

BRIEF CURRICULUM VITAE

- I was born on December 19, 1960, in Heraklion, Crete.
- I graduated in 1978 from the First High School of Heraklion, and in October 1985, I obtained my medical degree from the Medical School of the University of Athens.
- I fulfilled my military obligations serving as a medical officer in the Greek Army from February 1986 to July 1987.
- I served as a rural doctor for 22 months from November 16, 1987, to September 15, 1989.
- From October 1989 to October 1990, I trained in Internal Medicine at the Internal Medicine Clinic of the University General Hospital of Heraklion.

I trained for six months at the Cardiology Clinic of Chelsea and Westminster Hospital in London, where I completed my training on October 23, 1993.

- Clinical Fellow at the Cardiology Clinic of the University General Hospital of Heraklion: October 1993, to March 1996
- Consultant at the University Cardiology Clinic of the University Hospital of Heraklion: From March 1996 to February 2014
- Assistant Professor of Cardiology, University of Crete, School of Medicine: 2014 - 2018
- Associate Professor of Cardiology at the Cardiology Clinic of the University General Hospital of Heraklion: 2018 to present
- Professor of Cardiology, University of Crete, School of Medicine: 2018-today

During this period, I have been involved in the clinical, research, and teaching activities of the Department. From 1996 to 2022, I was responsible for the Intensive Care Unit for cardiac patients, and since 2010, I have been the head of the Electrophysiology/Pacing Laboratory. Moreover, since 2022, I am responsible for the Cardiology Clinic. Since 1994, I have performed the implantation of a large number of pacemakers of all types as well as pioneering procedures (for the first time in Greece), such as biventricular pacing and leadless pacemaker implantation. Since September 2024, I am Director of the Cardiology Clinic at the University Hospital of Heraklion.

Simultaneously, under the guidance of Professor P. Vardas, I completed my doctoral dissertation on the significance of atrioventricular delay in the hemodynamic outcome of atrioventricular pacing, which was accepted with distinction by the University of Crete on January 16, 2001.

I have had the opportunity to engage in clinical studies and pioneering methods such as compensatory electrocardiography, heart rate variability, prolonged ambulatory electrocardiography, and conductivity-pressure catheters for evaluating cardiac contraction mechanics. In all cases, my main research focus has been cardiac arrhythmias and cardiac pacing. During my time at the Cardiology Clinic of the University Hospital of Heraklion, this research effort resulted in several original publications in leading international cardiology journals (Eur Heart J, JACC, Circulation, New Engl J Med, etc.) (h-factor 26, citations 2954).

My participation in the education of students and doctors has been continuous since 1990. I have participated as an invited speaker or chair at numerous scientific events in Greece and

abroad. In February 2012, I was elected President of the Hellenic Electrophysiology and Pacing Working Group, while from 2000 to 2006 I was a member of the European committee for the evaluation of electrophysiology and pacing.

My latest conference participations include chairing the EHRA Pan-European Congress in Vienna (March 30 - April 1, 2025) and as a panelist at CardioAthena 2025.

Recent publications include:

- "Deterioration of Myocardial Global Longitudinal Strain and Its Relationship with Arterial Stiffness in Patients with Cardiac Amyloidosis: A Six-Month Follow-Up." *J Clin Med*. 2025 Mar 18;14(6):2078.
- "Anticoagulation in device-detected atrial fibrillation with or without vascular disease: a combined analysis of the NOAH-AFNET 6 and ARTESiA trials." *Eur Heart J*. 2024 Dec 7;45(46):4902-4916.
- "Anticoagulation in Patients With Device-Detected Atrial Fibrillation With and Without a Prior Stroke or Transient Ischemic Attack: The NOAH-AFNET 6 Trial." *J Am Heart Assoc*. 2024 Sep 3;13(17):e036429.
- "Cardiac Remodeling and Ventricular Pacing: From Genes to Mechanics." *Genes (Basel)*. 2024 May 23;15(6):671.
- "Oral anticoagulation in device-detected atrial fibrillation: effects of age, sex, cardiovascular comorbidities, and kidney function on outcomes in the NOAH-AFNET 6 trial." *Eur Heart J*. 2024 May 21;45(19):1733-1737.
- "Anticoagulation with edoxaban in patients with long atrial high-rate episodes ≥ 24 h." *Eur Heart J*. 2024 Mar 7;45(10):837-849.
- "Anticoagulation with Edoxaban in Patients with Atrial High-Rate Episodes." *N Engl J Med*. 2023 Sep 28;389(13):1167-1179.