

Iraklis Perysinakis, MD PhD FEBS FACS

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D.O.B: 09.10.1983

Nationality: Greek

GMC reference No.: 7560719

Heraklion Medical Association No.: 5711



Memberships

1. Hellenic Surgical Society
2. Hellenic Society of Endoscopic Surgery
3. General Medical Council (Fully registered medical practitioner with specialist registration with a license to practice)
4. Fellow of the European Board of Surgery - General Surgery (09/2017)
5. Associate Fellow member of the American College of Surgeons, ID number: 03321953 (07/2018)
6. Heraklion Medical Association, ID number: 5711
7. Hellenic Bariatric Surgery Society
8. European Association of Endoscopic Surgery, ID=10.748
9. European Society of Coloproctology

Current employment

08.09.2026 - today	Assistant Professor of General Surgery-Surgical Oncology, Medical School of Crete
1.4.2025-1.4.2026	Senior Clinical Fellow in Colorectal Surgery, St Thomas' Hospital, London, United Kingdom
29.11.2022 – 07.09.2026	Consultant Surgeon, Department of Surgical Oncology, University Hospital of Heraklion, Crete, Greece Clinical supervisor: Prof. Eelco De Bree

Duties & Responsibilities:

- To perform elective and emergent procedures
- To take care of patients in the pre- and postoperative

setting

- Work at the ED and the outpatients' clinic
- To offer professional supervision, training and appraisal of surgical residents
- To provide, as appropriate, consultation in the area of designated expertise in respect of patients of other consultants at their request
- Responsible for communicating and discussing the results, diagnoses and patients' management strategies with other physicians in the context of MDTs
- To teach medical students

Previous employment

01.06.2021 – 28.11.2022	Consultant Surgeon, Department of Surgery, General Hospital of Sitia, Crete, Greece Clinical supervisor: Vardas Konstantinos MD PhD
06.03.2019 – 31.05.2021	Locum Consultant, Department of Surgery, General Hospital of Rethymno, Crete, Greece Clinical supervisor: Stamatakis Georgios MD
01.07.2016 – 28.02.2019	Attending Surgeon, Third Surgical Department, Hygeia Hospital, Athens, Greece Clinical supervisor: Pappis Harilaos, MD, PhD, FACS
21.06.2016 - 30.06.2016	Surgeon, Hygeia Hospital, Athens, Greece
31.10.2015 - 14.06.2016	Extension of service as Surgical resident, 3 rd Surgical Department, "G. Gennimatas" General Hospital, Athens, Greece Clinical/Educational supervisor: Iraklis Tsipras, MD, PhD
30.04.2010 - 30.10.2015	Surgical Residency Training Program, 3 rd Surgical Department, "G. Gennimatas" General Hospital, Athens, Greece Clinical/Educational supervisor: Iraklis Tsipras, MD, PhD
22.04.2008 - 24.04.2009	Rural Service Doctor, Amfissa General Hospital, Fokida, Greece.
11.2007 - 11.2008	Military service as non-specialized physician Primary healthcare of 543 M/K TE military base, Kos, Greece and 5 th TY, Chania, Crete, Greece.

Education

26-27.09.2017	Successful completion of the UEMS EBSQ General Surgery Examination – Qualification as Fellow of the European Board of Surgery - General Surgery
12.12.2012 – 16.06.2016	PhD Surgical Science , National and Kapodistrian University of Athens, School of Health Sciences, Faculty of Medicine, Second Department of Propaedeutic Surgery, “Laiko” Hospital Thesis: “Ampullary adenocarcinoma classification: a contribution” Academic supervisor: Prof. Gregory Kouraklis
03.02.2016	Successful completion of the General Surgery Qualifying Examination
08.10.2001 – 27.07.2007	Medical Degree , National and Kapodistrian University of Athens, School of Health Sciences, Faculty of Medicine (General degree: 8.84 / 10)
1998 - 2001	High-School Diploma , 4 th High School, Heraklion, Crete, Greece (General degree: 19.7 / 20)

Awards

1996-1997 (school year)	Panhellenic competition in Mathematics, Greek Mathematical Society “Thalis”
1999-2000 (school year)	Panhellenic competition in Mathematics, Greek Mathematical Society “Thalis”
01.09.2003 – 30.06.2007	National and Kapodistrian University of Athens Scholarship (“Antonios Papadakis bequest”) [No 750/25.11.2005]
01.01.2013-30.08.2016	IKY/State scholarships foundation fellowships of excellence for postgraduate studies in Greece – Siemens program” (No. SPHA 11136/13a)
06.2023	EAES Fellowship 2023-2024 grant for training at at the Fondazione IRCCS Ca’ Granda Ospedale Maggiore Policlinico – University of Milan, Italy

Publications in peer reviewed journals

1. A.V.Kyriakidis, I.Perysinakis, I.Alexandris, K.Athanasiou, Ch.Papadopoulos, I.Mpesikos. Parecoxib sodium in the treatment of postoperative pain after Lichtenstein tension-free mesh inguinal hernia repair. *Hernia* 2010 Feb;15(1):59-64.
2. A. V. Kyriakidis, P. Karydakis, G. Svoronos, I. Perysinakis, K. Athanasiou, Ch. Christakis. A 68-year Old Patient with Cholelithiasic Pancreatitis and three Anatomic Anomalies of the Pancreaticobiliary System. *Hellenic Journal of Surgery* 2010; 82: 1.
3. A.V.Kyriakidis, G.Karamalis, I.Perysinakis, I.Mpesikos, I.Vezyrgiannis, G.Androutsopoulos, N.Kazanas. Massive intestinal prolapse through vagina (Enterocoele). *Hellenic Journal of Surgery* 2010; 82:2, 269-273.
4. A.V.Kyriakidis, I.Alexandris, E.Papoulia, K.Athanasiou, I.Perysinakis, M.Pyrgioti, D.Mpourganos. C-reactive protein: diagnostic aid in right lower quadrant abdominal pain. *Ann Gastro* 2010, 23(4):307-310.
5. A.V.Kyriakidis, S.Papanikolaou, I.Perysinakis, I.Vezyrgiannis, L.Xantzis, Ch.Papadopoulos, Ath.Zaharopoulos, G.Xenos. Intraabdominal injuries caused by migration of guide wire after intramedullary osteosynthesis in intertrochanteric hip fracture. *Hellenic Journal of Surgery* 2010; 82: 6, 397-400.
6. D.Georgiadou, I.Perysinakis, J.Spyridakis, D.Vaidakis, S.Avlonitis, A.Katopodi, G.N.Zografos. Intraoperative neuromonitoring of the recurrent laryngeal nerve: Initial experience. *Hellenic Journal of Surgery* 2011; 83:3.
7. Perysinakis I, Nixon A, Katopodi A, Tzirakis E, Georgiadou D, Avlonitis S, Margaritis I. Long term survival after right hemicolectomy and pancreatoduodenectomy for locally advanced colonic cancer: case report. *IJSCR* 2 (2011) 206– 207.
8. G.N.Zografos, N.Kopanakis, G.Vasiliades, H.Perysinakis, D.Vaidakis, S.Avlonitis, I. Margaritis, I.Tsipras. Pancreatic Fistula Following Distal Pancreatectomy: How to Prevent. *Hellenic Journal of Surgery* 2012; 84: 6.
9. Perysinakis I, Katopodi A, Avlonitis S, Georgiadou D, Choreftaki T, Christopoulos G, Margaritis I. Metastatic leiomyosarcoma of the intrapancreatic bile duct. *J Korean Surg Soc.* 2013 Jan; 84(1):66-69.
10. Perysinakis I, Marakaki C, Avlonitis S, Katseli A, Vassilatou E, Papanastasiou L, Piaditis G, Zografos GN. Laparoscopic adrenalectomy in patients with subclinical Cushing syndrome. *SurgEndosc.* 2013 Jun;27(6):2145-8. [IF=3.209]

11. P.Karydakis, A.V.Kyriakidis, G.Svoronos, I.Perysinakis, A.Mystakidis, N.Oiconomou, A.Fotopoulos, A.Roumeliotis, Ch.Christakis. Is low-anterior resection for rectal cancer equally efficient in the hands of non-expertised surgeons? *Hellenic Journal of Surgery* (2014) 86:1, 10-18.
12. Perysinakis I, Margaris I, Kouraklis G. Ampullary cancer - a separate clinical entity? *Histopathology* (2014); 64, 759-768. [IF=3.294]
13. Iraklis Perysinakis, Alexander Nixon, Ioannis Spyridakis, George Kakiopoulos, Charalampos Zorzos, Ilias Margaris. Primary intrahepatic malignant epithelioid mesothelioma. *Int J Surg Case Rep.* 2014; 5(12): 1098–1101.
14. G.N.Zografos, I.Perysinakis, E.Vassilatou. Subclinical Cushing’s syndrome: Current concepts and trends. *Hormones* (2014), 13(3):1-15.
15. G.N.Zografos, I.Perysinakis, E.Kyrodinou, E.Kassi, G.Kaltsas. Surgical treatment of potentially primary malignant adrenal tumors: an unresolved issue. *Hormones* (2015), 14(1):47-58
16. Iraklis Perysinakis, Spyridon Avlonitis, Despoina Georgiadou, Hercules Tsipras, Ilias Margaris. Five-year actual survival after pancreatoduodenectomy for pancreatic head cancer. *ANZ J Surg.* 2015 Mar; 85(3):183-6.
17. P. Karydakis, D. Semenov, A.Kyriakidis, Z. Osmanov, I.Perysinakis, E. Did-Zurabova, Y. Chekmasov, L. Karydakis, V. Kyriakidis. Laparoscopic management of perforated peptic ulcer: simple closure or something more? *Open Journal of Gastroenterology*, 2016, 6, 149-156.
18. Perysinakis I, Aggeli C, Kaltsas G, Zografos GN. Neoadjuvant therapy for advanced pancreatic neuroendocrine tumors: an emerging treatment modality? *Hormones (Athens)*. 2016 Jan;15(1):15-2
19. Iraklis Perysinakis, Emilia Minaidou, Vasileia Leontara, Dimitrios Mantas, Georgios C.Sotiropoulos, Hercules Tsipras, George N.Zografos, Ilias Margaris, Gregory Kouraklis. Differential expression of β -catenin, EGFR, CK7, CK20, MUC1, MUC2 and CDX2 in intestinal and pancreatobiliary type ampullary carcinomas. *Int J Surg Pathol.* 2016 Aug; 25(1):31-40
20. Iraklis Perysinakis, Emilia Minaidou, Dimitrios Mantas, Georgios C.Sotiropoulos, Vasileia Leontara, Hercules Tsipras, George N.Zografos, Ilias Margaris, Gregory Kouraklis. Differentiation and prognostic markers in ampullary cancer: Role of p53, MDM2, CDX2, mucins a

nd cytokeratins. *Pathol Res Pract*. 2016 Nov; 212(11):1039-1047. doi: 10.1016/j.prp.2016.09.004. Epub 2016 Sep 22.

21. M.Devetzi, V.Kosmidou, M.Vlassi, I. Perysinakis, C. Aggeli, T.Choreftaki, G.N.Zografos, A.Pintzas. Death receptor 5 (DR5) and a 5-gene apoptotic biomarker panel with significant differential diagnostic potential in colorectal cancer. *Scientific Reports*. 2016 Nov 9;6:36532. DOI: 10.1038/srep36532.[IF=4.525]
22. Kalliakmanis V, Perysinakis I, Koutsouvas K, Karras P, Margaris E, and Angelakis C. Massive intussusception caused by a solitary Peutz–Jeghers type hamartomatous polyp. *The Annals of The Royal College of Surgeons of England* 2018 100:4, e91-e93.
23. Kalliakmanis V, Koutsouvas K, Perysinakis I, Drakos-Galanis T, Margaris E. Gastric outlet obstruction by a large gallstone (Bouveret’s syndrome). *Hellenic Journal of Surgery* (2018) 90:3, 139-143
24. Chondros K, Perysinakis I, Kountourakis E, Chondros N. Which needle in which trocar? A mathematical-theoretical approach. *Hellenic Journal of Surgery* (2019) 91:3, 125-128
25. Perysinakis I, Pappis H, Kotsakou D. Cystic Duct Duplication: Report of a Case and Short Review of the Literature. *Hellenic Journal of Surgery* (2019) 91:4, 165-168
26. Perysinakis I, Pappis H, Margaris E. Current Controversies in Metabolic Surgery for Nonalcoholic Fatty Liver Disease. *OBES SURG* 29, 1058–1067 (2019). [IF=3.895]
27. Perysinakis, I. & Pappis, H.C. Burkitt Lymphoma of the Appendix with an Insidious Clinical Picture. *Indian J Surg* 81, 394–396 (2019).
28. Perysinakis I, Siligardou M, Savvides M, Papageorgiou K, Anyfantakis I, Vrentzou M, Papadaki P, Kalomenopoulou M, Stamatakis G. Hemocholecyst: Is surgery required? *Indian J Surg*, <https://doi.org/10.1007/s12262-020-02227-6>
29. Perysinakis, I., Aggeli, C., Kaltsas, G. et al. Adrenal-sparing surgery: current concepts on a theme from the past. *Hormones* (2020)19:317–327. <https://doi.org/10.1007/s42000-020-00202->
30. Iraklis Perysinakis, Anastasia Spartinou, Savvides Maria, Mikela-Rafaella Siligardou, Lysandros Karydakakis, Vladimiro Kyriakidis, Vasileios Panaritis, Alexandros Kyriakidis. Is There a Role for Color Doppler Ultrasonography in Acute Cholecystitis? *Acta Medica Academica* 2020;49(1):44-50

31. Perysinakis I, Spartinou A, Siligardou MR, Savvides M, Lianeris G, Stamatakis G. Pattern of road traffic injuries in the Rethymnon region, Crete, Greece: a secondary hospital-based study. *Rural Remote Health*. 2021 Aug;21(3):6529. doi: 10.22605/RRH6529. Epub 2021 Aug 2. PMID: 34339607.
32. Vassalou EE, Vardas K, Dimitriadis E, Perysinakis I. The Role of Imaging in the Pre- and Postoperative Evaluation of Inguinal Hernia. *J Ultrasound Med*. 2023 Oct;42(10):2425-2438. doi: 10.1002/jum.16241
33. Perysinakis I, Klontzas ME, Psaroudakis IG, Karantanas AH, de Bree E, Vassalou EE. Performance of Ultrasonography in the Diagnosis of Acute Colonic Diverticulitis. *J Ultrasound Med* 2024; 43:45–56. doi: 10.1002/jum.16333
34. Iraklis Perysinakis, Evangelia E. Vassalou. Non-traumatic lower abdominal pain: ultrasonographic and clinical differential diagnosis. *Ultrasonography* 2024;43:151-168
35. Iraklis Perysinakis, Kallirroï Spanou, Dimitrios Tamiolakis, Penelope Korkolopoulou, Georgios Stamatakis. Bowel Perforation and Peritonitis Caused by a Jejunal Leiomyoma. *Hell J Surg*. 2023 Oct-Dec;93(2):94–96
36. Perysinakis I, Vassalou EE, Saridakis G, Triantafyllou M, Christodoulou V, Triantafylla P, Papadaki E, De Bree E. Postoperative Bowel Obstruction as a Rare Complication of an Abdominal Drain. *Ann Ital Chir*. 2024;95(2):132-135
37. Perysinakis I, Saridakis G, Giannarakis M, et al. (April 24, 2024) Cocaine-Induced Chronic Bowel Ischemia Manifesting As Small Bowel Obstruction. *Cureus* 16(4): e58964. doi:10.7759/cureus.58964
38. Vassalou EE, Perysinakis I, Klontzas ME, de Bree E, Karantanas AH. Performance of thoracic ultrasonography compared with chest radiography for the detection of rib fractures using computed tomography as a reference standard. *Skeletal Radiol*. 2024 Mar 19. doi: 10.1007/s00256-024-04658-8. Epub ahead of print. PMID: 38499892.
39. Vassalou, E.E., Perysinakis, I., Michelakis, D., Karantanas, A., de Bree, E.. Multidetector CT of the postoperative sigmoid colon and rectum: Imaging of common complications. *Egypt J Radiol Nucl Med* 55, 217 (2024).
40. Evangelia E. Vassalou, Iraklis Perysinakis, Eelco de Bree, Maria Raissaki. Thoracic Ultrasound in Pediatric Chest Trauma. Beyond the Basics. *J Ultrasound Med* 2025; 9999:1–17
41. Perysinakis I, Karona P, Christodoulou V, et al. (May 11, 2025) Prophylactic Pelvic Drainage

of Extraperitoneal Rectal Anastomoses: A Friend or a Foe?. Cureus 17(5): e83905. doi:10.7759/cureus.83905

Citation Index: 440

Presentations in International Conferences

1. I. Perysinakis, E. E. Vassalou, D. Solanki, A. Hainsworth, A. Schizas, L. Ferrari. Three-dimensional endoanal ultrasonography in the assessment of perianal fistula: technique, anatomy and imaging classification. European Congress of Radiology (ECR), Vienna, March 4-8 2026
2. A.V.Kyriakidis, I.Alexandris, K.Athanasiou, I.Bezyrgiannis, L.Xatzis, E.Kallitsounaki, I.Perysinakis, R.Mpiskitzis, L.Raffo. Conservative treatment of blunt abdominal injuries in the district hospital. 11th European Congress of Trauma and Emergency Surgery, Brussels, Belgium, 2010.
3. A.V.Kyriakidis, I.Alexandris, K.Athanasiou, I.Perysinakis, E.Kallitsounaki, C.Theofanakis, L.Raffo, E.Katopodi. Management of blunt abdominal injuries in the district hospital. 12th European Congress of Trauma and Emergency Surgery, Milan, Italy, 2011.
4. G.N.Zografos, D.Georgiadou, D.Vaidakis, S.Avlonitis, J.Spyridakis, G.Christopoulos, I.Perysinakis, A.Katseli, G.Papageorgiou. Open and laparoscopic surgery in malignant adrenal tumors. ESES Workshop. Lyon, France, 2011.
5. A.V.Kyriakidis, I.Alexandris, K.Athanasiou, Ch.Theofanakis, I.Perysinakis, A.Bina, Ch.Papadopoulos, I.Mpesikos. Outcomes of acute and elective surgery in elderly patients (over 80 years old). 15th Annual Meeting of European Society of Surgery. Krakow, Poland, 2011.
6. A.V.Kyriakidis, I.Alexandris, K.Athanasiou, I.Perysinakis, G.Katsagounos, E.Panagiotidi, C.Papadopoulos, I.Mpesikos, I.Tsagaris. Outcomes of emergency surgery in elderly patients (over 90 years). 13th European Congress of Trauma and Emergency Surgery, Basel, Switzerland, 2012.
7. G.N.Zografos, I.Perysinakis, I.Spyridakis, A.Nixon, A.Diamantopoulos, Gr.Kaltsas, G.Piaditis. Laparoscopic surgery for malignant and potentially malignant adrenal tumors. 12th Meeting of the European Network for the Study of Adrenal Tumors. Budapest, 2013.
8. I.Perysinakis, E.Minaidou, V.Leontara, E.Papaliodi-Peroulaki, H.Tsipras, I.Margaris, G.Kouraklis. Clinical and pathologic features of 45 ampullary adenocarcinomas. 26^o European Congress of Pathology. London, United Kingdom, 2014.

9. I.Perysinakis, V.Leontara, E.Minaidou, E.Papalioti-Peroulaki, H.Tsipras, I.Margaris, G.Kouraklis. Immunohistochemical pattern in ampullary cancer. 26^o European Congress of Pathology. London, United Kingdom, 2014.
10. I.Spyridakis, I.Perysinakis, D.Georgiadou, A.Nixon, C.Meidanis, A.Athanasiou, G.N.Zografos. Laparoscopic surgery for Conn's syndrome. Biennial Scientific Meeting, European Society of Endocrine Surgeons. Cardiff, UK, 2014.
11. I.Perysinakis, Vasileia Leontara, Emilia Minaidou, Efthymia Tsiliaka, Theodosia Choreftaki, George N.Zografos, Gregory Kouraklis. Differentiation markers in ampullary adenocarcinomas: role of EGFR and β -catenin in predicting histological subtype and biological behavior. 27^o European Congress of Pathology. Belgrade, Serbia, 2015.
12. I.Perysinakis, Vasileia Leontara, Emilia Minaidou, Christos Karampogias, Theodosia Choreftaki, George N.Zografos, Gregory Kouraklis. MDM2 and p53 expression in ampullary adenocarcinomas. 27^o European Congress of Pathology. Belgrade, Serbia, 2015.
13. I. Perysinakis, A. Tampakis, E.C. Tampaki, E. Minaidou, D. Mantas, G. Sotiropoulos, H. Tsipras, I. Margaris, G.N. Zografos, G. Kouraklis. Differentiation and prognostic markers in ampullary cancer: Role of p53, MDM2, keratins, mucins and CDX2. 3rd Gastrointestinal Cancer Conference-Focus on pancreatic and biliary Cancer. St. Gallen, 2016.
14. I. Perysinakis, A. Tampakis, E.C. Tampaki, E. Minaidou, D. Mantas, G. Sotiropoulos, H. Tsipras, I. Margaris, G.N. Zografos, G. Kouraklis. Role of EGFR, β -catenin, CDX2, keratins and mucins in predicting histotype and prognosis of ampullary cancer. 3rd Gastrointestinal Cancer Conference-Focus on pancreatic and biliary Cancer. St. Gallen, 2016.
15. C.Aggeli, A.M.Nixon, I.Perysinakis, A.Diamantopoulos, A.Koronaivos, I.Spyridakis, G.N.Zografos. Laparoscopic and open surgery for adrenal tumors: results from 450 procedures performed in a single institution. 24th International Congress of the European Association for Endoscopic Surgery (E.A.E.S.) Amsterdam / The Netherlands, 15 - 18 June 2016
16. A.M.Nixon, I.Perysinakis, S.Tsallas, C.Aggeli, I.Tsipras. Bilateral adrenal hemorrhage after laparoscopic cholecystectomy. 24th International Congress of the European Association for Endoscopic Surgery (E.A.E.S.) Amsterdam / The Netherlands, 15 - 18 June 2016.
17. H.Pappis, I.Perysinakis, D.Kotsakou, A.Katsarou. Self-efficacy in weight management, patient satisfaction and life-style habits after standard gastric bypass. 8th Congress of the International Federation of Obesity and Metabolic Disorders – European Chapter, Athens / Greece, 19-19 May 2018.

18. H.Pappis, I.Perysinakis, D.Kotsakou, A.Katsarou. Long term results after standard gastric bypass regarding nutritional status. 8th Congress of the International Federation of Obesity and Metabolic Disorders – European Chapter, Athens / Greece, 19-19 May 2018.
19. Harilaos Pappis, Iraklis Perysinakis. The role of metabolic surgery in nonalcoholic fatty liver disease treatment. 2nd IFSO-EC Symposium, Lyon / France, 2-4 May 2019
20. Siligardou Mikela-Rafaella, Savvides Maria, Spartinou Anastasia, Stamatakis Georgios, Perysinakis Iraklis. A retrospective epidemiological observational study of road traffic accidents in the Rethymnon region: lessons learned from 1380 consecutive cases. 3rd South East European Emergency and Disaster Medicine Congress / 5th Panhellenic Congress on Emergency Medicine, Thessaloniki, 2-5 June 2022

Presentations in National Conferences

1. Kyriakidis A, Alexandris I, Athanasiou K, Vezyrgiannis I, Pagoulatos E, Chantzis L, Kazaki M, Perysinakis I, Aggelidis G. Laparoscopic treatment of biliary diseases in the District Hospital, 7th Scientific Meeting on Advanced Laparoscopic Surgery, Ioannina, Greece, 2009
2. I.Perysinakis, D.Georgiadou, H.Tsipras, G.N.Zografos, E.Tzirakis, A.Katopodi, G.Christopoulos, I.Margaris. Right iliac fossa pain: can clinical assesement be substituted for modern diagnostic facilities? 27th Panhellenic Congress of Surgery – International Surgical Forum, Athens, Greece, 2010
3. Alexandris I, Kyriakidis A, Athanasiou K, Perysinakis I. Changes in complications of laparoscopic cholecystectomy in the District Hospital during a decade. 27th Panhellenic Congress of Surgery – International Surgical Forum, Athens, Greece, 2010
4. Kyriakidis A, Alexandris I, Perysinakis I, Athanasiou K. Concurrent Lichtenstein tension free bilateral inguinal hernia repair. 27th Panhellenic Congress of Surgery – International Surgical Forum, Athens, Greece, 2010
5. Karydakos P, Kyriakidis A, Svoronos G, Roumeliotis A, Perysinakis I, Oikonomoy N, Petrou K. Local recurrence following potentially curative anterior resection for rectal cancer. 27th Panhellenic Congress of Surgery – International Surgical Forum, Athens, Greece, 2010

6. Kyriakidis A, Perysinakis I, Alexandris I, Athanasiou K. Efficacy of three NSAIDs in the management of postoperative pain after Lichtenstein inguinal hernia repair. 27th Panhellenic Congress of Surgery – International Surgical Forum, Athens, Greece, 2010
7. Avlonitis S, Katopodi A, Tzirakis E, Patestos K, Perysinakis I, Laios I, Georgiadou D, Margaritis I. The role of mechanical bowel preparation in elective colectomy today. 27th Panhellenic Congress of Surgery – International Surgical Forum, Athens, Greece, 2010
8. Georgiadou D, Zografos GN, Vaidakis D, Avlonitis S, Patestos K, Spyridakis I, Christopoulos G, Perysinakis I, Tsiaras H. Implications of modern technology in surgery of the neck: our experience. 27th Panhellenic Congress of Surgery – International Surgical Forum, Athens, Greece, 2010
9. Georgiadou D, Spyridakis I, Patestos K, Christopoulos G, Laios I, Perysinakis I, Zografos GN, Margaritis I, Tsiaras H. Inguinal hernia repair under local anesthesia in a day surgery setting. 27th Panhellenic Congress of Surgery – International Surgical Forum, Athens, Greece, 2010
10. Georgiadou D, Avlonitis S, Tsiaras H, Zografos GN, Tzirakis E, Katopodi A, Perysinakis I, Margaritis I. Elective and emergency spleen surgery: our experience during the last decade. 27th Panhellenic Congress of Surgery – International Surgical Forum, Athens, Greece, 2010
11. Kyriakidis A, Alexandris I, Athanasiou K, Perysinakis I, Kallitsounaki E, Theofanakis C, Korda P, Mitsakis G. Artificial nutrition in surgical patients in the District Hospital. 14th Panhellenic Congress of Artificial Nutrition, Alexandroupoli, Greece, 2010.
12. Perysinakis I, Georgiadou D, Katopodi A, Avlonitis S, Tzirakis E, Laios I, Margaritis I. Laparoscopic anterior resection for cancer of the rectum-rectosigmoid: our experience. 10th Panhellenic Congress of Laparoendoscopic Surgery, Athens Greece, 2011
13. Zografos GN, Vaidakis D, Georgiadou D, Katseli A, Avlonitis S, Spyridakis I, Perysinakis I, Meidanis C, Tsiaras H. *Conversion in laparoscopic surgery for benign and malignant adrenal tumors*. 10th Panhellenic Congress of Laparoendoscopic Surgery, Athens Greece, 2011
14. Christopoulos G, Perysinakis I, Georgiadou D, Katopodi A, Avlonitis S, Tzirakis E, Margaritis I. The role of Diagnostic Peritoneal Lavage in the Emergency Department: our experience. 37th Annual Panhellenic Medical Congress, Athens, Greece, 2011

15. Avlonitis S, Georgiadou D, Katopodi A, Perysinakis I, Spyridakis I, Zografos GN, Tsipras H. Epidermoid splenic cyst: case report. 37th Annual Panhellenic Medical Congress, Athens, Greece, 2011
16. Avlonitis S, Georgiadou D, Christopoulos G, Katopodi A, Perysinakis I, Tzirakis E, Margaris I. Synchronous primary colonic cancer and gallbladder cancerQ case report. 37th Annual Panhellenic Medical Congress, Athens, Greece, 2011
17. Kyriakidis A, Alexandris I, Athanasiou K, Perysinakis I, Theofanakis C, Makris K, Mpina A, Katsagounos G, Panagiotidi E. *Changes in complications of laparoscopic cholecystectomy in the District Hospital of Fokida*. 8th Scientific Meeting on Advanced Laparoscopic Surgery, Ioannina, Greece, 2011
18. Kyriakidis A, Alexandris I, Karamalis G, Athanasiou K, Perysinakis I, Androutsopoulos G, Theofanakis C, Tsagaris H, Mpesikos G, Papadopoulos C. *Laparoendoscopic surgery in the District Hospital of Fokida*. 8th Scientific Meeting on Advanced Laparoscopic Surgery, Ioannina, Greece, 2011
19. Georgiadou D, Perysinakis I, Vaidakis D, Christopoulos G, Meidanis C, Katseli A, Avlonitis S, Aggeli C, Zografos GN. *Primary and metastatic adrenal tumors: laparoscopic treatment*. 10th Greek-Cyprus Congress of Surgery, Lefkosia, Cyprus, 2011
20. Perysinakis I, Georgiadou D, Spyridakis I, Laios I, Avlonitis S, Vasiliadis G, Aggeli C, KatseliA, Zografos GN. *Laparoscopic adrenalectomy for Subclinical Cushing's syndrome*. 12th Panhellenic Congress of Endocrine Surgery, Athens, Greece, 2011
21. Avlonitis S, Katseli A, Spyridakis I, Georgiadou D, Perysinakis I, Kopanakis N, Meidanis C, Athanasiou A, Zografos GN. Laparoscopic adrenalectomy for primary hyperaldosteronism in a 14 year old patient. 12th Panhellenic Congress of Endocrine Surgery, Athens, Greece, 2011
22. Georgiadou D, Perysinakis I, Laios I, Meidanis C, Nixon A, Athanasiou A, Markou A, Zografos GN. Phosphaturic tumor of the thigh mimicking primary hyperparathyroidism. 12th Panhellenic Congress of Endocrine Surgery, Athens, Greece, 2011
23. Zografos GN, Perysinakis I, Vaidakis D, Georgiadou D, Christopoulos G, Meidanis C, Katseli A, Avlonitis S, Aggeli C, Tsipras H. Open and laparoscopic treatment of malignant adrenal tumors. 12th Panhellenic Congress of Endocrine Surgery, Athens, Greece, 2011

24. Zografos GN, Perysinakis I, Athanasiou A, Meidanis C, Nixon A, Koronaios A, Avlonitis S, Aggeli C, Tsipras H. Laparoscopic surgery for adrenal adenomas with subclinical hormonal activity. Annual Meeting of Hellenic Society for Endocrine Surgery, Kalavryta, Greece, 2012
25. Spyridakis I, Georgiadou D, Laios I, Perysinakis I, Christopoulos G, Tsallas S, Avlonitis S, Zografos GN. Whipple resection for intraparenchymal sporadic insulinoma of the pancreatic head. Annual Meeting of Hellenic Society for Endocrine Surgery, Kalavryta, Greece, 2012
26. Zografos GN, Spyridakis I, Perysinakis I, Meidanis C, Nixon A, Laios I, Avlonitis S, Tsipras H. Gastrointestinal neuroendocrine tumors: 15 years experience. 39th Panhellenic Congress of Endocrinology and Metabolism, Athens, Greece, 2012
27. Spyridakis I, Georgiadou D, Perysinakis I, Laios I, Meidanis C, Avlonitis S, Katseli A, Zografos GN. Open and laparoscopic treatment of malignant adrenal tumors. 39th Panhellenic Congress of Endocrinology and Metabolism, Athens, Greece, 2012
28. Perysinakis I, Georgiadou D, Spyridakis I, Laios I, Avlonitis S, Meidanis C, Aggeli C, Katseli A, Zografos GN. Laparoscopic adrenalectomy for subclinical Cushing's syndrome. 38th Annual Panhellenic Medical Congress, Athens, Greece, 2012
29. Spyridakis I, Perysinakis I, Laios I, Athanasiou A, Tsallas S, Koronaios A, Avlonitis S, Tsipras H, Zografos GN. Surgical treatment of gastrointestinal neuroendocrine tumors: 16 year experience. 28th Panhellenic Congress of Surgery – International Surgical Forum, Athens, Greece, 2012
30. Spyridakis I, Avlonitis S, Perysinakis I, Georgiadou D, Nixon A, Meidanis C, Koronaios A, Katseli A, Zografos GN. Laparoscopic surgery for malignant and potentially malignant adrenal tumors. 28th Panhellenic Congress of Surgery – International Surgical Forum, Athens, Greece, 2012
31. Perysinakis I, Spyridakis I, Tsallas S, Georgiadou D, Tzirakis E, Zografos GN, Tsipras H, Margaritis I. 15 year experience from 200 pancreaticoduodenectomies. 28th Panhellenic Congress of Surgery – International Surgical Forum, Athens, Greece, 2012
32. Georgiadou D, Spyridakis I, Laios I, Perysinakis I, Nixon A, Avlonitis S, Margaritis I, Tsipras H, Zografos GN. Metabolic sequelae, surgical complications and survival after total pancreatectomy. 28th Panhellenic Congress of Surgery – International Surgical Forum, Athens, Greece, 2012

33. Georgiadou D, Spyridakis I, Laios I, Perysinakis I, Nixon A, Koronaios A, Tsallas S, Athanasiou A, Tsiaras H, Zografos GN. Liver injuries: emergency surgical management. 12-year experience. 28th Panhellenic Congress of Surgery – International Surgical Forum, Athens, Greece, 2012
34. Tsallas S, Georgiadou D, Koronaios A, Perysinakis I, Avlonitis S, Tsiaras H, Zografos GN, Margaritis I. Laparoscopic cholecystectomy. Results from 10 years experience. 28th Panhellenic Congress of Surgery – International Surgical Forum, Athens, Greece, 2012
35. Avlonitis S, Spyridakis I, Georgiadou D, Perysinakis I, Meidanis C, Katseli A, Zografos GN. Laparoscopic adrenalectomy for pheochromocytoma in a patient with Von Hippel Lindau syndrome. 28th Panhellenic Congress of Surgery – International Surgical Forum, Athens, Greece, 2012
36. Georgiadou D, Marakaki C, Avlonitis S, Spyridakis I, Perysinakis I, Nixon A, Koronaios A, Laios I, Piaditis G, Zografos GN. Laparoscopic removal of pheochromocytoma in a patient with Von Hippel Lindau syndrome. Therapeutic dilemmas. 28th Panhellenic Congress of Surgery – International Surgical Forum, Athens, Greece, 2012
37. Spyridakis I, Perysinakis I, Laios I, Athanasiou A, Meidanis C, Koronaios A, Tsallas S, Nixon A, Zografos GN. Surgical treatment of recurrent insulinomas in a patient with MEN1 syndrome. Annual Meeting of Hellenic Society for Endocrine Surgery, Delfoi, Greece, 2013
38. Zografos GN, Spyridakis I, Perysinakis I, Georgiadou D, Nixon A, Koronaios A, Avlonitis S, Aggeli C, Margaritis I, Tsiaras H. Laparoscopic approach in potentially malignant adrenal tumors. Annual Meeting of Hellenic Society for Endocrine Surgery, Delfoi, Greece, 2013
39. Spyridakis I, Perysinakis I, Laios I, Nixon A, Athanasiou A, Koronaios A, Tsallas S, Zografos GN. Malignant and potentially malignant adrenal tumors: role of laparoscopic surgery. 40th Panhellenic Congress of Endocrinology and Metabolism, Athens, Greece, 2013
40. Perysinakis I, Spyridakis I, Katseli A, Nixon A, Laios I, Meidanis C, Koronaios A, Zografos GN. Short- and long-term results after laparoscopic surgery for subclinical Cushing's syndrome. 40th Panhellenic Congress of Endocrinology and Metabolism, Athens, Greece, 2013

41. Spyridakis I, Perysinakis I, Katseli A, Laios I, Koronaios A, Nixon A, Meidanis C, Tsallas S, Athanasiou A, Zografos GN. Surgical treatment of Conn's syndrome: short- and long-term results. 39th Annual Panhellenic Medical Congress, Athens, Greece, 2013
42. Zografos GN, Spyridakis I, Perysinakis I, Georgiadou D, Σ.Αυλωνίτης, Tzirakis E, Margaritis I, Tsiaras H. Gastrointestinal and pancreatic neuroendocrine tumors: clinical data and surgical treatment. 13th Panhellenic Congress of Endocrine Surgery, Alexandroupoli, Greece, 2013
43. Spyridakis I, Perysinakis I, Nixon A, Georgiadou D, Diamantopoulos A, Katseli A, Tzirakis E, Zografos GN. Short- and long-term results after laparoscopic surgery for primary hyperaldosteronism. 13th Panhellenic Congress of Endocrine Surgery, Alexandroupoli, Greece, 2013
44. Spyridakis I, Perysinakis I, Nixon A, Georgiadou D, Diamantopoulos A, Aggeli C, Tzirakis E, Zografos GN. Role of laparoscopic surgery in the treatment of functional adrenal tumors with subclinical activity. 13th Panhellenic Congress of Endocrine Surgery, Alexandroupoli, Greece, 2013
45. Diamantopoulos A, Spyridakis I, Perysinakis I, Nixon A, Gatzolis V, Koronaios A, Tsallas S, Zografos GN. Metachronous paraganglioma in a patient with sporadic pheochromocytoma. 13th Panhellenic Congress of Endocrine Surgery, Alexandroupoli, Greece, 2013
46. Diamantopoulos A, Perysinakis I, Spyridakis I, Nixon A, Gatzolis V, Athanasiou A, Meidanis C, Zografos GN. Surgical treatment of bilateral adrenal metastases from left renal carcinoma. 13th Panhellenic Congress of Endocrine Surgery, Alexandroupoli, Greece, 2013
47. Spyridakis I, Perysinakis I, Nixon A, Diamantopoulos A, Koronaios A, Papanastasiou L, Piaditis G, Zografos GN. Laparoscopic approach to malignant and potentially malignant adrenal tumors. 41st Panhellenic Congress of Endocrinology and Metabolism, Athens, Greece, 2014
48. Spyridakis I, Perysinakis I, Nixon A, Diamantopoulos A, Koronaios A, Tsallas S, Meidanis C, Zografos GN. Metachronous paraganglioma in a patient with sporadic pheochromocytoma. 41st Panhellenic Congress of Endocrinology and Metabolism, Athens, Greece, 2014

49. Perysinakis I, Leontara V, Minaidou A, Margaris I, Kouraklis G, Papalioti E. Clinical, pathological and immunohistochemical characteristics of ampullary adenocarcinoma. 14th Panhellenic Congress of Pathology, Athens, Greece, 2014
50. Perysinakis I, Diamantopoulos A, Nixon A, Spyridakis I, Aggeli C, Tzirakis E, Margaris I. Complications after laparoscopic colectomy: experience from 150 cases. 29th Panhellenic Congress of Surgery – International Surgical Forum, Athens, Greece, 2014
51. Zografos GN, Spyridakis I, Perysinakis I, Nixon A, Diamantopoulos A, Aggeli C, Tzirakis E, Tsipras H. Laparoscopic surgery for malignant adrenal tumors: a controversial issue. 29th Panhellenic Congress of Surgery – International Surgical Forum, Athens, Greece, 2014
52. Tserkezis C, Perysinakis I, Nixon A, Marakaki C, Meidanis C, Gatzliolis V, Tombolas P, Zografos GN. Potentially malignant adrenal tumor in a patient with congenital adrenal hyperplasia. 14th Panhellenic Congress of Endocrine Surgery, Athens, Greece, 2015
53. Koronaios A, Nixon A, Perysinakis I, Meidanis C, Parianos C, Thessalonikeus P, Tzirakis E, Zografos GN. Metachronous bilateral adrenalectomy in a patient with subclinical Cushing's syndrome and Carney complex. 14th Panhellenic Congress of Endocrine Surgery, Athens, Greece, 2015
54. Gatzliolis V, Perysinakis I, Nixon A, Meidanis C, Koronaios A, Parianos C, Tsipras H, Zografos GN. Surgical treatment of bilateral metastatic adrenocortical cancer. 14th Panhellenic Congress of Endocrine Surgery, Athens, Greece, 2015
55. Perysinakis I, Nixon A, Gatzliolis V, Meidanis C, Parianos C, Diamantopoulos A, Tzirakis E, Zografos GN. Metabolic sequelae of laparoscopic adrenalectomy in patients with subclinical Cushing's syndrome. 14th Panhellenic Congress of Endocrine Surgery, Athens, Greece, 2015
56. Perysinakis I, Nixon A, Meidanis C, Tserkezis C, Diamantopoulos A, Koronaios A, Aggeli C, Zografos GN. Malignant and potentially malignant adrenal neoplasms: are they suitable for laparoscopic approach? 14th Panhellenic Congress of Endocrine Surgery, Athens, Greece, 2015
57. Spyridakis I, Nixon A, Perysinakis I, Meidanis C, Thessalonikeus P, Aggeli C, Margaris I, Tsipras H, Zografos GN. Gastrointestinal neuroendocrine tumors: our experience. 14th Panhellenic Congress of Endocrine Surgery, Athens, Greece, 2015

58. Perysinakis I, Aggeli C, Nixon A, Meidanis C, Koronaios A, Parianos C, Gatziolis V, Zografos GN. Surgical treatment of adrenal tumors: experience from 450 cases. 42nd Annual Panhellenic Medical Congress, Athens, Greece, 2016
59. Perysinakis I, Tserkezis C, Nixon A, Parianos C, Koronaios A, Aggeli C, Zografos GN. Intraoperative hemodynamic instability as the presenting symptom of pheochromocytoma: report of case. Multidisciplinary Scientific Meeting of Kalavryta Medical Doctors “Melampous”, Kalavryta, Greece, 2016
60. Nixon A, Aggeli C, Perysinakis I, Gatziolis V, Tserkezis C, Zografos GN. Laparoscopic removal of malignant adrenal tumor (video). Multidisciplinary Scientific Meeting of Kalavryta Medical Doctors “Melampous”, Kalavryta, Greece, 2016
61. Aggeli C, Parianos C, Perysinakis I, Nixon A, Thessalonikeus P, Tombolas P, Zografos GN. Laparoscopic enucleation of pancreatic insulinoma after tattooing with endoscopic ultrasound. Multidisciplinary Scientific Meeting of Kalavryta Medical Doctors “Melampous”, Kalavryta, Greece, 2016
62. Aggeli C, Gatziolis V, Nixon A, Vletsis G, Perysinakis I, Zografos GN. Laparoscopic splenectomy-video presentation. Multidisciplinary Scientific Meeting of Kalavryta Medical Doctors “Melampous”, Kalavryta, Greece, 2016
63. Nixon A, Perysinakis I, Koronaios A, Thessalonikeus P, Vletsis G, Aggeli C, Zografos GN. Spontaneous adrenal hemorrhage: case report. Multidisciplinary Scientific Meeting of Kalavryta Medical Doctors “Melampous”, Kalavryta, Greece, 2016
64. Perysinakis I, Minaidou A, Leontara V, Mantas D, Sotiropoulos G, Tsipras H, Zografos GN, Margaritis I, Kouraklis G. A study of the expression of β -catenin, EGFR, CK7, CK20, MUC1, MUC2 and CDX2 in ampullary adenocarcinomas regarding prognosis and differentiation type. 30th Panhellenic Congress of Surgery – International Surgical Forum, Thessaloniki, Greece, 2016.
65. Tserkezis C, Nixon A, Perysinakis I, Vletsis G, Aggeli Ch, Margaritis I. Tense ascites and severe hyponatremia following laparoscopic cholecystectomy: report of an interesting case. 30th Panhellenic Congress of Surgery – International Surgical Forum, Thessaloniki, Greece, 2016.
66. Aggeli Ch, Nixon A, Parianos C, Vletsis G, Tserkezis C, Perysinakis I, Tzirakis E, Zografos GN. Tips and tricks in laparoscopic surgery for pheochromocytomas. 30th

Panhellenic Congress of Surgery – International Surgical Forum, Thessaloniki, Greece, 2016.

67. Pappis C, Perysinakis I, Kotsakou D. Cystic duct duplication: case report and review of the literature. 30th Panhellenic Congress of Surgery – International Surgical Forum, Thessaloniki, Greece, 2016.

68. I.Perysinakis, A.Minaidou, V.Leontara, H.Tsipras, G.N.Zografos, H.Margaris, G.Kouraklis. Differentiation and prognostic markers in ampullary cancer: Role of p53, MDM2, CDX2, MUC1, MUC2, CK7 and CK20. 43th Annual Panhellenic Medical Congress, Athens, Greece, 2017.

69. I.Perysinakis, A.Minaidou, V.Leontara, I.Spyridakis, H.Tsipras, G.N.Zografos, H.Margaris, G.Kouraklis. β -catenin and EGFR expression in ampullary cancer. 43th Annual Panhellenic Medical Congress, Athens, Greece, 2017.

70. H.Pappis, A.Katsarou, D.Kotsakou, I.Perysinakis. Long term effect of Roux-en-Y gastric bypass on bariatric patients' nutrition status. 10th Panhellenic Bariatric Surgery Congress. Patra, Greece, 2017.

71. H.Pappis, A.Katsarou, D.Kotsakou, I.Perysinakis. Long term results of laparoscopic sleeve gastrectomy. 10th Panhellenic Bariatric Surgery Congress. Patra, Greece, 2017.

72. H.Pappis, I.Perysinakis, D.Kotsakou. Laparoscopic partial gastrectomy for early gastric cancer: video presentation. 12th Panhellenic Congress of Laparoendoscopic Surgery. Athens, September 2017.

73. H.Pappis, I.Perysinakis, E.Kassi, D.Kotsakou. Laparoscopic treatment of large adrenocortical carcinoma. 12th Panhellenic Congress of Laparoendoscopic Surgery. Athens, September 2017.

74. I.Perysinakis, D.Kotsakou, H.Pappis. Atypical presentation of appendiceal Burkitt lymphoma. 31st Panhellenic Congress of Surgery – International Surgical Forum, Athens, Greece, 2018.

75. I.Perysinakis, H.Pappis. Initial experience from one anastomosis gastric bypass: is this the solution to metabolic diseases? 31st Panhellenic Congress of Surgery – International Surgical Forum, Athens, Greece, 2018.

76. M.Devetzi, V.Kosmidou, M.Vlassi, I.Perysinakis, C.Aggeli, T.Choreftaki, G.N.Zografos, A.Pintzas. Death receptor 5 (DR5) and a 5-gene apoptotic biomarker panel with significant differential diagnostic potential in colorectal cancer. 31st Panhellenic Congress of Surgery – International Surgical Forum, Athens, Greece, 2018.
77. Savvides M, Perysinakis I, Siligardou M, Vrentzou M, Pavlides O, Saridakis I, Lianeris G, Stamatakis G. Hemocholecyst: case report. 32th Panhellenic Congress of Surgery – International Surgical Forum, Thessaloniki, Greece, 2021
78. Siligardou M, Savvides M, Papadaki H, Karniadakis I, Lianeris G, Perysinakis I, Kountourakis E, Stamatakis G. Comparison of open versus laparoscopic appendectomies in a district General Hospital. 32th Panhellenic Congress of Surgery – International Surgical Forum, Thessaloniki, Greece, 2021
79. Perysinakis I, Siligardou M, Savvides M, Papadaki H, Dimitrakakis M, Anyfantakis I, Spartinou A, Vranakis G, Stamatakis G. Pattern of road traffic injuries in Rethymnon region: a secondary hospital-based study. 32th Panhellenic Congress of Surgery – International Surgical Forum, Thessaloniki, Greece, 2021
80. Perysinakis I, Pappis C. Laparoscopic vs Robotic Heller myotomy: case presentation and review of the literature. Oral presentation in the 15th Panhellenic Congress of Endoscopy and Laparoscopy & 13th Panhellenic Congress of Obesity Surgery. Athens, May 2023
81. Perysinakis I, Pappis C. Successful laparoscopic en bloc resection of large pancreatic tumor adjacent to other organs, but without definite diagnosis! Oral presentation in the 15th Panhellenic Congress of Endoscopy and Laparoscopy & 13th Panhellenic Congress of Obesity Surgery. Athens, May 2023
82. Perysinakis I, Pappis C. Revisional bariatric surgery: The importance of choosing the right procedure. Oral presentation in the 15th Panhellenic Congress of Endoscopy and Laparoscopy & 13th Panhellenic Congress of Obesity Surgery. Athens, May 2023
83. Triantafylla P, Papageorgiou K, Nakou M, Tzanaki I, Kanakakis E, Klontzas M, Karantanis A, Vassalou E, Perysinakis I, deBree E. The role of ultrasonography in the diagnosis acute diverticulitis. Oral presentation in the 33rd Panhellenic Congress of Surgery – International Surgical Forum, Athens, Greece, 2023
84. Papageorgiou K, Askoxylakis I, Perysinakis I, Kanakakis E, Mannios G, Mavroudis D, deBree E. Retrospective analysis of male breast cancer during the past decade in a tertiary

hospital. Oral presentation in the 33rd Panhellenic Congress of Surgery – International Surgical Forum, Athens, Greece, 2023

85. Saridakis G, Christodoulou V, Triantafylla P, Perysinakis I, Vassalou E, Klontzas M, Karantanis A, deBree E. Comparative evaluation of ultrasonography and chest radiography for the diagnosis of rib fractures, using computed tomography as a reference standard. Oral presentation in the 33rd Panhellenic Congress of Surgery – International Surgical Forum, Athens, Greece, 2023

86. Perysinakis I, Spanou K, Tamiolakis D, Korkolopoulou P, Stamatakis G. A rare complication of primary jejunal leiomyoma. Oral presentation in the 33rd Panhellenic Congress of Surgery – International Surgical Forum, Athens, Greece, 2023

87. Saridakis G, Anagnostopoulou E, Christodoulou V, Triantafyllou M, Papadaki E, Vassalou E, Perysinakis I, deBree e. Small bowel obstruction by an abdominal drain. Poster presentation in the 33rd Panhellenic Congress of Surgery – International Surgical Forum, Athens, Greece, 2023

88. Perysinakis I., Vassalou E., Triantafylla P., Christodoulou V., Michelakis D., de Bree E. PREVALENCE OF COLORECTAL CARCINOMA IN PATIENTS WITH SUSPECTED ACUTE LEFT-SIDED COLONIC DIVERTICULITIS. Oral presentation in the 2nd Athens Coloproctology Meeting on Rectal and Anal Cancer. Athens, April 2024.

89. Perysinakis I., Vassalou E., Manolessou E., Saridakis G., Karona P., de Bree E. MULTIDETECTOR COMPUTED TOMOGRAPHY IMAGING OF COMMON COMPLICATIONS RELATED TO SURGERY OF SIGMOID AND RECTAL CARCINOMA. Oral presentation in the 2nd Athens Coloproctology Meeting on Rectal and Anal Cancer. Athens, April 2024.

90. Paraskevi Triantafylla, Ioannis Gkionis, George Saridakis, Vasilis Christodoulou, Elena Manolessou, Elisavet Anagnostopoulou, Dimosthenis Michelakis, Iraklis Perysinakis, Konstantinos Kalbakis, Maria Tzardi and Eelco de Bree. ANORECTAL MELANOMA: A RARE DISEASE WITH POOR OUTCOME. Poster presentation in the 2nd Athens Coloproctology Meeting on Rectal and Anal Cancer. Athens, April 2024.

91. Triantafylla P, Perysinakis I, Saridakis G, Karona P, Michelakis D, de Bree E. Predictive factors associated with upstaging in patients preoperatively diagnosed with breast ductal carcinoma in situ. Oral presentation in the 16th Hellenic-Cypriot Surgical Conference, November 2024.

92. Perysinakis I, Spanou K, Vranakis G, Tamiolakis D, Stamatakis G. Abscess rupture and peritonitis in a patient with sporadic mesenteric desmoid tumor. Oral presentation in the 16th Hellenic-Cypriot Surgical Conference, November 2024.

93. Saridakis G, Karona P, Triantafylla P, Perysinakis I, Michelakis D, de Bree E. Predictive factors of invasive component in patients preoperatively diagnosed with breast ductal carcinoma in situ. Retrospective study. Oral presentation in the 10th Panhellenic Conference of the Hellenic Breast Surgery Society, November 2024.

94. Perysinakis I, Christodoulou V, Saridakis G, Triantafylla P, Manolessou E, Karona P, Michelakis D, De Bree E. The role of prophylactic drainage of extraperitoneal rectal anastomoses: systematic review of the literature. Oral presentation in the 4th Panhellenic Congress of Coloproctology, Athens April 2025

Conferences

05.2003	9 th Scientific Congress of Greek Medical Students
11.2005	26 th Panhellenic Congress of Cardiology, Athens
05.2006	32 nd Annual Panhellenic Medical Congress, Athens
11.2006	25 th Panhellenic Congress of Surgery – International Surgical Forum, Athens
05.2007	Scientific Meeting “Current trends in Endocrine Surgery” , Athens
02.2007	4 th Congress of Hellenic Trauma Society and Emergency Surgery, Athens
02.2009	5 th Congress of Hellenic Trauma Society and Emergency Surgery, Athens
02.2009	«G. Papadakis» Educational Seminar of Primary Healthcare, Piraeus
06.2009	Annual Meeting of Hellenic Society for Endocrine Surgery, Athens
11.2009	7 th Scientific Meeting on Advanced Laparoscopic Surgery
11.2009	Gastro 2009 UEGW/WCOG, London
11.2010	27 th Panhellenic Congress of Surgery – International Surgical Forum, Athens
11.2011	12 th Panhellenic Congress of Endocrine Surgery, Athens
03.2012	Annual Meeting of Hellenic Society for Endocrine Surgery, Kalavryta

04.2012	39 th Panhellenic Congress of Endocrinology and Metabolism, Athens
11.2012	28 th Panhellenic Congress of Surgery – International Surgical Forum, Athens
04.2013	Annual Meeting of Hellenic Society for Endocrine Surgery, Delphi
04.2013	40 th Panhellenic Congress of Endocrinology and Metabolism, Athens
05.2013	39 th Annual Panhellenic Medical Congress, Athens
11.2013	13 th Panhellenic Congress of Endocrine Surgery, Alexandroupoli
03.2014	Annual Meeting of Hellenic Society for Endocrine Surgery-Recommendations on the establishment of guidelines for thyroid surgery, Athens
11.2014	29 th Panhellenic Congress of Surgery – International Surgical Forum, Athens
11.2014	Multidisciplinary Scientific Meeting of Kalavryta Medical Doctors “Melampous”, Kalavryta
09.2015	14 th Panhellenic Congress of Endocrine Surgery, Athens
05.2016	42 nd Annual Panhellenic Medical Congress, Athens
06.2016	Multidisciplinary Scientific Meeting of Kalavryta Medical Doctors “Melampous”, Kalavryta
11.2016	30 th Panhellenic Congress of Surgery – International Surgical Forum, Thessaloniki
05.2017	Scientific Meeting for surgical treatment of diabetes mellitus, Athens
06.2017	10 th Panhellenic Bariatric Surgery Congress, Patra
11.2017	15 th Panhellenic Congress of Surgical Infections, Athens
03.2018	Obesity: Disease and Threat – Current trends, Athens
05.2018	8th Congress of the International Federation of Obesity and Metabolic Disorders – European Chapter, Athens, Greece
11.2018	31 st Panhellenic Congress of Surgery – International Surgical Forum, Athens
04.2019	13 th Panhellenic Congress of Laparoendoscopic Surgery – 11 th Panhellenic Congress of Bariatric Surgery, Athens
10.2020	Virtual 2020 ACS Clinical Congress
06.2021	32 th Panhellenic Congress of Surgery – International Surgical Forum, Thessaloniki
03.2023	3 rd Panhellenic Congress of Coloproctology, Athens

05.2023	15th Panhellenic Congress of Endoscopy and Laparoscopy & 13th Panhellenic Congress of Obesity Surgery, Athens
11.2023	33 rd Panhellenic Congress of Surgery – International Surgical Forum, Athens
04.2024	2nd Athens Coloproctology Meeting on Rectal and Anal Cancer, Athens

Courses

31.05.2006	1 day workshop on cardiopulmonary resuscitation (BLS , Basic Life Support)
02.2008	Advanced Trauma Life Support (ATLS) Course
20.06.2009-21.06.2009	2 day European Resuscitation Council ALS Provider Course
04.12.2009-05.12.2009	17th International Postgraduate Course “New Frontiers in the Management of Abdominal Diseases” (International Association of Surgeons, Gastroenterologists and Oncologists)
18.05.2010	25 th series of Postgraduate Courses, Hellenic Surgical Society, 5 th course (“Surgery in the elderly” and “Lectures”)
08.06.2010	25 th series of Postgraduate Courses, Hellenic Surgical Society, 6 th course (“Laparoscopic colectomy” and “Guidelines for the treatment of patients with colorectal cancer in Greece”)
20.09.2010	25 th series of Postgraduate Courses, Hellenic Surgical Society, 7 th course (“Emergency colorectal surgery” and “Lectures”)
13.12.2010 - 14.12.2010	25 th series of Postgraduate Courses, Hellenic Surgical Society, 9 th course (“Liver – Introduction”, “Deep vein thrombosis prophylaxis”, “Benign liver tumors and cysts” and “Hydatid disease of the liver”)
14.02.2011 – 15.02.2011	26 th series of Postgraduate Courses, Hellenic Surgical Society, 1 st course (“Pancreas. Surgical anatomy, Diagnostic algorithm”, “Total thyroidectomy, surgical techniques”, “Pancreatic cystic neoplasms. Indications for surgery, type of procedure” and “Chronic pancreatitis”)
28.03.2011	26 th series of Postgraduate Courses, Hellenic Surgical Society, 2 nd course (“Treatment of acute pancreatitis: current concepts” and “Liver injuries”)
12.04.2011	26 th series of Postgraduate Courses, Hellenic Surgical Society, 3 rd course (Open and Laparoscopic surgery for abdominal hernias. Evidence based surgery” and “Open and laparoscopic techniques for abdominal hernia repair-video presentation”)

16.05.2011	26 th series of Postgraduate Courses, Hellenic Surgical Society, 4 th course (“Open and laparoscopic techniques for inguinal hernia repair-video presentation” and “Laparoscopic approach to appendectomy-video presentation”)
06.06.2011	26 th series of Postgraduate Courses, Hellenic Surgical Society, 5 th course (“Indications, antibiotic selection, treatment duration in elective surgical procedures. Antibiotic use in emergency surgical conditions [trauma patients, intra abdominal infections, acute pancreatitis, soft tissue infections” and “Lectures”)
15.11.2011	26 th series of Postgraduate Courses, Hellenic Surgical Society, 8 th course (“Surgical training with simulators” and “Enterocutaneous fistulas”)
23.01.2012, 25.01.2012	27 th series of Postgraduate Courses, Hellenic Surgical Society, 1 st course (“Diverticular disease”, “Complicated colorectal cancer”, “Septic shock” and “Intra Abdominal surgical infections”)
19.03.2012	27 th series of Postgraduate Courses, Hellenic Surgical Society, 3 rd course (“Hollow viscus injuries” and “Solid organ injuries”)
03.2012	2 day seminar on Artificial Nutrition (“Nutrition Academy”), Hellenic Surgical Society
24.04.2012	27 th series of Postgraduate Courses, Hellenic Surgical Society, 4 th course (“Malignant melanoma” and “Lectures”)
11.2013	5 th Postgraduate Basic Seminar on Laparoscopic Surgery, Hellenic Surgical Society
24.01.2014	29 th series of Postgraduate Courses, Hellenic Surgical Society, 1 st course (“Management of surgical patients receiving anticoagulation and antiplatelet agents” and “Surgical diseases of the spleen: open and laparoscopic treatment”)
24.10.2014	29 th series of Postgraduate Courses, Hellenic Surgical Society, 7 th course (“Organ transplantation” and Lectures”)
16.01.2015	30 th series of Postgraduate Courses, Hellenic Surgical Society, 1 st course (Primary hyperparathyroidism: current concepts” and “Neck dissection”)
27.11.2015	Postgraduate Training Course “2015 Colorectal Laparoscopic Surgical Skills Course” – Fourth chapter “Colorectal Cancer and Metastatic Disease”. 6 th Surgical Department, Hygeia Hospital.
05.03.2016	1 day Advanced Trauma Life Support (ATLS) Refresh Course

04.2016	2 day "Pain-free inguinal Hernia Solution (PHS) Course". 2 nd Surgical Department, KAT General Hospital
17.09.2016	Masterclass Sleeve Gastrectomy. Bariatric Unit, 1st Propaedeutic Surgical Department, "Ippokrateion" Hospital, National and Kapodistrian University of Athens – Surgical Department, University Hospital of Larissa, University of Thessalia
05.11.2016	Minimally invasive surgery for hernias of the abdominal wall. Greek society of endoscopic surgery and other interventional techniques.
28.06.2017	Phasix Master Class (BARD)
07.07.2017-08.07.2017	2 day 8 th Postgraduate Laparoscopic Seminar on Upper GI Surgery. Experimental – Research Center ELPEN
18.11.2017	"Open management of ventral hernias". Postgraduate courses, Hellenic Surgical Society
28.04.2018	"Surgical diseases of the adrenal glands". Postgraduate courses, Hellenic Surgical Society
04.05.2018 – 05.05.2018	2 day 5 th Postgraduate Course on Advanced Open Surgery. Experimental – Research Center ELPEN
02.11.2018	1 day Seminar "Current advances in Liver Diseases", HYGEIA Hospital
20.11.2018-21.11.2018	2 day "General Surgery Review Course", The American College of Surgeons
23.05.2019-25.05.2019	Laparoscopic and Transanal Colorectal Supermaster Course. IRCAD. Strasbourg.
02.06.2020-03.06.2020	Online Course "Right Colectomy". IRCAD
02.2021	Advanced Trauma Life Support (ATLS)-Extension course
25.02.2021	Webinar "PICC Lines". Interventional Radiology Department, University Hospital of Heraklion – BD Hellas.
10.03.2021	Webinar E-BARI Debate "Revisional Surgery after Sleeve"
19.03.2021	Webinar "Pain management and palliative care – Chronic low back pain" [3CME]
29.05.2021	Webinar "Controversies in endocrine surgery" [6 CME]
22.03.2022	Video Based Education Webinar Series General Surgery Endocrine, American College of Surgeons, Division of Education [1 CME]
11.2022	DSTC – Definitive Surgical Trauma Care Course. International Association for trauma surgery and intensive care

17.02.2023-18.02.2023	Colorectal Laparoscopic Surgical Skills (C.LA.S.S. course)-1 st Chapter. 6th Surgical Dpt, HYGEIA Hospital, Athens-NoDE Institute [16 CME]
17.03.2023-18.03.2023	Colorectal Laparoscopic Surgical Skills (C.LA.S.S. course)-2 nd Chapter. 6th Surgical Dpt, HYGEIA Hospital, Athens-NoDE Institute [16 CME]
16.06.2023-17.06.2023	Colorectal Laparoscopic Surgical Skills (C.LA.S.S. course)-3 rd Chapter. 6th Surgical Dpt, HYGEIA Hospital, Athens-NoDE Institute [16 CME]
29.09.2023-30.09.2023	Colorectal Laparoscopic Surgical Skills (C.LA.S.S. course)-4 th Chapter. 6th Surgical Dpt, HYGEIA Hospital, Athens-NoDE Institute [16 CME]
24.02.2025-28.02.2025	Colorectal Surgery Intensive Course. IRCAD Institute, Strasbourg [39 CME]
12.06.2025	Pelvic Floor Disorders Course. Guy's and St Thomas' NHS Foundation Trust. London, 12/6/2025

Participation in research protocols

1. Research protocol "Molecular genetic analysis of clinical specimens from patients with colorectal cancer". National Hellenic Research Foundation – 3rd Surgical Department, General Hospital of Athens "G.Gennimatas". Coordinators: A.Pintzas, G.N.Zografos
2. Joint project between ACCC (Athens Comprehensive Cancer Center) - DKFZ (German Cancer Research Center). Topic: Colorectal cancer. Coordinators: D.Jager, N.Halama / A.Pintzas, E.Patsouris, G.N.Zografos. Description: Defining the colorectal cancer genetic landscape, treatment and the role of tumor heterogeneity: A precision medicine translational approach.

Lectures

1. «Basic Life Support – Advanced Life Support». Postgraduate courses of General Hospital of Amfissa, Fokida, Greece, 09/2009
2. Postgraduate courses of the 3rd Surgical Dpt, "G.Gennimatas" General Hospital of Athens during the period 2012-2016:
 - a. Surgical treatment of gastroesophageal reflux, 02/2012
 - b. Artificial nutrition in surgical patients, 12/2012
 - c. Antibiotic use in surgery, 02/2013

- d. Benign diseases of the stomach, 11/2013
 - e. Surgical diseases of the adrenal gland, 05/2014
 - f. Necrotizing pancreatitis: indications for and techniques of surgical management, 10/2014
 - g. Surgical treatment of gastroduodenal ulcer, 02/2015
 - h. Enterocutaneous fistulae: diagnostic approach – surgical management, 06/2015
 - i. Fluid, electrolyte and acid base balance disorders, 10/2015
 - j. Surgical treatment of choledocholithiasis, 02/2016
 - k. Therapeutic choices in colorectal cancer, 05/2016
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3. “Acute pancreatitis. Indications for surgical treatment and surgical techniques.” 39th Panhellenic Congress of Endocrinology and Metabolism, Athens, 2013
 4. “Endocrine surgery: articles selection from international literature 2012-2013”. Annual Meeting of Hellenic Society for Endocrine Surgery, Delfi, 2013
 5. “Approach a patient with an acute abdomen. Interactive presentation of interesting cases”. Postgraduate courses, Hellenic Surgical Society, Athens, 2014
 6. “Prolonged thromboprophylaxis after surgical operations”. Multidisciplinary Scientific Meeting of Kalavryta Medical Doctors “Melampous”, Kalavryta, 2014
 7. “Acute abdomen in special groups of patients. Interactive presentation of interesting cases”. Postgraduate courses, Hellenic Surgical Society, Athens, 2015
 8. “Acute cholecystitis – Conservative treatment”. 15th Panhellenic Congress of Surgical Infections. Athens, 2017
 9. “Open management of ventral hernias”. Postgraduate courses, Hellenic Surgical Society, Athens, 2017
 10. “Controversies in Complicated Diverticulitis: Role of elective surgery – Operation types”. 31st Panhellenic Congress of Surgery – International Surgical Forum, Athens
 11. “Tips & tricks in bariatric/metabolic procedures – Type 2 Diabetes Mellitus: indications for surgical treatment and choice of procedure”. 13th Panhellenic Congress of Laparoendoscopic Surgery – 11th Panhellenic Congress of Bariatric Surgery. Athens, 2019
 12. “Tips & tricks in laparoscopic colectomy – Left colectomy”. 13th Panhellenic Congress of Laparoendoscopic Surgery – 11th Panhellenic Congress of Bariatric Surgery. Athens, 2019

Volunteer Work

2001 – present	Regular blood donor
11.2007 – 11.2008	During military service, responsible for organizing 2 blood donation sessions in the local community (Kos - Chania, Greece)

Teaching Experience

11.2007 - 11.2008	Regularly taught classes on first aid and basic resuscitation (combatants school training) 543 M/K TE Military Base, Kos
02.2014	Educational activities of Hellenic Surgical Society – Panel Sessions / Named Lectures: Abdominal wall hernias
11.2015	Educational activities of Hellenic Surgical Society – Panel Sessions / Named Lectures: Acute abdomen in special populations
11.2017	Educational activities of Hellenic Surgical Society – Panel Sessions / Named Lectures: Approach to the patient with acute abdominal pain
Academic year of 2019-2020	Instructor for the course 'Surgery' at the Vocational Training Institute (I.E.K.) in Rethymnon, Crete
21.2.2024	Educational activities of Department of Surgical Oncology, University Hospital of Heraklion – Panel Sessions / Named Lectures: Journal Club “Transanal Total Mesorectal Excision”.
7.3.2024	“Perforation in Diverticular Disease”. Postgraduate Program “Emergency Surgery and Trauma”. Department of Medicine, School of Health Sciences, National and Kapodistrian University of Athens
Academic year of 2024-2025, 7th semester	“Liver diseases”, “Abdominal wall hernias”, “Abdominal compartment syndrome”, “Implications of technology in surgical practice”. Undergraduate courses, Surgery A. Medical School, University of Crete
Academic year of 2024-2025, 8th semester	“Diseases of Endocrine Glands”. Undergraduate courses, Surgery B. Medical School, University of Crete

5.2.2025	Educational activities of Department of Surgical Oncology, University Hospital of Heraklion – Panel Sessions / Named Lectures: Journal Club “Watch and Wait strategy for Rectal Cancer”.
6.3.2025	“Perforation in Diverticular Disease”. Postgraduate Program “Emergency Surgery and Trauma”. Department of Medicine, School of Health Sciences, National and Kapodistrian University of Athens

Language Fluency

- English
 - University of Cambridge: Certificate of Proficiency
 - University of Michigan: Certificate of Proficiency
 - License to teach English in Greece (No 46484/Δ5/106, 14-5-2003)
 - Foreign Languages Teaching Center, National and Kapodistrian University of Athens. English medical terminology. Score 10/10.
 - IELTS (Academic module): July 2016. Overall band score: 8/9 (L: 8.5, R: 8.5, S: 7, W: 7)
- Greek: Native language

Extracurricular activities

- Sports
- Traditional Cretan music (lyra, mandolin) and dances
- Trips

Referees

- Eelco de Bree, MD PhD
Professor in Surgery
Director of Department of Surgical Oncology, University Hospital of Heraklion, Crete, Greece
Tel: 00302810392382
E-mail: surgoncol@pagni.gr
- George N. Zografos, MD PhD
Consultant Surgeon
General Secretary of the Executive Committee, Hellenic Surgical Association
President of the Hellenic Society of Endocrine Surgery
Director of 3rd Surgical Dpt., Athens General Hospital “G.Gennimatas”, Greece
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- Ilias Margaritis, MD PhD

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- Gregory Kouraklis, MD PhD

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- Pappis Harilaos, MD PhD FACS

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- Stavros Mathioulakis, MD

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