopic hernia repair influence morbidity and pain levels after extraperitoneal laparoscopic radical prostatectomy? (p).** AS. Gözen, T. Tokas, G. Atis, M. Hruza, J. Rassweiler. 31st World Congress of Endourology and SWL. N. Orleans, 10/13
28. **Robotically assisted bilateral vasovasostomy, after a successful bilateral vasectomy.** T. Tokas, AS. Gözen, J. Rassweiler. 31st World Congress of Endourology and SWL. N. Orleans, 10/13
29. **Medium term results of mini laparoscopic pyeloplasty using the small incision access retroperitoneoscopic technique in adults.** M. Al Nasser, AS. Gözen, T.

Tokas, G. Pini, M. Hruza, J. Rassweiler. 31st World Congress of Endourology and SWL. N. Orleans, 10/13

- 30. Computer-assisted analysis of transrectal ultrasound (C-TRUS/ANNA) guided biopsies of the prostate: evolution from stand-alone device to an online-function module in a real-time biopsy setting (p).** T.Tokas, B Grabski, A. Ramankulov, T. Loch. **1st award.** 15th GDGU Symposium of the Greek – German Urological Club. Thessaloniki, 06/13.
- 31. Computer-assisted analysis of transrectal ultrasound (C-TRUS/ANNA) guided biopsies of the prostate: stand-alone device (p).** T.Tokas, B Grabski, A. Ramankulov, T. Loch. 15th GDGU Symposium of the Greek – German Urological Club. Thessaloniki, 06/13.
- 32. Evaluation of a new operating platform (ETHOS) for laparoscopic surgery in a training room setting (p).** AS Gözen, O Plekhanova, A Jalal, T Tokas, JT Klein, J Rassweiler. 28th Annual EAU Congress, Milan, 03/13
- 33. Laparoscopic pyeloplasty and flexible nephrolithotripsy in patients with ureteropelvic junction obstruction and concomitant lithiasis (p).** K Stravodimos, I. Leotsakos, A. Alevizopoulos, T.Tokas, I. Katafygiotis, V. Mygdalis, I. Anastasiou, C.A. Constantinides. EAU 8th South Eastern European Meeting (SEEM), Sofia 10/12
- 34. Kallikrein-related peptidase 13 (KLK 13) gene expression in urinary bladder cancer: clinical evaluation and preliminary results (p).** T.Tokas, K. Stravodimos, M. Avgeris, I. Leotsakos, E. Fragkiadis, C. Alamanis, A. Scorilas, C.A. Constantinides. EAU 8th South Eastern European Meeting (SEEM), Sofia 10/12
- 35. Clinical evaluation of Kallikrein peptidase 13 (KLK 13) in bladder cancer (p).** T.Tokas, K. Stravodimos, M. Avgeris, I. Leotsakos, E. Fragkiadis, C. Alamanis, A. Scorilas, C.A. Constantinides. 21st Annual Congress of the Hellenic Association of Urology. Athens 10/12
- 36. Percutaneous nephrolithotripsy in transplanted kidney (V).** K. Stravodimos, E. Frangiadis, A. Alevizopoulos, T. Tokas, G Kousournas, V. Mygdalis, C.A. Constantinides. 30th World Congress of Endourology and SWL. Istanbul 09/12
- 37. Laparoscopic pyeloplasty with flexible nephrolithotripsy (V).** K. Stravodimos, I. Leotsakos, A. Alevizopoulos, T. Tokas, I. Katafygiotis, V. Mygdalis, I. Anastasiou, C.A.Constantinides. 30th World Congress of Endourology and SWL. Istanbul 09/12

38. **Evaluation of a new operating platform (ETHOS) for laparoscopic surgery in a training room setting.** A.S. Gözen, O. Plekhanova, A. Jalal, T. Tokas, J. Klein, J. Rassweiler. 28th Annual EAU Congress, Milan, 03/13
39. **Molecular markers of bladder wall remodelling in LUTS/BPH patients undergoing surgery (p).** A. Mihalakis, K. Pavlakis, G. Agrogiannis, C.A. Constantinides, T. Tokas, D. Mitropoulos. 27th Annual EAU Congress, Paris, 02/12.
40. **Clinical efficacy of distigmine bromide in the treatment of patients with underactive detrusor (p).** T. Tokas, A. Alevizopoulos, V. Manolas, I. Adamakis, D. A. Bougas. 4th Meeting of the Urodynamics, Neurourology, and Female Urology Section (UNUFU) of the Hellenic Urological Association, Ioannina, 09/11.
41. **Interesting case: Aseptic meningitis followed by urinary retention (p).** A. Alevizopoulos, V. Manolas, T. Tokas, I. Anastasiou, D.A. Bougas. 4th Meeting of the Urodynamics, Neurourology, and Female Urology Section (UNUFU) of the Hellenic Urological Association, Ioannina, 09/11.
42. **Quantitative expression analysis of Kallikrein-related peptidase 13 gene (KLK13) in bladder cancer (p).** T. Tokas, M. Avgeris, K. Stravodimos, C.A. Constantinides, A. Scorilas. 4th International Symposium on Kallikreins and Kallikrein-Related Peptidases (ISK2011). Rhodes, 09/11.
43. **Laparoscopic pyeloplasty and contemporaneous flexible nephrolithotripsy (p).** K. Stravodimos, A. Alevizopoulos, I. Anastasiou, S. Papadoukakis, I. Adamakis, S. Tyritzis, T. Tokas, C.A. Konstantinides. 14th GDGU Symposium of the Greek – German Urological Club. Athens, 07/11.
44. **Robotic assisted laparoscopic radical prostatectomy. The experience of the 1st Department of Urology of the University of Athens (P).** I. Anastasiou, S. Papadoukakis, S. Tyritzis, T. Tokas, A. Alevizopoulos, K. Stravodimos. C. A. Constantinides. 10th Greek Laparoendoscopic Congress. Athens, 05/11.
45. **Transperitoneal laparoscopic pyeloplasty: Initial experience (p).** K. Stravodimos, T. Tokas, I. Anastasiou, S. Papadoukakis, S. Tyritzis, E. Frangiadis, C.A. Constantinides. 10th Greek Laparoendoscopic Congress. Athens, 05/11.
46. **Laparoscopic radical prostatectomy. The experience of the 1st Department of Urology of the University of Athens (P).** I Anastasiou, S. Papadoukakis, T. Tokas, S. Tyritzis, A. Alevizopoulos, K. Stravodimos, C.A> Constantinides. 10th Greek Laparoendoscopic Congress. Athens, 05/11.

47. **Laparoscopic pyeloplasty and contemporaneous flexible nephrolithotripsy (p).** K. Stravodimos, A. Alevizopoulos, I. Anastasiou, S. Papadoukakis, I. Adamakis, S. Tyritzis, T. Tokas, C.A. Constantinides. 10th Greek Laparoendoscopic Congress. Athens, 05/11.
48. **Laparoscopic nephrectomy and laparoscopic nephroureterectomy. The experience of the 1st Department of Urology of the University of Athens (P).** K. Stravodimos, T. Tokas, S. Tyritzis, I. Leotsakos, I. Anastasiou, S. Papadoukakis, C.A. Constantinides. 10th Greek Laparoendoscopic Congress. Athens, 05/11.
49. **Infected penile implantation removal (v).** S. Tyritzis, I. Adamakis, I. Leotsakos, E. Frangiadis, K. Sfetsas, T. Tokas, Ch. Alamanis, C.A. Constantinides. 20th Annual Congress of the Hellenic Association of Urology. Limassol, 10/10.
50. **Transperitoneal approach with right subcostal incision in patients with large tumours of the right kidney. (P).** T. Tokas, I. Anastasiou, E. Felekouras, G. Koutalellis, E. Frangiadis, D. Mitropoulos, C.A. Constantinides. 20th Annual Congress of the Hellenic Association of Urology. Limassol, 10/10.
51. **First use of an acellular, human dermis tissue graft for the surgical management of Peyronie's disease. (P).** I. Adamakis, S. Tyritzis, K. Stravodimos, V. Mygdalis, D. Mitropoulos, Ch. Alamanis, T. Tokas, C.A. Constantinides. 20th Annual Congress of the Hellenic Association of Urology. Limassol, 10/10.
52. **Early Removal of Nasogastric Tube is Beneficial for Patients Undergoing Radical Cystectomy with Urinary Diversion (P).** T. Tokas, I. Adamakis, S. Tyritzis, G. Koutalellis, I. Leotsakos, K. Stravodimos, D. Mitropoulos, C.A. Constantinides. 20th Annual Congress of the Hellenic Association of Urology. Limassol, 10/10.
53. **A comparative study of succinylcholine or remifentanil for achievement of ideal conditions of tracheal intubation before transurethral operations. (p).** I. Vasileiou, G. Fotopoulou, S. Tyritzis, K. Dre, A. Zerva, T. Tokas, I. Leotsakos, K. Tsinari, C.A. Constantinides. 20th Annual Congress of the Hellenic Association of Urology. Limassol, 10/10.
54. **Comparison of the efficacy of epidural and general anaesthesia in post –operative pain management during transurethral procedures.(P).** K. Stravodimos, S. Tyritzis, A. Alevizopoulos, T. Tokas, I. Leotsakos, G. Koritsiadis, D. Mitropoulos, C.A. Constantinides. **3rd Award.** 20th Annual Congress of the Hellenic Association of Urology. Limassol, 10/10.

55. **Testicular parenchyma and erectile dysfunction (p).** G. Koritsiadis, Ch. Alamanis, D. Kyrgiaki, S Papaspyrou, S Loumos, T. Tokas, A. Zervas. 8th Hellenic Congress of Andrology. 09/08

PRESS – INTERVIEWS

- **Pressekonferenz der Deutschen gesellschaft für Ultraschall in der Medizin. “Prostatakrebs mit Ultraschall gezielt diagnostizieren. Neue Strategien in Früherkennung und Diagnostik”.** Tagungszentrum im Haus der Bundespressekonferenz, Berlin, 04/14

“Manchmal ist weniger mehr: Anzahl der Gewebeentnahmen halbiert Studie belegt sehr gute Prognosen bei Anwendung von intelligenter Vorsorge”. Dr. med. Theodoros Tokas, Facharzt für Urologie, Urologische Klinik, Diakonissenkrankenhaus Flensburg.

PUBLICATIONS

PUB MED

1. **Combining of ETHOS Operating Ergonomic Platform, Three-dimensional Laparoscopic Camera, and Radius Surgical System Manipulators Improves Ergonomy in Urologic Laparoscopy: Comparison with Conventional Laparoscopy and da Vinci in a Pelvi Trainer.** Tokas T, Gözen AS, Avgeris M, Tschada A, Fiedler M, Klein J, Rassweiler J. European Urology Focus. <http://www.sciencedirect.com/science/article/pii/S240545691630164X>
2. **Downregulated KLK13 expression in bladder cancer highlights tumor aggressiveness and unfavorable patients’ prognosis.** Tokas T, Avgeris M, Alamanis C, Scorilas A, Stravodimos KG, Constantinides CA. **J Cancer Res Clin Oncol.** 2016 Nov 17.
3. **Uncovering the real outcomes of active renal stone treatment by utilizing non-contrast computer tomography: a systematic review of the current literature.** Tokas T, Habicher M, Junker D, Herrmann T, Jessen JP, Knoll T, Nagele U. **World J**

Urol. 2016 Oct 13.

4. **Stone free rates (SFRs) after retrograde intrarenal surgery (RIRS) and percutaneous nephrolithotomy (PCNL); are we comparing apples with watermelons?** Tokas T, Nagele U. **World J Urol.** 2016 Mar 26
5. **Critical analysis of early recurrences after laparoscopic radical cystectomy in a large cohort by the ESUT: we must remain vigilant.** Albisinni S, Fossion L, Oderda M, Aboumarzouk OM, Aoun F, Tokas T, Varca V, Sanchez-Salas R, Cathelineau X, Chlosta P, Gaboardi F, Nagele U, Piechaud T, Rassweiler J, Rimington P, Salomon L, van Velthoven R. **J Urol.** 2016 Jan 18.
6. **[Prostate biopsy : Procedure in the clinical routine].** T. Enzmann T, T. Tokas, K. Korte K, M. Ritter (3), P. Hammerer, L. Franzaring, H. Heynemann, HW. Gottfried, H. Bertermann, M. Meyer-Schwickerath, B. Wirth, A. Pelzer, T. Loch. **Urologe A.** 2015 Dec;54(12):1811-22
7. **Uncovering the clinical utility of miR-143, miR-145 and miR-224 for predicting the survival of bladder cancer patients following treatment.** M. Avgeris, K. Mavridis, T. Tokas, KG. Stravodimos, EG. Fragoulis, A. Scorilas. **Carcinogenesis** 2015;36(5):528-37
8. **Direct comparison of the different conventional laparoscopic positions with the ethos surgical platform in a laparoscopic pelvic surgery simulation setting.** AS. Gözen, T. Tokas, A. Tschada, A. Jalal, J. Klein, J Rassweiler. **J Endourol** 2015;29(1):95-9
9. **Impact of barbed suture in controlling the dorsal vein complex during laparoscopic radical prostatectomy.** AS. Gözen, T. Tokas, Y. Akin, J. Klein, J. Rassweiler. **Minim Invasive Ther Allied Technol** 2015;24(2):108-13
10. **Pain After Hernia Repair with Simultaneous Extraperitoneal Laparoscopic Radical Prostatectomy.** AS. Gözen, T. Tokas, Y. Akin, G. Atis, M. Hruza, J. Rassweiler. **J Endourol** 2014 Jun 23. Sep;28(9):1143-8
11. **Iatrogenic direct rectal injury: An unusual complication during suprapubic cystostomy (SPC) insertion and its laparoscopic management.** R Rajmohan, B Aguilar-Davidov, T Tokas, J Rassweiler, AS Gözen. **Arch Ital Urol Androl** 2013;85(2) :101-3.
12. **Increased BCL2L12 expression predicts the short-term relapse of patients with TaT1 bladder cancer following transurethral resection of bladder tumors.** S Foutadakis, M Avgeris, T Tokas, K Stravodimos, A Scorilas. **Urol Oncol** 2014

Jan;32(1):39.e29-36

13. **Radical nephrectomy with transperitoneal subcostal incision for large and locally advanced tumors of the right kidney.** J Anastasiou, T Karatzas, E Felekouras, T Tokas, G Koutalellis, D Mitropoulos, C Constantinides. **Anticancer Res** 2012 Nov;32(11):5023-9
14. **Early removal of naogastric tube is beneficial for patients undergoing radical cystectomy with urinary diversion.** I. Adamakis, S.I. Tyritzis, G. Koutalellis, T.Tokas, K.G. Stravodimos, D. Mitropoulos, C.A. Constantinides. **Int Braz J Urol** 2011;37:42-48
15. **Urinary tract infections after pelvic floor gynecological surgery: prevalence and effect of antimicrobial prophylaxis. A systematic review.** ME Falagas, S. Athanasiou, C. Iavazzo, T. Tokas, A. Antsaklis. **Int Urogynecol J Pelvic Floor Dysfunct.** 2008;19(8):1165-72
16. **Probiotics for Prevention of Recurrent Urinary Tract Infections in Women - A Review of the Evidence from Microbiological and Clinical Studies.** M.E. Falagas, G.I. Betsi, T. Tokas, S. Athanasiou. **Drugs.** 2006; 66 (9): 1253-1261

JOURNALS (From congress presentations)

1. **Combining the ETHOS operating ergonomic platform, the 3D laparoscopic camera, and the Radius Surgical System (RSS) manipulators to improve ergonomic in laparoscopy (p).** A. Tschada, T. Tokas, A.S. Gözen, M. Avgeris, M. Hruza, J. Klein, J. Rassweiler. **Eur Urol Suppl.** 2016; 15(6): e129
2. **Ten-year active monitoring in patients with high risk of prostate cancer by ANNA/C-TRUS imaging (p).** T. Tokas, B. Grabski, A. Loch, K. Korte, A. Ramankulov, P. Berg, L. Baeurle, U. Paul, T. Loch. **J. Urol Suppl.** 2016; 195(4): e178.
3. **Laparoscopic single-incision triangulated umbilical surgery (SITUS) pyeloplasty: A description of our first 30 cases (p).** J.R. Schachtner, M. Habicher, T. Tokas, U. Nagele. **Eur Urol Suppl.** 2016; 15(3);e1057

4. **Direct comparison of an ergonomic laparoscopic system with robotic surgery, in terms of operating speed, in an inanimate experimental laparoscopic radical prostatectomy setting (p).** T.Tokas, A.S. Gözen, M. Avgeris, A. Tschada, J. Rassweiler. **Eur Urol Suppl.** 2016; 15(3);e360
5. **Flexible 3D laparoscopic segmental ureterectomy and end-to-end ureteral anastomosis for benign disease (V).** I Leotsakos, U Paul, T. Tokas, L Bäurle, T Loch. **J Endourol.** 2015, 29(S1): P53.
6. **Flexible 3D laparoscopic repair of iatrogenic vesicovaginal fistulas.** I Leotsakos, U Paul, T Tokas, L Bäurle, T Loch. **J Endourol.** 2015, 29(S1): P44.
7. **Direct comparison of an ergonomic laparoscopic combination with robotic surgery in an inanimate experimental laparoscopic radical prostatectomy setting; times and ergonomy.** T. Tokas, AS Gözen, A Tschada, J Rassweiler. **J Endourol.** 2015, 29(S1): P12.
8. **A laparoscopic combination with comparable ergonomic results to robotic surgery, tested in an experimental laparoscopic radical prostatectomy setting.** T. Tokas, AS Gözen, A Tschada, J Rassweiler. **J. Urol Suppl.** 2015; 193(4): e390.
9. **Multi-center results of computerized transrectal ultrasound (ANNA/C-TRUS) targeted prostate biopsies in 2356 cases.** T. Tokas, B. Grabski, I. Peters, M. Pechoel, M.A. Kuczyk, M. Burchardt, T. Loch. **Eur Urol Suppl.** 2015; 14(2): e23.
10. **Evaluation of a new operating platform (ETHOS) for laparoscopic surgery in a training room setting.** A.S. Gözen, O. Plekhanova, A. Jalal, T. Tokas, J. Klein, J. Rassweiler. **Eur Urol Suppl.** 2013; 12(1): e220.
11. **Compurerized transrectal ultrasound targeted biopsies: Preoperative prediction of the radical prostatectomy gleason grade.** T. Loch, A. Loch, B. Grabski, L. Bäurle, U. Paul, T. Tokas. **J. Urol Suppl.** 2014; 191(4): e470-e471.

- 12. Iatrogenic direct rectal injury: An unusual complication during suprapubic cystostomy insertion and its laparoscopic management.** T. Tokas, AS. Gözen, R. Rajmohan, B. Aguilar-Davidov, J. Rassweiler. **J Endourol.** 2013, 27(S1): A173-4.
- 13. Does simultaneous extraperitoneal laparoscopic hernia repair influence morbidity and pain levels after extraperitoneal laparoscopic radical prostatectomy?** AS. Gözen, T. Tokas, G. Atis, M. Hruza, J. Rassweiler. **J Endourol.** 2013, 27(S1): A227.
- 14. Robotically assisted bilateral vasovasostomy, after a successful bilateral vasectomy.** T. Tokas, AS. Gözen, J. Rassweiler. **J Endourol.** 2013, 27(S1): A309.
- 15. Medium term results of mini laparoscopic pyeloplasty using the small incision access retroperitoneoscopic technique in adults.** M. Al Nasser, AS. Gözen, T. Tokas, G. Pini, M. Hruza, J. Rassweiler. **J Endourol.** 2013, 27(S1): A316-7.
- 16. Kallikrein-related peptidase 13 (KLK 13) gene expression in urinary bladder cancer: clinical evaluation and preliminary results (p).** T. Tokas, K. Stravodimos, M. Avgeris, I. Leotsakos, E. Fragkiadis, C. Alamanis, A. Scorilas, C.A. Constantinides. **Eur Urol Suppl.** 2012; 11(4): 161
- 17. Laparoscopic pyeloplasty with flexible nephrolithotripsy (p).** K. Stravodimos, I. Leotsakos, A. Alevizopoulos, T. Tokas, I. Katafygiotis, V. Mygdalis, I. Anastasiou, C.A. Constantinides. **J Endourol.** 2012; 26(S1): A479
- 18. Percutaneous nephrolithotripsy in transplanted kidney (V).** K. Stravodimos, E. Frangiadis, A. Alevizopoulos, T. Tokas, G. Kousournas, V. Mygdalis, C.A. Constantinides. **J Endourol.** 2012; 26(S1): A529
- 19. Molecular markers of bladder wall remodelling in LUTS/BPH patients undergoing surgery (p).** A. Mihalakis, K. Pavlakis, G. Agrogiannis, C.A. Constantinides, T. Tokas, D. Mitropoulos. **Eur Urol Suppl.** 2012; 11(1): e12,e12a

OTHER JOURNALS

1. **Minimally Invasive Percutaneous (MIP) Stone Workshop; ESUT joins comprehensive course in Hall, Tirol, Austria.** T. Tokas, U. Nagele. **Europ Urol Today**. 2015;27(5):38
2. **Early removal of nasogastric tube can be beneficial after radical cystectomy and urinary diversion.** T. Tokas, I. Adamakis, S. Tyritzis, G. Koutalellis, I. Leotsakos, K. Stravodimos, D. Mitropoulos, C. Constantinides. **Hel Urol**. 2011;23(4):308-317
3. **First use of an acellular, human dermis tissue graft for the surgical management of Peyronie's disease.** I. Adamakis, S. I. Tyritzis, K. G. Stravodimos, V. Migdalis, D. Mitropoulos, Ch. Alamanis, T. Tokas, C.A. Constantinides. **Hel Urol**. 2011;23(2):138-147
4. **Comparison of the efficacy of epidural and general anaesthesia in post –operative pain management during transurethral procedures.** K. Stravodimos, S. Tyritzis, A. Alevizopoulos, T. Tokas, I. Leotsakos, G. Koritsiadis, D. Mitropoulos, C.A. Constantinides. **Hel Urol**. 2011;23(2):138-147
5. **Review of the data on acute renal colic and symptomatic urolithiasis.** K. Stravodimos, T. Tokas. **Archives of Hellenic Medicine**. 2011, 28(2):166-174
6. **Transperitoneal approach with right subcostal incision in patients with large tumours of the right kidney.** T. Tokas, I. Anastasiou, E. Felekouras, G. Koutalellis, D. Mitropoulos, C.A. Constantinides. **Hel Urol**. 2011;23(1):48-55
7. **Transperitoneal laparoscopic repair of pelvi-ureteric junction obstruction: initial experience in 6 cases.** K. Stravodimos, G. Koutalellis, T. Tokas, G. Koritsiadis, A. Giannopoulou, I. Anastasiou, C.A. Constantinides. **Hel J Surg**. 2008;80(6):365-371
8. **Laparoscopic pyeloplasty: initial experience and results.** K. Stravodimos, I. Anastasiou, A. Michalakis, T. Tokas, I. Adamakis, C.A. Constantinides. **Hel Urol**. 2008;20(1):50-55

CHAPTERS IN BOOKS

1. Participation in the Greek translation of ‘Current’ (Urology- Chapter 23).

Parisianos Publications, Athens, 2006

2. Laparoscopy versus Robotics: Ergonomics – does it matter? Theodoros Tokas, Ali

Serdar Gözen, Jan Klein, Alexandra Tschada, Thomas Frede, Dogu Teber, Jens

Rassweiler. **Robotics in genitourinary surgery**, 2nd edition. Editors: Ashok Hemal,

Mani Menon. Springer.

ACHIEVEMENTS

- **02-14: EUSP scholar (from the European Association of Urology).** After successfully presenting a project named **“Improving vision, surgeon’s posture, and instrumentation in Laparoscopy can create an optimal ergonomic environment, with comparable results and lower costs, in comparison to robotic surgery”** during the annual EUSP meeting in Moerwijk, Netherlands, I was granted the Annual Clinical EUSP Scholarship. The project will be accomplished during the year 2015 in Heilbronn, Germany under the guidance of professor Rassweiler.
- **07-13: Consultant in Urology / Facharzt für Urologie.** Bad Segeberg, Germany
- **06-13: I received the 1st award** for poster presentation named **“Computer-assisted analysis of transrectal ultrasound (C-TRUS/ANNA) guided biopsies of the prostate: evolution from stand-alone device to an online-function module in a real-time biopsy setting”**. 15th GDGU Symposium of the Greek – German Urological Club. Thessaloniki.
- **05-13: Workpermit in Germany / Approbation als Arzt.** Kiel, Germany
- **12-12: University Diploma** (Strasbourg France). Received after completing the intensive Laparoscopic Training Course and a successful Proficiency test
- **04-12: Scholarship of the Endourology, Laparoscopic Urology, and Uro-Technology Section of the Hellenic Urological Association.** After a written test competition, I was granted a prize for participating in the 5-day intensive laparoscopic training course organised by the IRCAD/EITS Institute in Strasbourg, France.
- **10-10: I received the 3rd award** for poster presentation named **“Comparison of the efficacy of epidural and general anaesthesia in post –operative pain management**

during transurethral procedures. 20th Annual Congress of the Hellenic Association of Urology. Limassol.

INTERESTS/ SKILLS

- Classic Authors, History.
- Football, Volleyball.
- Languages: Greek (mother language), English (proficiency level, graduated from the American College of Greece), German (B2 Zertifikat Goethe) and Hungarian (studied medicine in Hungary).
- Computers (Windows, Word, Excel, PowerPoint, Internet).
- Music (4 years of classic guitar lessons).

CAREER INTENTIONS

I envisage continuing my career as Consultant in Urology. Fields that particularly interest me are: Minimally Invasive, Endourological and Laparoscopic – Robotic Assisted Operative Techniques, innovative techniques in prostate biopsy, as well as Uro-Oncology. I would like to combine solid clinical work and innovative research in a busy department, with academic presence.