

Curriculum Vitae

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Assistant Professor of General Surgery

This supports my application for the position of Associate Professor/Professor of General Surgery in the School of Medicine, University of Cyprus.

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A. PROFILE

I am currently an Assistant Professor of General Surgery in the Medical School of the University of Crete, Greece. My specialist interests are: Upper Gastrointestinal Surgery, Melanoma and Sarcoma surgery and complex abdominal wall reconstruction. My current research interests is risk management in surgery.

A1. Contact details

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Family status:	married, 2 daughters

A2. Qualifications

- ◆ Fellow of the Royal College of Surgeons of Edinburgh (FRCSEd), 03.2019-
- ◆ Member of General Medical Council (GMC) with licence to practice and Member of the specialist register (GMC specialist register), 2014-
- ◆ License to practice Surgery as specialist in Germany (Approbation), 2013-
- ◆ Fellow of the European Board of Surgery (Surgical Oncology), 09.2014
- ◆ Certification of Completion of Surgical Training in Greece, 09.2013
- ◆ PhD in Medicine, University of Crete, 2003-2008
- ◆ License to practice medicine in Greece, 2003

- ◆ Medical Diploma (Ptycheion Iatrikes), School of Medicine, University of Crete, Greece, 2003

B. EDUCATION

B1. Undergraduate Studies

Following, national examinations (June 1997) I studied medicine in the Medical School of the University of Crete, Greece and I graduated in July 2003 (degree 7.88/10).

B2. Postgraduate training - work

- ◆ Assistant professor of General Surgery, Department of General Surgery, University Hospital of Heraklion, Medical School, University of Crete, Greece, 08.2018-04.2024
- ◆ Consultant General Surgeon with Upper GI specialist interest, York Teaching Hospitals NHS Foundation Trust, UK 10.2015-03.2016 (locum), 04.2016-09.2018 (permanent)
- ◆ Registrar in General Surgery, Department of General Surgery, York Teaching Hospitals NHS Foundation Trust, UK, 01.2014-09.2015
- ◆ Clinical fellow, Department of General and Visceral Surgery, Central Hospital of Breme (Klinikum Bremen Mitte), 06/2013 – 12/2013
- ◆ Registrar in General Surgery, Department of General Surgery, University Hospital of Heraklion, 10/2008-06/2013
- ◆ Registrar in General Surgery, Department of Surgery, NATO Navy Hospital, Chania Crete, 10/2007-5/2008
- ◆ Post doc scholar of DAAD (German Student Exchange Service) and the German Cancer Aid (Deutsche Krebshilfe) in the Department of Dermatocology, Karls University, Tuebingen, Germany, 2005-2008
- ◆ Research fellow of the Clinic of Dermatologic Surgery of the University Hospital of Heraklion, (weekly basis) 9/2004-9/2005
- ◆ General Medical Practice (compulsory rural service), General Hospital of Ierapetra, 3.2004-7.2005

B3. Courses attended

1. The EUCIC ADVANCED MODULE Laboratory and clinical aspects of the surveillance of healthcare-associated infections: a theoretical and practical approach. ATHENS, Greece, 24/01/2024 - 27/01/2024 organized by EUCIC - Hellenic Society for Microbiology

2. Instructional Methodology in Tertiary Education, 120-hour online course of the Department of Training of the Trainers (Tott) of the Centre of Teaching and Learning of the University of Crete, completed on 27.2.2024.
3. Training in the assessment and management of acute pain”, 19-20 November 2023, Heraklion Crete, Greece.
4. EMEA Instructional Course: Innovative Techniques in Colorectal Surgery, 16-17.3.2023, Hamburg, Germany.
5. Definitive Surgical Trauma Care™ Course (DSTC™), 13-15.11.2022, Athens.
6. Sexual abuse of children: time for action by healthcare professionals, 17.5.2022, Heraklion, Crete, Greece.
7. Webinar: “Setting up a CAWH service and optimising patients before surgery” for the Hernia Masterclass, Royal College of Surgeons of Edinburgh, 29.06.2021.
8. Virtual meeting “Gore Complex Ventral Hernia Symposium”, March 2021.
9. Dermatooncology in the daily medical practice, 10-11 July 2020, Athens.
10. 12th postgraduate Course of Clinical and Investigative Oncology, 1-3 July 2021, Heraklion, Crete, Greece
11. Simulation of Major Accident Response “LIVEX 18”: York NHS Foundation Trust Army Medical Service Training Centre, Strensall, York, 5-6th July 2018, York, UK
12. On-line Nature Masterclass: “Focus on peer review”, certificate of completion 1st Jan 2018.
13. “Yorkshire Region “Connected” Advance Communication Skills Course. St Gemma’s Hospice Academic Unit, 19-20 October 2017, Leeds, UK
14. Major Incident (Majax) Planning Workshop, Scarborough Hospital, 16/7/2017
15. Complex Abdominal Wall Hernias Course, The Evelyn Cambridge Surgical Training Centre, 7-8 March 2017. The ICENI Centre, RCSEn.
16. Laparoscopic Inguinal Hernia Repair Course, Wednesday 22nd February 2017 at the ICENI Centre, Colchester, RCSEn
17. Basic skills in upper gastrointestinal (UGI) endoscopy – Joint Advisory Group (JAG) approved course for endoscopy trainees – mandatory for JAG-UGI endoscopy accreditation. Gateshead, Newcastle, 28-30 Nov 2016, UK
18. e-learning activity of WEBSURG® in Laparoscopic Cholecystectomy for acute cholecystecystitis στη “Λαπαροσκοπική χολοκυστεκτομή για οξεία χολοκυστίτιδα”. Duration 1h, 1 CME UEMS/EACCME, 09/2016.
19. e-learning activity: Introduction in Clinical governance, 12.02.2016, UK.
20. Webinar “Advances in Groin Hernia Surgery”. Cleveland Clinic, 02.2016, Certificate #: 4117921, 0.75 AMA, CME.

21. “Training the trainers in simulation”. Hull, United Kingdom, 29-30.09.2015.
22. Online course: “Instructional Methods in Healthcare professions” Michigan Medical School, USA, 4 weeks duration, Certificate of completion 01.2015.
23. “Level A emergency ultrasound.” Ipswich, United Kingdom, 2-day course, 3-4.7.2015.
24. Internet training activity «Introduction to good medical practice», NHS, NIHR, UK, 10.8.2014.
25. Hull-York Medical School, Instructor development Program Workshop: Clinical Reasoning, 13.10.2014.
26. Winter School of Oncology: «The multidimensional therapeutic approach of rare tumours», 2-day course, Volos, Greece, 2013.03.12
27. «Advanced course on the Surgical and Medical Management of Melanoma», European Society of Surgical Oncology, 2013.10.10, Santorini, Greece.
28. «Advanced course on Upper GI malignancies», European Society of Surgical Oncology, Poznan, Poland, 2013.10.18.
29. 3rd International course on peritoneal carcinomatosis, 2-day course, 2011.02.24, Athens, Greece.
30. “Nutrition Academy ”, 1-day course, 2012.11.23, Athens, Greece.
31. Advanced Life Trauma Support (ATLS) – Instructors course, American College of Surgeons, 2 days duration, Patra, Greece, 2011.07.02
32. Winter School of Oncology «The multidimensional management of sarcoma and melanoma”, 5 days duration, Vitina, Greece, 2010.02.28 .
33. Advanced Trauma Life Support (ATLS), 2-days Student course, American College of Surgeons, Heraklion, Greece, 2009.11.06.
34. 16th Postgraduate training congress in Oncology, 3 days duration, Heraklion, Greece, 2008.11.12.
35. “The diagnosis of malignant melanoma”, duration 2 days, Athens, 2005.06.11.

B4. Congresses attended

1. 18th National Greek Congress on Surgical Infections, Greek Society for Surgical Infections, 15-17.12.2023, Athens.
2. 33rd Greek National Surgical Congress & International Surgical Forum, Hellenic Surgical Society, 11-15.11.2023, Athens.
3. 20th Cretan Medical Congress, Medical Councils of Crete, 27-29.10.2023, Agios Nikolaos, Crete.

4. 45th European Society of Parenteral and Enteral Nutrition, European Society for Enteral and Parenteral Nutrition, Lyon France 11-14.9.2023.
5. 13th National Greek Congress of Interventional Radiology, 26-28.5.2023, Heraklion, Greece.
6. 3rd National Greek Congress of Coloproctology, Greek Society of Coloproctology, 30.3-1.4.2023, Athens, Greece.
7. “The International Hernia Symposium (IHS 2022)”, International Hernia Society, 24-25.3.2022, Athens, Greece.
8. 15th Greek-Cypriot Surgical Congress, Hellenic Surgical Society/Cypriot Surgical Society, 4-6.11.2022, Paphos, Cyprus.
9. “Loss of Domain Global Summit 2021”, Virtual International Conference, 14th August 2021.
10. 10th International Gastrointestinal, Liver and Uro-oncology Conference, 15-16 July 2021, Cairo, Egypt.
11. 32nd Greek Surgical Congress, Hellenic Surgical Society, Thessaloniki, 9-12 June 2021.
12. Congress of Clinical and Translational Oncology, Heraklion, 12-14 November 2020, Heraklion.
13. «Interactive approach of the patients with gastrointestinal neoplasia. Diagnostic and treatment dilemmas», Society for Biomedical Study of GI diseases, 30.10-01.11.2020, Athens.
14. 16th Greek National Congress of Surgical Infections and 8th Greek National Congress of Trauma and Emergency Medicine «Trauma-Infection-Sepsis». 3-6 October 2019, Thessaloniki.
15. 6th Greek National Forum, «Women in Oncology, broadening the frontiers». 19-21 September 2019.
16. 1st Cypriot Symposium on Gastrointestinal Cancers: Colorectal Cancer, Nikosia, 13-14 December 2019.
17. 14th Greek National Surgical Oncology Congress, 31.10 – 3.11.2019, Athens.
18. 31th Greek National Surgical Congress – International Surgical Forum, 21-24 November 2018, Athens.
19. 34th ESSO (European Society for Surgical Oncology) Congress in partnership with BASO (British Association of Surgical Oncology), 2 days duration, Budapest 2018.10.10, Hungary.
20. Yorkshire Regional Surgical Club. Huddersfield, UK, 07.06.2018.
21. Surgical Clinical Trials: From Idea to Delivery. Royal College of Surgeons (En), 1 day course, 2017.10.06.
22. 36th International Congress of the European Society of Surgical Oncology, Krakow, Poland, 3-days, 2016.09.14.
23. 2nd International Congress: «Controversies in hernia surgery», Colchester, 2-days, UK, 2016.04.13.

24. Annual Meeting of the British Society of Surgical Oncology, 3-days, London, 2015.11.01.
25. 34th Congress of the European Society of Surgical Oncology, 3 days, Liverpool, United Kingdom, 2014.10.29.
26. 16th Cretan Medical Congress, 3 days, Agios Nikolaos, Crete, 25.10.2012.
27. 28th National Greek Surgical Congress and International Surgical Forum, 3 days, Athens, 21.11.2012.
28. 11th National Greek Congress of Surgical Oncology, 3days, Athens, 04.02.2011.
29. 15th Cretan Medical Congress, 3 days, Chania, 29.10.2010.
30. 27th Greek National Surgical Congress, 3 days, Athens, 24.11.2010.
31. National Greek Congress of Melanoma, Athens, 11.2010.
32. 3th International Congress of Molecular Medicine, 4 days, Konstantinoupolis, Turkey, 05.05.2009.
33. 6th International Beromun Expert Meeting, 1-day, Berlin, 09.2009.
34. 14^o Cretan Medical Congress, 3 days, Georgioupolis, Crete, 29.10.2008.
35. 1st National Greek Congress of Investigative Dermatology, 2 days, Heraklion, 10.10.2008.
36. «Perspectives in Melanoma», 3 days, Norwich, Netherlands, 14.11.2006.
37. 12th Cretan Medical Congress, Elounda, 10.2004.
38. 9th Greek National Congress of Medical Students, Athens, 2003.
39. 8th Greek National Congress of Medical Students, Ioannina, 2002.
40. Current Issues in Rheumatology, Heraklion, 2001.
41. 4th Course of Clinical Medicine. "Evidence Based Medicine ". Heraklion, 2001.
42. 13rd Cretan Pediatric Congress, Heraklion, 2001.

C. CLINICAL EXPERIENCE

C1. Specialization in General Surgery

Initially, during my military service, I was trained in the Surgical Department of the NATO Navy Hospital of Crete for 8 months (Director I. Michalakis) and subsequently in the department of General Surgery of the University Hospital of Crete for 4 years and 10 months (Director Prof G. Chalkiadakis). During that time I performed a sufficient number of surgical operations which cover the spectrum of general surgery, I joined the Melanoma Unit and I gained significant clinical experience in the management of melanoma including regional and peritoneal chemotherapies. I gained also significant

experience in the management of surgical patients in the outpatients clinic and in the management of acute surgical patients and polytrauma patients in the emergency department of the hospital contributing in the general on call service of the Department for 2 years as a chief resident.

C2. Training after completion of residency in general surgery

Following the completion of my specialty training in Greece I practiced as specialty doctor for surgery (Facharzt) for 6 months in the tertiary Central Hospital of Bremen in Germany in the department of Visceral Surgery and Surgical Oncology (Director Prof T. Lehnert). Subsequently I served in York Teaching Hospital as a senior registrar in surgery for 22 months in the Department of General Surgery (Director Mr G. Miller) and later as a consultant surgeon in York Teaching Hospitals Foundation Trust which includes also the General District Hospitals of Scarborough and Bridlington in the North Yorkshire of the United Kingdom.

C.2.1. Central Hospital of Breme (Klinikum Bremen Mitte, Bremen).

In this hospital I practiced as a trained general surgeon (Facharzt) with a scholarship of the European Society of Surgical Oncology. The Department of Visceral Surgery and Surgical oncology has 60 beds and is a referral centre for upper gastrointestinal cancer, hepatopancreaticobiliary cancer and colorectal cancer covering a population of more than 2 million. During this time I contributed to the on call rota of the department, in the elective and emergency theatre lists, in the outpatient clinics and in the weekly tumour boards of the hospital. I contributed to several operations as first assistant and I gained knowledge from the Director Prof Thomas Lehnert who is a Professor of Surgery in the University of Heidelberg and an internationally recognized upper gastrointestinal surgery expert. During my on calls I had the complete responsibility for the admissions and for the treatment of the patients of the Department.

C.2.2. York Teaching Hospitals, York, UK.

In this hospital I practiced from January 2014 until September 2018. Initially I was hired as a surgical registrar for **8 months** joining the colorectal team of the department which consisted of 7 consultant colorectal surgeons and I was supervised by Mr David Alexander. During this time I contributed in all the activities of the Department of General Surgery including, outpatients clinics in general surgery (weekly), colorectal surgery clinics (weekly), operating theatre lists of general surgery and colorectal surgery (1-1.5 days per week), monthly morbidity and mortality meetings and journal clubs. Subsequently I joined the upper GI team which consisted of 3 consultant upper GI surgeons and I contributed in all their clinical activities including daily ward rounds for 20-40 inpatients, outpatient clinics in general surgery (weekly), outpatient clinics in upper gastrointestinal surgery (weekly), operating theatre lists of general surgery and upper GI surgery (1-1.5 days per week), weekly morbidity meetings and monthly mortality meetings and journal clubs. I practiced with the upper GI team for **14 months**. At the same time I trained in the upper GI endoscopy. During my on calls I had the complete responsibility of the admissions, leading the surgical team and I performed all the surgical operations.

C3. Clinical Experience as Attending / Consultant Surgeon

C3.1. Consultant General and Upper GI surgeon -- York Hospitals

During my service as consultant general surgeon in York Teaching Hospitals NHS FT (10.2015-09.2018), I supported the Upper GI Surgery service in the Hospitals of York, Bridlington, and Scarborough. These include benign upper GI diseases in the elective setting and all the urgent cases of upper GI cancer which demand immediate treatment. At the same time, I was coordinator surgeon and member of the MDT for the treatment of upper GI cancer in collaboration with the MDT of Hull Cancer Centre. I was appointed to develop a service for the expert care of patients with complex

hernias of the abdominal wall in collaboration with plastic surgeons. I was leading surgeon of the hospital during my on calls in the hospital of Scarborough which covers a population approximately 100.000.

During my service as a consultant I performed 1129 surgical operations which include benign diseases of the upper GI system and the biliary tract as well as an important number of laparoscopic hernia repairs. My conversion rates in laparoscopic cases were below the national average in the UK. As a certified upper GI endoscopist I performed more than 600 hundred elective and emergency gastroscopies. During this time I have managed as a responsible consultant more than 2000 surgical patients.

C3.2 Assistant Professor of General Surgery – University Hospital of Heraklion, Greece.

Since September 2018, I have been appointed as an Assistant professor of Surgery in the Medical School of the University of Crete. I practice in the Department of General Surgery (Director Prof E. Chrysos) and I am responsible of the Upper GI clinic of the hospital and I develop my specialist interest in this field. I perform independently operations for the treatment of benign and malignant diseases of the upper GI system including laparoscopic antireflux surgery, laparoscopic cardiomyotomies, gastrectomies for cancer and for benign disease. I also perform laparoscopic hernia repairs and open abdominal wall reconstruction with the component separation technique. Beyond my area of expertise I have performed independently a significant number of operations which cover the spectrum of general surgery and include oncological resections for colorectal cancer, thyroidectomies, laparoscopic and open cholecystectomies, melanoma resections and sentinel node biopsies, sarcoma resections of the abdominal wall and the extremities, distal pancreatectomies, removal of pseudocysts, necrosectomies of pancreas, bilioenteric anastomoses and benign and parasitic cysts of the liver. I contribute actively in the general on call service of the department as the leading surgeon and I have performed independently a significant number of operations in emergency general surgery and trauma surgery.

D. TEACHING EXPERIENCE

D1. Undergraduate teaching

D1.1 Responsible professor of Undergraduate Courses

- ◆ Surgery A – (2018, 2019, 2020, 2021, 2022, 2023, 2024) where I give the following lectures:
 - Lectures:
 - Diseases of oesophagus (2x lectures 2 hour each)
 - Diseases of stomach and duodenum (2x lectures 2 hour each)
 - Diseases of pancreas (1 lecture of 2 hours)
 - Diseases of small bowel – appendix (1 lecture of 2 hours)
 - Primary survey of the polytrauma patient (1 lecture of 2 hours)
 - Initial management and secondary survey of the polytrauma patient (2x lectures 2 hour each)
 - Systematic differential diagnosis of surgical diseases (1 lecture of 2 hours)
 - Clinical workshop (bedside teaching): History and physical examination (4x lectures 2 hour each)
- ◆ Propaedeutic Surgery – (2023, 2024) where I give the following lectures:

- Lectures:
 - Systematic approach to medical history of the surgical patients (1 lecture of 2 hours)
 - Principles of medical history – Assessment of vital observations of the patient (1 lecture of 2 hours)
 - Physical examination of the unwell patient and polytrauma patient (1 lecture of 2 hours)
 - Postoperative monitoring – indwelling catheters and drains (1 lecture of 2 hours)

- ◆ Elective course: “Pathophysiology of the motility disorders of the GI system”. (2019, 2020, 2021, 2022, 2023) where I give the following lectures:
 - Lectures:
 - Introduction to the motility of the GI system, Functional anatomy of the esophagus, Achalasia (1 lecture of 2 hours)
 - Gastroesophageal Reflux Disease (1 lecture of 2 hours)
 - Postoperative motility disorders of the stomach (1 lecture of 2 hours)

- ◆ Elective course: «Professional Development» (2020, 2021, 2022, 2023) where I give the following lectures:
 - Lectures
 - Effective communication (1 lecture of 2 hours)
 - Continuing Professional Development (1 lecture of 2 hours)
 - Workplace stress management – Burnout syndrome (1 lecture of 2 hours)
 - Working in teams (effective teamwork) – clinical leadership (1 lecture of 2 hours)
 - Workshop: effective consent for surgical procedures – breaking bad news – information governance – effective communication (1 lecture of 2 hours)

D1.2 Lectures / teaching in undergraduate courses

- ◆ Clinical placement in Surgery (5th year of studies) (2018, 2019, 2020, 2021, 2022, 2023)

- ◆ Lectures in Pathophysiology A (3rd year of studies) (2020, 2021, 2022)
 - Lectures
 - Pathophysiology of the motility disorders of the GI system (2 lectures of 2 hours)
 - Pathophysiology of surgical diseases (2 lectures of 2 hours)

- ◆ Online Lectures in clinical surgery (during pandemic) (5th year of studies)(2021).
 - Lectures (1 hour duration)
 - Effective communication. Presenting the patient in ward rounds
 - Prehabilitation.
 - Management of cystic pancreatic lesions.
 - A systematic review of complications after Whipple operation.
 - Management of complications of colorectal surgery.
 - Selection of patients for antireflux surgery. ICARUS guideline

- ◆ Live webinar: “The theoretical base of suturing techniques” (5th year of studies), duration: 90min, 07.10.2021.
- ◆ Lecture with title: «Introduction to differential diagnosis of GI symptoms». 2.4.2019, 5th year of studies, University Hospital of Heraklion.
- ◆ Clinical placement in surgery of 4th and 5th year medical students of Hull-York Medical School in the outpatient upper GI clinics, 10.2015 – 9.2018.
- ◆ Clinical training in medicine of 1st and 2nd year students of Hull-York Medical School every 15 days, 01.2014 – 10.2015.
- ◆ Lectures in Pathophysiology of the Motility Disorders of GI system (5th year of studies) (2012, 2013)
 - Lectures
 - Gastroesophageal Reflux Disease (1 lecture of 2 hours)
 - Postoperative motility disorders of the stomach (1 lecture of 2 hours)
- ◆ During my residency in General Surgery I contributed to the training of medical students of the University of Crete in their clinical rotations in Surgery. 10.2008-06.2013.

D2. Postgraduate Teaching

D2.1 Responsible professor of postgraduate courses

- ◆ «Principles of Surgical Sciences» in the postgraduate Master’s Program entitled «Surgical Sciences» of the Medical School of the University of Crete (2019, 2020, 2021, 2022, 2023) where I deliver the following lectures:
 - Lectures
 - Introduction to the operating room. OR personnel. Universal Precautions. Surgical attire. Positioning the patient in the operating table - prevention of related injuries. (duration 2 hours)
 - Principles of Surgical Oncology. Principles of Geriatric surgery. Wound healing. Surgical Risk Assessment scores (duration 2 hours)
- ◆ «Professional development» in the postgraduate Master’s Program entitled «Surgical Sciences» of the Medical School of the University of Crete (2019, 2020, 2021, 2022, 2023) where I deliver the following lectures:
 - Lectures:
 - How to teach and train (duration 2 hours)
 - Feedback (duration 2 hours)
 - Mentoring in surgery (duration 2 hours)
 - Workshop: medicolegal issues (2 hours)
 - Bullying, harassment, equity and diversity in surgery (2 hours)
 - Management of stress in workplace. Burn out syndrome (2 hours)

- ◆ «General Traumatology» in the postgraduate Master’s Program entitled «Surgical Sciences» of the Medical School of the University of Crete (2019, 2020, 2021, 2022, 2023) where I deliver the following lectures:
 - Lectures:
 - Triage systems in trauma care. Trauma severity scores (2 hours)
 - Common pitfalls in the management of trauma patient. Ballistics and explosion trauma. (2 hours)
- ◆ «Surgical Oncology» in the postgraduate Master’s Program entitled «Oncology: from oncogenesis to treatment» of the Medical School of the University of Crete and the National Institute for Research (2019, 2020, 2021, 2022, 2023) where I deliver the following lectures:
 - Principles of surgical oncology (2 hours)
 - Surgical management of skin melanoma (2 hours)
 - Surgical management of HPB cancer (2 hours - years 2022, 2023)
 - Surgical management of colorectal cancer (2 hours – years 2022, 2023)
- ◆ «Bioethics» in the postgraduate Master’s Program entitled «Oncology: from oncogenesis to treatment» of the Medical School of the University of Crete and the National Institute for Research (2019, 2020, 2021, 2022).
- ◆ «Specialized Traumatology» in the postgraduate Master’s Program entitled «Surgical Sciences» of the Medical School of the University of Crete (2019, 2020, 2021, 2022, 2023) where I deliver the following lectures:
 - Abdominal Trauma. Damage control surgery. (2 hours)
- ◆ Responsible professor for the weekly training program of the department of General Surgery of the University Hospital of Heraklion where I delivered the following lectures (2019):
 - Prehabilitation (1hour) (3.10.2019)
 - Management of esophageal cancer (1 hour) (3.1.0.2019)
 - CAWR: posterior component separation technique (1hour) (13.2.2019)

D2.2 Lectures / teaching in postgraduate courses

- ◆ Training program of the Department of Surgical Oncology, University Hospital of Heraklion, Crete (Director Prod E. Debree). Lecture entitled: «Predictive risk models for laparotomy» (30 minutes) (10.4.2024).
- ◆ National Surgical Residents Training Program of the Hellenic Society of Surgery. Lecture entitled: «Acute appendicitis (pathophysiology, diagnosis and treatment)». 5.4.2024. (1 hour)
- ◆ 20-minute lecture with title: “Sentinel node biopsy and surgical excision of melanoma” in the 2nd training course of the 9th circle of studies of the Greek Academy of Oncology entitled: “Sarcoma, melanoma, CNS tumours, NETs and rare tumours”. Athens, 24.11.2023.

- ◆ 20-minute lecture entitled: “Management and bailout techniques” in a round table discussion with title: “Difficult cholecystectomy” in the 20th Cretan Medical congress, Agiow Nikolaos, 27.10.2023.
- ◆ Master’s Program of the Medical School, University of Crete: «Emergency and Intensive care of Toddlers, Children and Adolescents” 12.2019, 12.2020.
 - Lectures
 - Chest injuries in children and adolescents (1 hour)
 - Acute abdomen in children and adolescents (1 hour)
- ◆ Master’s program of the Medical School, University of Crete and National Institute of Research, Athens: «Oncology: from oncogenesis to treatment». Course entitled: «ONC2: Diagnosis of cancer» (responsible Prof Ms Aggelaki) (2020, 2021,2022):
 - Lectures
 - «Clinical presentation and staging of melanoma and neuroendocrine tumours» (2 hours).
- ◆ Master’s Program of the Medical School of Crete entitled: «Surgical Sciences». Course with title «Surgical Infections» (Responsible professor J. Tsiaousis) (2019, 2020, 2021,2022)
 - Lectures
 - «Septic shock, multiple organ failure syndrome» (2 hours)
 - «Postoperative infections-prevention and management» (1 hour).
- ◆ National Surgical Residents Training Program of the Hellenic Society of Surgery. Lecture entitled: «Principles of hernia surgery (tension free, mesh selection, component separation). 7.6.2023. (1 hour)
- ◆ Training Program of the Laboratory of Radiation Oncology of Heraklion in Collaboration with the Medical School of Heraklion. Lecture entitled: «Extremity sarcomas – Surgical management», 23.1.2023, (20 minutes)
- ◆ Training program of the Department of Surgical Oncology, University Hospital of Heraklion, Crete (Director Prod E. Debree). Lecture entitled: «Preoperative assessment of nutrition of the surgical patient» (30 minutes) (01.02.2022).
- ◆ National Surgical Residents Training Program of the Hellenic Society of Surgery. Lecture entitled: «Oncological right colectomy and left colectomy». (40 minutes) 07.10.2021
- ◆ Webinar entitled: “Evidence based reconstructions after gastrectomy”, in the department of General Surgery of the National Cancer Institute in Cairo (1 hour), 12.07.2021.
- ◆ Master’s program: «Surgical oncology of the digestive system» of the Medical School of the Aristotele University of Thessaloniki, (45minutes) 2021, 2022, 2023
- ◆ Training program of the Department of Surgical Oncology, University Hospital of Heraklion, Crete (Director Prod O. Zoras). Lecture entitled: «Management of complex hernias of the abdominal wall» (1 hour) (2019)
- ◆ Department of General Surgery, University Hospital of Heraklion. Lecture entitled: «Fluid and electrolyte balance in surgical patients» 22.3.2019.

- ◆ Department of General Surgery, University Hospital of Heraklion. Lecture entitled: «Complex wound closure techniques». (45 minutes) 28.3.2019.
- ◆ Workshop for core surgical trainees entitled: «Essential Surgical Skills». Session: «Skin laceration repair and surgical knots.» 10.12.2016 York Hospital, UK (3 hours).
- ◆ Webinar under the auspice of the European Society of Surgical Oncology entitled: “Controversies in melanoma surgery”, (1 hour) 09.2018. video available at www.essoweb.org
- ◆ Webinar under the auspice of the European Society of Surgical Oncology entitled: «Surgical management of stage III and IV melanoma», (1hour) 03.12.2016. video available at www.essoweb.org
- ◆ «Training day of the surgical trainees» Scarborough, York Teaching Hospitals NHS, FT. Workshop on emergency cricothyroidotomy and tracheostomy. 09.09.2016 York Hospital (3 hours).
- ◆ Workshop for core surgical trainees entitled: «Essential surgical skills: wound closure and surgical knots» (3 hours), 30.07.2016 York Hospital, UK.
- ◆ Training day of the surgical trainees, Scarborough, York Teaching Hospital NHS, FT. Workshop with title: «Hernias of the abdominal wall and skin flaps with the use of simulation models». (3 hours) 03.06.2016.
- ◆ Workshop for core surgical trainees entitled: «Essential surgical skills: wound closure and surgical knots» (3 hours), 7.5.2016 York Hospital, UK.
- ◆ “Training day of the surgical trainees, Scarborough Hospital, York Teaching Hospitals NHS FT. Workshop entitled: “Anastomoses of the small bowel” 26.2.2016, (3 hours).
- ◆ Workshop for core surgical trainees entitled: «Essential surgical skills: wound closure and surgical knots» (3 hours), 27.10.2015, York Hospital, UK.
- ◆ Workshop for core surgical trainees entitled: «Essential surgical skills: wound closure and surgical knots» (3 hours), 02.10.2015, York Hospital, UK.
- ◆ I taught fluorocytometry and immunoblotting to visitor researchers of the department of Dermatologic oncology of Karls University, Tuebingen, Germany (30% of my working time) 03/2007-05/2007.
- ◆ I taught multivariate survival analysis and classification and regression trees analysis to a PhD student of the department of Dermatologic Oncology, Karls University, Tuebingen, Germany (30% of my time) 04.2007-07.2007.
- ◆ I taught fluorocytometry, ELISA, cell cultures, immunoblotting and data analysis to a student of the department of Biology of the University of Stuttgart (20% of my time). Department of Dermatologic Oncology, Karls University, Tuebingen, Germany, 05.2007-07.2007.

D3. Supervisor / Member of committees for the supervision and evaluation of PhD theses and diploma dissertations

D3.1 Supervisor of PhD thesis

2022.12 PhD thesis of Dr S. Kokkinakis with title: «Multicenter prospective comparative study of risk prediction tools in emergency laparotomies in Greece». The dissertation is at the stage of completion of 3 publications in international medical journals and the results have already been presented and received awards in national and international meetings.

2022.12 PhD thesis of Dr G Petra with title: «Prospective comparative study of malnutrition screening tools in surgery». The dissertation is at the stage of completion of data collection and it was recruited 1750 patients from 13 hospitals in Greece. Preliminary data have already been presented in national meetings.

2022.05 PhD thesis of Dr D Panagiotou with title: The immunomodulatory action of the probiotic *Lactobacillus plantarum* in wound healing. An experimental study in mice. The Dissertation has already completed the experimental part and achieved the main publication in an international medical journal.

2020.10 PhD of Dr Rodopeos following assignment from the Committee of Postgraduate Studies because of the retirement of the initial supervisor (Prof Kaffatos). The title is: "Impact of the Orthodox Fasting on bone growth and osteoporosis". The Dissertation was completed in 2021.

D3.2 Member of evaluation committee of PhD theses /diplomas /dissertations

2023.10: Member of a three-member evaluation committee for the master's thesis of Georgia Stipani titled "Pilot study of the diagnostic accuracy of muscle ultrasonography for the determination of sarcopenia and prognostic correlation with postoperative complications in patients undergoing gastrointestinal surgery," within the framework of the MSc in Public Health - Primary Health Care - Health Services.

2023.10: Member of a three-member evaluation committee for the master's thesis of Ms. Kastanaki Pagona titled "The role of previous appendectomy in altering biological markers related to systemic inflammatory response in colorectal cancer and rectal cancer," within the framework of the MSc in Colorectal and Rectal Surgery.

2023.07: Member of a three-member evaluation committee for the master's thesis of Ms. Tsiprailidou titled "Exploration of end-of-life care goals in patients and healthcare professionals," within the framework of the MSc in Oncology: From Oncogenesis to Therapy.

2023.06: Member of a three-member supervision committee and a seven-member evaluation committee for the doctoral dissertation of Anna Daskalaki titled "Prognostic factors for the development and prevention of postoperative subclinical hypothyroidism."

2023.03: Supervisor and member of a three-member examination committee for the master thesis of Mr. Ioannis Fragkiskos titled "The role of cytoreduction and intraperitoneal chemotherapy in the management of gynecological malignancies" within the framework of the MSc in Oncology: From Oncogenesis to Therapy.

2022.03: Supervisor and member of a three-member examination committee for the master thesis of Mr. Em. Kritsotakis titled "Evaluation of compliance with international guidelines for the management of colorectal cancer" within the framework of the MSc in Oncology: From Oncogenesis to Therapy.

2022.03: Supervisor and member of a three-member examination committee for the master thesis of Mr. Georgios Giannou titled "Clinical study of quality indicators for colorectal and rectal interventions" within the framework of the MSc in Oncology: From Oncogenesis to Therapy.

2022.02: Member of a three-member examination committee for the master thesis of Ms. Michailidou Styliani titled "The role of endoprotheses in cases of pancreatic and biliary cancer" within the framework of the MSc in Oncology: From Oncogenesis to Therapy.

2020.10: Member of a seven-member supervisor committee for the doctoral dissertation of Ms. M. Kalogridaki titled "Diagnostic examination with nanosensors during resuscitation in cardiac arrest as a prognostic factor for non-survival in patients with traumatic brain injury," supervised by Prof. Emmanouil Pikoulis, University of Athens.

2020.03: Member of a seven-member supervisor committee for the doctoral dissertation of Mr. Georgios Dimitriou titled "Acute gastrointestinal bleeding in cirrhotic patients and its impact on the natural course of the disease."

2019.10: Member of a seven-member evaluation committee for the doctoral dissertation of Mr. A. Andreou titled "Prospective study comparing comprehensive geriatric assessment and frailty phenotype in elderly surgical patients."

2019.12: Member of a seven-member evaluation committee for the doctoral dissertation of Mr. E. Volakakis titled "Evaluation of the effectiveness of autologous concentrated plasma in accelerating the healing of chronic wounds using computational planimetry and mathematical standardization."

2020.06: Member of a three-member evaluation committee for the thesis proposal of Mr. Eu. Tourvas titled "Anatomical and imaging study with magnetic resonance imaging of the insertion of the rectus abdominis muscle into the pubic bone and study with computed tomography of the relationship of the superficial stoma of the inguinal canal with the white line."

2021.06: Member of a seven-member evaluation committee for the doctoral dissertation of Mr. D. Michelakis titled "The effect of hyperthermic isolated limb perfusion on circulating melanoma cells and their correlation with disease outcome in patients."

2021.06: Member of a seven-member evaluation committee for the doctoral dissertation of Mr. D. Nasikas titled "The role of Parvovirus B19 in thyroid cancer."

2021.02: Member of a three-member examination committee for the undergraduate thesis of Dr Michelakis, MSc in Oncology: From Oncogenesis to Therapy, titled "MITF as a therapeutic target and biomarker in malignant melanoma of the skin."

D4. Lectures/presentations in international meetings and courses

1. 20min lecture with title: "Monitoring infections in surgical departments" in the The EUCIC ADVANCED MODULE Laboratory and clinical aspects of the surveillance of healthcare-associated infections: a theoretical and practical approach ATHENS, Greece, 24/01/2024 - 27/01/2024 organized by EUCIC - Hellenic Society for Microbiology

2. 15min presentations in Session with entitled: "Gastrointestinal Cancer Surgery" in the 10th International Gastrointestinal, Liver and Uro-oncology Conference, 15-16 July 2021, Cairo, Egypt.
 - a. Surgery for Stage IV melanoma
Evidence based reconstruction after gastrectomy.
3. 15min presentation in Session with entitled: "Pancreatic Cancer" in the 10th International Gastrointestinal, Liver and Uro-oncology Conference, 15-16 July 2021, Cairo, Egypt.
 - b. Extend of lymphadenectomy in pancreatic resection.
4. Cyto-reductive Surgery – with new data, who does and who doesn't need HIPEC? 14th Greek-Cypriot Surgical Congress, 15-17 November 2019, Nicosia, Cyprus.
5. "Why emergency colorectal cancer surgery has poor results and how we can improve it". 38th Congress of the European Society of Surgical Oncology will take place from 10-12 October 2018 in Budapest, Hungary.
6. Difficult melanoma cases - Interactive presentation – Televoting. ESSO Advanced Course on Surgical and Medical Management of Melanoma, Athens 2017.
7. "The activities of the ESSO Young Surgeons Alumni Club (EYSAC) over the past 2 years». Congress of the European Society of Surgical Oncology, Krakow, Poland, 09.2016.
8. "Difficult melanoma cases – Interacting presentation – Televoting" in the «Advanced course of surgical and medical management of melanoma» of the European Society of Surgical Oncology, Athens 12-14.11.2015.
9. Difficult melanoma cases – Interacting presentation – Televoting" in the «Advanced course of surgical and medical management of melanoma» of the European Society of Surgical Oncology, Santorini, Greece, 10-13.10.2013
10. "Course evaluation – MCQs " in the «Advanced course of surgical and medical management of melanoma» of the European Society of Surgical Oncology, Santorini, Greece, 10-13.10.2013
11. "Contemporary research protocols regarding the use of TNF α for isolated limb chemotherapy, at the University of Crete. 4th International Conference on Molecular Medicine, Istanbul, 27-30.06.2011.
12. «The natural course of melanoma and sarcoma». Round table discussion (30 min). 3rd International Conference on Molecular Medicine, Istanbul, 27-30.06.2011.

D5. Lectures / presentations in national congresses and courses

1. 15-minute lecture entitled: «Adequate resuscitation or early source control?» in a round table discussion: «Intraabdominal infections – guidelines», in the 18th Panhellenic Congress of Surgical Infections, Athens, 15-17.12.2023,
2. 15-minute presentation titled "Writing a Paper" at the Surgical Research Symposium, 33rd Panhellenic Surgical Congress, Athens, 11.2023.

3. Advanced Trauma Life Support Course (ATLS). Heraklion 11.2023 (30 min lectures on Shock, Abdominal and pelvic trauma, practical skills station for circulatory management, practical skills station for the use of adjuncts during primary survey).
4. Advanced Trauma Life Support Course (ATLS). Heraklion 07.2023 (30 min lectures on Shock, practical skills station for circulatory management, practical skills station for the use of adjuncts during primary survey).
5. Advanced Trauma Life Support Course (ATLS). Heraklion 03.2023 (30min lectures on Shock, supervision of candidate trainer for spinal cord and NM injuries, practical skills station for circulatory system management (supervision of candidate), trauma during pregnancy and domestic violence (supervision of candidate instructor), musculoskeletal trauma (candidate instructor training), practical skills station for the use of adjuncts during primary survey, examination in polytrauma assessment scenarios).
6. Advanced Trauma Life Support Course (ATLS). Heraklion 11.2022 (30min lectures on shock, practical skills station for circulatory system management, musculoskeletal trauma, trauma in pregnant women and domestic violence, practical skills station for the use of aids during clinical examination, student examination in polytrauma assessment scenarios),
7. Advanced Trauma Life Support Course (ATLS). Heraklion 02.2022 (30min lectures on Head Injuries, spinal cord injuries, practical skills station for Disability management, practical skills station for the use of adjuncts during primary survey, student examination in polytrauma assessment scenarios).
8. Advanced Trauma Life Support Course (ATLS). Heraklion 11.2021 (30 min lectures on head injuries, spinal cord injuries, Disability management practical skills station, trauma during pregnancy and domestic violence, practical skills station for the use of adjuncts during clinical examination, student examination in polytrauma assessment scenarios).
9. Advanced Trauma Life Support Course. Heraklion 11.2018 (30 min lectures, Thoracic injuries, Cranial injuries, Trauma in pregnant women/children, Trauma in the elderly, chest injury skills station, and Head injuries practical skills station).
10. 15-minute presentations titled: "How to Build a Balanced CV," "Organization of Surgical Research," "Writing a Research Protocol," "Scientific misconduct in Biomedical Research," at the 1st Surgical Research Seminar, Heraklion, 10.06.2023.
11. 15-minute presentation titled "Surgical Techniques for Hepatocellular Carcinoma" at the 13th Panhellenic Interventional Radiology Congress, Heraklion, Crete, 26-27.5.2023.
12. 15-minute presentation titled "Electronic Data Platforms - REDCAP" at the 1st Surgical Research Seminar at the University of Athens, 10-11.3.2023.
13. 15-minute presentation at the Panhellenic Coloproctology Congress titled "Nutritional Assessment and Patient Outcome." Athens 30.3-1.4.2022.
14. 15-minute presentation at the 2nd Educational Seminar of the Hellenic Society of Surgical Oncology (HSSO): "Tumors, Melanoma, CNS Tumors, NETs, Rare Tumors." Presentation title: "Surgical Management of Melanoma - Basic Principles, Sentinel Lymph Node, Special types of Melanomas." Athens 18-19.11.2022.

15. 15-minute presentation at the conference of the Hellenic Surgical Society "Current Topics in Surgical Oncology" titled: "Therapeutic Algorithm in Gastric Cancer. International and Greek Guidelines." Athens 6-7 May 2022.
16. 20-minute presentation at the 2nd Panhellenic Lymphedema Symposium. Lecture titled: "Surgical Excision of Melanoma and Lymph Node Dissection." 19-20.03.2022, Athens.
17. 15-minute presentation at a seminar titled "2nd Surgical Research Seminar." Lecture title: "Electronic Data Platforms - REDCAP." 10-11.2022, Athens.
18. 15 minute presentation at a scientific conference on "Cutting-Edge Issues in Rectal Cancer." Lecture title: "Management of Hepatic Metastases from Rectal Cancer." July 9, 2022, Athens.
19. 15-minute presentation at the Clinical and Translational Oncology Conference in a round table discussion titled "COVID-19: Modifying Daily Practice without Compromising Oncology Care Quality." Presentation title: "Surgical Treatment." 12-14.11.2021, Heraklion.
20. 15-minute presentation at the 32nd Panhellenic Surgical Congress, titled "Therapeutic Method Selection: Contemporary Views: Surgery" in a round table discussion titled "Gastroesophageal Reflux. Are We More Inclined Towards Interventional Treatment?" June 9-12, 2021, Thessaloniki.
21. 15-minute presentation at the 32nd Panhellenic Surgical Congress titled "Elderly Patient: Laparotomy or Low Anterior Resection" in a round table discussion titled "Challenging Issues in Lower Gastrointestinal Surgery: Therapeutic Choices and Techniques." June 9-12, 2021, Thessaloniki.
22. 25-minute presentation of 25 minutes titled: "Advanced GIST of the sigmoid" at the Conference titled: "Interactive approach to patients with neoplasms of the digestive system. Diagnostic and Therapeutic Dilemmas". October 30 to November 1, 2020, Athens.
23. 15 minute presentation at the 1st Cypriot Symposium on Gastrointestinal Cancers: Colorectal Cancer, Nicosia, December 13-14, 2019:
 - a. "Anastomotic techniques" at a satellite conference titled: "Anastomotic leak - Surgeon's nightmare"
 - b. "Surgical treatment of colorectal cancer in the elderly" in a roundtable discussion.
24. 8-minute Presentation titled: "Postgraduate education - MSc in Oncology UoC / NHRF" at the Session titled: "Oncology and Education". 6th Panhellenic Forum, "Women in Oncology, expanding boundaries". 19-21.9.2019.
25. 10-minute presentation titled: "Postoperative complications: Recognition and management" in the round table: "Management of complications in emergency colorectal surgery". 16th Panhellenic Congress of Surgical Infections and 8th Panhellenic Congress of Trauma and Emergency Surgery, Trauma - Infection - Septic. Thessaloniki, 3-6.10.2019.
26. 15-minute presentation titled: "Surgical excision, SLNB, and the role of lymphadenectomy" at the Forum titled "Dermato-Oncology in daily clinical practice", July 10, 2020, Athens.
27. 15-minute presentations at the 14th Congress of Surgical Oncology, October 31 to November 3, 2019, Athens:

- c. "Vulnerability phenotypes in geriatric oncology patients"
 - d. Indications for partial and total gastrectomy
28. 15min presentation titled: "Restructuring surgical education in Greece". 31st Panhellenic Congress of Surgery and International Surgical Forum 2018. 11.2018.
 29. 15 min presentation titled: "The importance of regional lymph nodes in pancreatic cancer". 31st Panhellenic Congress of Surgery and Surgical Forum 2018. 11.2018.
 30. 30 min lecture: "Modern multidimensional management of pancreatic cancer in the United Kingdom. What can we learn in Greece by facing the seemingly impossible" - Tribute to World Pancreatic Cancer Day. 11.2018.
 31. 20 min presentation "The specialty of surgical oncology: Necessity or luxury?" Conference titled: "The power of education and clinical experience in Oncology". 04.2016, Ioannina, Greece (20 minutes).
 32. Advanced Life Trauma Support (ATLS). (4 lectures, 155minutes) 01.2013.
 33. Advanced Life Trauma Support (ATLS). (4 lectures, 155minutes) 05.2012.
 34. 2-hour lecture on «Postoperative complications» to postgraduate students of the School of Nursing of the University of Crete. 12.2012.
 35. 20 min lecture entitled: "Principles of regional chemotherapy". Postgraduate courses at Areteio Hospital, 2nd Surgical Department, Athens, 02.2012.
 36. 15 minutes presentation entitled: "Principles of Geriatric Surgery – Protocols for Geriatric Assessment of Surgical Patients". Panhellenic Surgical Congress, Athens, 2012.
 37. 20 min presentation entitled: "Principles of regional chemotherapy", Postgraduate courses at Areteio Hospital, Athens, February 2012.
 38. 15 min presentation "Intra-arterial therapy for satellite or descending metastasis of melanoma", Seminar of the Hellenic Melanoma Society, Thessaloniki, 01.2012.
 39. Advanced Trauma Life Support Course (ATLS). (4 lectures, 155 minutes) 12.2011.
 40. Advanced Trauma Life Support Course (ATLS). (4 lectures, 155 minutes) 07.2011.
 41. 15 min presentation entitled: "Progress in the epidemiology of melanoma", 2nd Panhellenic Conference of Dermatological Research, Heraklion, October 2011.
 42. 15 min presentation entitled: "Update in the epidemiology of cutaneous melanoma". Symposium of the Hellenic Society of Dermatological Research, Heraklion, September 2011.
 43. 15 min presentation entitled: "Epidemiological trends of cutaneous melanoma". Panhellenic Melanoma Conference, Athens, 2010.
 44. 10 min presentation entitled: "Surgical specialization in Greece". Roundtable discussion entitled: "Surgical specialization in Greece", Panhellenic Surgical Congress, International Surgical Forum, Athens, 2010.

45. 15 min presentation with title: "Melanoma in the elderly". Roundtable discussion: Geriatric Oncology. Panhellenic Congress of the Hellenic Society of Surgical Oncology, Heraklion Crete, 2008.
46. 15 min presentation with title: "Targeted therapies in the treatment of melanoma". Roundtable discussion: Melanoma. Panhellenic Conference of the Hellenic Society of Dermatological Research, Heraklion, Crete, 2008.
47. 20 min presentation with title: "Principles of geriatric surgery. New data." Roundtable discussion: Geriatric Surgery. Pancretan Medical Congress, Georgioupoli, 2008.

E. RESEARCH EXPERIENCE

E.1 Research interests

- ◆ I organized the multicenter study MATS (Malnutrition Assessment Tools in Surgery) involving 13 Greek centers, aiming to evaluate nutritional assessment tools in surgical patients. The study has completed the data collection stage with over 1750 patients included. The initial results have been presented at the Panhellenic Surgical Congress 2023.
- ◆ I organized the multicenter studies HELAS, RISK, and SEAL, focusing on emergency laparotomy in Greece. These studies involved 11 centers from Greece and Cyprus. They provide data on the outcomes of emergency laparotomy, compare results with those from the United Kingdom, and suggest areas for improvement (HELAS). They evaluate postoperative complication assessment systems and recommend the most suitable for the Greek population (RISK). Additionally, they propose an original nomogram for assessing severe postoperative complications after emergency laparotomy in the Greek population (SEAL) (PL¹ No 3,13,19).
- ◆ During my surgical residency at the University of Crete and the Surgical Clinic of PAGNI, I supervised the conduct and publication of a study on the effect of malnutrition on elderly patients regarding the occurrence of postoperative complications. I also contributed as an equally contributing first author to a study on circulating melanoma cells in patients undergoing regional chemotherapy (PL No. 40). Furthermore, I contributed as a second author to a study on elderly surgical patients regarding the choice of method for assessing geriatric frailty (PL No. 54).
- ◆ I collaborated with colleagues from an overseas center to publish results of studies on endoscopic lymphadenectomy (PL No. 35, 43).
- ◆ I participated in multicenter studies on COVID-19 infection and the likelihood of postoperative thromboembolism (PL No. 30), intra-arterial chemotherapy in patients with advanced skin melanoma (PL No. 33), the correlation of nasogastric tube use with postoperative pneumonia (PL No. 35), the relationship between COVID-19 vaccination and postoperative outcomes (PL No. 37), the safety of surgical procedures during the pandemic (PL No. 38), the development of a prognostic model for predicting micrometastases in patients undergoing sentinel lymph node biopsy (PL No. 41), prevention of postoperative hernia in patients undergoing preventive ileostomy restoration (PL No. 46), safe discharge of

¹ PL: publication list

patients undergoing colorectal surgery (PL No. 47), the effectiveness of NSAIDs in preventing postoperative ileus after colorectal surgery (PL No. 52), prognostic factors in intra-abdominal sepsis (PL No. 53, 64, 75), prognostic factors and outcomes after appendectomy (PL No. 55).

- ◆ During my service at the York Teaching Hospitals NHS Foundation Trust, I completed and published the results of a randomized study on early closure of prophylactic ileostomy in patients undergoing anterior resection of the rectum (PL No. 63). Additionally, I participated as the lead clinical researcher in a study evaluating the long-term outcomes of aspiration of pilonidal abscess in 100 consecutive patients. The results indicate that selected patients can be initially managed conservatively with aspiration and antimicrobial therapy, thus avoiding the morbidity of wide drainage of the abscess (PL No. 56).
- ◆ During my service at the York Teaching Hospitals NHS Foundation Trust, I completed, as the principal investigator, a study correlating postoperative lactate levels with postoperative complications in patients undergoing colorectal surgery. The results were presented in an oral presentation at a major international coloproctology conference (see p 45).
- ◆ During my fellowship at the Bremen Central Hospital, in collaboration with Professor T. Lehnert, I conducted a systematic review and meta-analysis of the literature on palliative gastrectomies for cancer. The results of the study supported the application for the QUADRIGA randomized study at Bremen Hospital and were published in the Anticancer Research journal (PL No. 67).
- ◆ During my residency in general surgery (2008-2013), I focused on "Morphometry and three-dimensional imaging of melanocytic skin lesions" in collaboration with the Skin and Melanoma Clinic of the Department of Dermatology, University of Crete (Professor K. Tosca), and the Department of Informatics and LASER at the FORTH institute of Crete (Professor K. Fotakis). The subject of the studies was the development of automated melanoma diagnosis technology as part of the doctoral thesis of Dr. A. Kokolakis. The results of the studies were published in reputable international journals (PL No. 74, 77).
- ◆ During my specialty training, I conducted a study analyzing risk factors for the development of atypical nevi, which was published in the international journal Melanoma Research (PL No. 84), 2009-2013.
- ◆ During my specialty training, I conducted a study documenting and monitoring patients undergoing isolated limb perfusion for inoperable melanoma or sarcoma (PL No. 40).
- ◆ During my specialty training, I conducted a retrospective study of a large number of patients who underwent total thyroidectomy for multinodular goiter to identify risk factors for thyroid cancer. I also participated in a study evaluating the use of bipolar vessel sealing device in total thyroidectomy. The results of the study were published in international medical journals (PL No. 80), 2009-2013.
- ◆ During my fellowship at the Department of Dermato-Oncology at the University of Tuebingen, Germany, I mainly focused on translational medicine and molecular biology of melanoma, specifically investigating the effects of targeted molecular therapies on BRAF, MAPK-MEK, and mTOR signaling pathways. I became familiar with various molecular biology methods (PCR, RIA, immunofluorescence, flow cytometry, western blot, etc.) as well as the use of melanoma models (skin reconstructs). The results of these studies were published in reputable journals (PL No. 86, 91, 93, 95) (2004-2005).

- ◆ During my residency at the Department of Dermato-Oncology at the University of Tuebingen, Germany, I conducted clinical epidemiological studies on skin melanoma. These studies included analyzing the incidence and mortality of melanoma in Southern Germany in collaboration with the Central Melanoma Registry. Factors related to melanoma survival were also analyzed using multivariate analysis models. The results were published in reputable international journals (PL No. 87, 88, 90, 94, 96, 97, 98), 2004-2005.
- ◆ As part of my doctoral thesis, I conducted studies analyzing the incidence and mortality of melanoma in Crete. These were the first epidemiological studies of melanoma in Greece. Risk factors for the development of skin melanoma in the population of Crete were analyzed using multivariate models, and a comparative study of epidemiological data was conducted with the population of Baden-Wuerttemberg, South Germany. (PL No. 98, 99, 103)
- ◆ As an undergraduate medical student, I participated as a researcher in "in vivo microdialysis" studies on experimental animals in the neuropharmacology laboratory of the University of Crete under the supervision of Professor A. Thermos. During this period, I became familiar with the management and care of experimental animals, as well as the techniques of stereotaxic placement of microcatheters to study the effects of neurostimulants on different nuclei of the brain's basal ganglia. The results of the study were presented at the national medical student conference in 2003 (see p. 50). 5/2002-10/2002.

E.2 Organization of multicentre studies

1. 2023: Principal investigator of the study RADIGAL (Rationale Diet for Gallstones).
2. 2022: Principal investigator of the study MATS (malnutrition assessment tools in surgery)
3. 2021: Principal investigator of the studies HELAS, RISK, SEAL (PL No. 3, 13, 19)

E.3 Participation in multicentre studies

1. 2023: International multicenter study THYCOVID (PI: Fabio Medas): "Evaluation of covid-19 pandemic on surgery for indeterminate thyroid nodules."
2. 2023: International multicenter study PRIMACC (PI: Paola Fugazzola): "Validation and comparison of Scores for Prediction of Risk for post-operative major Morbidity after cholecystectomy in Acute Calculous Cholecystitis: protocol for a prospective multicenter observational study (PRIMACC)."
3. 2023: International multicenter study RETAINER (PI: Stefanie Croghan): "Global Incidence and Risk Factors Associated With Postoperative Urinary Retention Following Elective Inguinal Hernia Repair: The Retention of Urine After Inguinal Hernia Elective Repair (RETAINER I) Study."
4. 2023: International multicenter study ChoCo-W (PI: Belinda De Simone): "The ChoCO-W prospective observational global study: Does COVID-19 increase gangrenous cholecystitis?"
5. 2023: Multicenter study of the Hellenic Society of Surgical Infections: "BUNDLE OF MEASURES FOR THE PREVENTION OF SURGICAL SITE INFECTIONS: The PREBUSSI Study."

6. 2023: Multicenter study of the Hellenic Society of Surgical Infections HERCO-II: "Complicated intraabdominal infections - the greek reality: The HERCO-II Study."
7. 2023: International multicenter study CASCADE: Cardiovascular outcomes after major abdominal surgery: A student-led observational prospective audit of postoperative cardiovascular complication after major abdominal surgery.
8. 2023: International multicenter study by the upper gastrointestinal surgeons group (TUGS): "The HOLD Study: Stomach Elective Surgery Morbidity and Mortality at 90-Days."
9. 2023: International multicenter study by the upper gastrointestinal surgeons group (TUGS): "The AROMA Study - 30-Day Morbidity and Mortality of Emergency Surgery for Abdominal Hernia - A TUGS Multinational Audit."
10. 2023: International multicenter study by the upper gastrointestinal surgeons group (TUGS): "The AMBROSE Study 30-Day Morbidity and Mortality Of Cholecystectomy for Benign Gall Bladder Disease: A TUGS Multinational Audit."
11. 2023: International multicenter study by the Eurosurg group: "APOLLO: Acute Presentation of Colorectal Cancer: an international snapshot An international, multi-centre study of emergency presentations of colorectal cancer."
12. 2022: International multicenter study MANCTRA-1 (PI: Mauro Podda) which studies the optimal time of cholecystectomy after moderate or severe acute biliary pancreatitis: "Timing of Cholecystectomy After Moderate and Severe Acute Biliary Pancreatitis."
13. 2022: International multicenter study EAST-west Colorectal Study 2022 The effect of preoperative factors and surgical technique on postoperative outcomes in patients undergoing colorectal resections at South-eastern Europe: an international prospective observational study. ClinicalTrials.gov Identifier: NCT05544487
14. 2021: International multicenter study by the Covidurg Collaborative group titled "SARS-CoV-2 vaccination modelling for safe surgery to save lives: data from an international perspective cohort study."
15. 2021: International multicenter study by the Covidurg Collaborative group titled "SARS-CoV-2 infection and venous thromboembolism after surgery: an international prospective cohort study. Anaesthesia."
16. 2021: International multicenter study led by Professor Quadagni titled: "A Prospective Study of Intraarterial Infusion Chemotherapy in Advanced WT BRAF Melanoma Patients."
17. 2021: International multicenter study by the Covidurg Collaborative titled: "Timing of surgery following SARS-CoV-2 infection: an international prospective cohort study."
18. 2020: International multicenter study by the Eurosurg Collaborative group titled: "Timing of nasogastric tube insertion and the risk of postoperative pneumonia: an international, prospective cohort study."
19. 2020: International multicenter study by the Eurosurg Collaborative group titled: "Safety of hospital discharge before return of bowel function after elective colorectal surgery."
20. 2020: International multicenter study CORSICA by the ESSO Young Surgeons Alumni Club.

21. 2019: International multicenter study: Physiological Parameters for Prognosis in Abdominal Sepsis (PIPAS) Study. World Society of Emergency Surgery multicenter observational study.
22. 2014: Participation in the ROCSS study: "Enhancing Stoma Closure." The study was organized by the University of Birmingham and the Western United Kingdom Research Federation.
23. 2014: Participation in the WISS study: "WSES prognostic score for patients with complicated intra-abdominal infections. A prospective study. Organization of the World Society of Emergency Surgery."
24. 2011: Participation in the multicenter study: "Complicated intra-abdominal infections in Europe: A detailed review of the CIAO study." Organization of the World Society of Emergency Surgery.

E.4 Future research plans

- I aim to complete my current study which is to identify the most effective screening tool for nutritional assessment in patients undergoing major operations of general surgery. This is the Malnutrition Screening Tools in Surgery (MATS study / NCT05393752) that has completed recruitment and is currently at the stage of database cleaning and validation. The completion of this project is expected to take 2 years and the resulting publications will address several issues regarding the assessment of nutritional status in a meaningful way, by analysing the impact of indices of the nutritional status on the postoperative outcomes and rationale cut-off points for measures which are arbitrarily used in the literature and in clinical practice.
- I have already commenced a pilot study in order to expand my research to sarcopenia in surgical patients. This project will aim to provide meaningful definitions of sarcopenia in patients undergoing major surgery and will utilize CT image analysis of muscle content, nutrition parameters and measures of muscle strength to assess the impact of sarcopenia on postoperative outcomes. The results are expected to enable us to select rationally patients for prehabilitation. This study is expected to be completed in the next 3 years.
- RADIGAL (Rationale Diets for Gallstones) is a randomized multicentre study which I lead and has just commenced recruitment. This project explores the effect of nutrition on the outcomes of patients treated either conservatively for gallstones while awaiting surgery or patients undergoing laparoscopic cholecystectomy for gallstones. The results are expected to provide high level evidence for the dietary recommendations in this group of patients. Furthermore, we will explore dietary patterns and association with post-cholecystectomy syndrome. The trial is at the stage of data collection and the completion is expected in 2025.
- Finally, a research project which I aim to start over the next 2-5 years will aim to assess measures of comorbidity and complexity of surgical operations in general surgery. This is going to be a multicentre study on a large number of patients in Greece, Cyprus, and possibly other selected European countries.

A long-term goal of my research projects is to integrate current data on risk management of surgical patients, perhaps with the use of Artificial Intelligence to develop an easy, rapid, automated risk assessment of the individual patient with recommendations for preoperative optimization and safety.

F. AUTHORSHIP

F1. PhD thesis.

Summary of the doctoral thesis by Konstantinos Lasithiotakis, supervised by Professor A. Toska, entitled: "Study of the epidemiological data of skin melanoma in the population of Crete", starting date 10.07.2003.

No epidemiological data regarding cutaneous melanoma (CM) have been reported for Greece so far. Aim of the present study was: a) To calculate incidence rates of CM on Crete (island of southern Greece). b) To compare clinical and epidemiological characteristics of CM between Cretan patients and patients from central Baden-Württemberg (southern Germany). c) To define risk factors for the development of CM in the population of Crete. Between 1999-2002 all patients of Cretan origin diagnosed with primary CM were interviewed and underwent complete dermatological examination. Age standardised incidence rates were calculated with the method of direct standardization. The results were compared with corresponding data of CBW for the same time period. The independent risks were defined by means of multivariate logistic regression analysis. The age standardized incidence according to the Greek standard population was 4.6/100.000 for men 4.7 for women. The mean annual age standardised incidence of CM on Crete according to the European standard population during 1999-2002 was 4.01/100.000 for men 4.05 for women, while in CBW the incidence was 10.6/100.000 in men 11.1 in women. Cretan patients were diagnosed more frequently with thicker tumors compared with CBW (median Breslow 1.4mm vs 0.7mm, $P<0.05$) and the proportion of nodular melanomas was significantly higher on Crete than in CBW (29% vs 11%, $P<0.05$). In the multivariate analysis, solar keratoses (OR 6.2) and solar lentigo (OR 2.2), common and atypical nevi (OR 5.4 και 3.0, respectively) blonde or red haircolor (OR 3.1), skin phototype I/II (OR 1.8), as well as total sun exposure (weeks/year) (OR 1.03), all were significantly associated with CM. In conclusion, the incidence of CM on Crete is comparable with other southern European countries and significantly lower than southern Germany. However, Cretans are diagnosed with more advanced tumors than patients from CBW which necessitates planning preventive strategies for the earlier diagnosis of CM on Crete. In the relatively dark skinned population of Crete, indices of sun exposure represent the most important risk markers for CM whereas in fair skinned Caucasian populations melanocytic nevi play the central role.

Evaluated with grade "excellent". University of Crete, July 2008.

F2. Scientific publications - bibliometrics

F2.1. Peer reviewed papers in international medical journals

- Total: 109 (108 in PubMed)
- First author: 22
- Second author: 13
- Last author: 10
- Clinical studies: 63
- Laboratory studies: 10

- Reviews: 12
- Case reports: 13
- Editorials/letters to the editor: 7

◆ Bibliometrics

- Cumulative impact factor (Journal of Citations Reports): 1106,1
- Average impact factor (Journal of Citations Reports): 10.8
- Cumulative impact factor (last 5years): 852
- Average impact factor (last 5years): 15.8
- Scopus (106 documents)
 - Citations: 3314 (<https://1drv.ms/b/s!Am9HrQ1TjhOX2CemUFtmbKMqxDXD?e=vRburZ>)
 - H-index: 30
- Google scholar (133 documents)
 - Citations: 4611 (https://1drv.ms/b/s!Am9HrQ1TjhOX2Cv9RL7cK2z_RGw9?e=x8pYuk)
 - H-index: 32
- Web of Science (96 documents)
 - Citations: 1666 (<https://www.webofscience.com/wos/author/record/KDR-1397-2024>)
 - H-index: 22

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F2.2. Abstracts in international peer reviewed journals

- Total: 17

Titles:

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2. Michelakis D., Messaritakis I, Lasithiotakis K, Ioannou Ch, Souglakos I, Stamatiou D, Koronidou K, De Bree E, Zoras O. Hyperthermic isolated limb perfusion for locally recurrent melanoma of the limbs: Potential role of circulating tumor cells in disease outcome. 20th World Congress on Advances in Oncology & 18th International Symposium on Molecular Medicine 2015 Athens. International Journal of Molecular Medicine 36, September 1, 2015, S97
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10. K. Lasithiotakis, E. Grisbolaki, M. Venianaki, A. Andreou, U. Zoras, G. Chalkiadakis. Comparative Analysis of Long-Term Outcomes of Elderly Patients Undergoing Total Thyroidectomy for Endemic Multinodular Goiter. Ann Surg Oncol 2012; 19, Supplement 1, S110.
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12. D Beck, H Niessner, T Sinnberg, K Lasithiotakis, M Bonin, D Kulms, B Schitteck, C Garbe, F Meier (2011). Metastatic melanoma cells are sensitive to drugs inducing endoplasmic reticulum stress-mediated apoptosis D. Experimental Dermatology, 20, 200.

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F2.3. Publications in national medical journals

- Total: 11
 - First author: 9
 - Reviews: 3
 - Abstracts: 7
1. **Lasithiotakis K**, Zoras O (2012). Melanoma epidemiology 2011. Marking time or making progress? *Greek Surgical Oncology.* 3(1): 5-13.
 2. **Lasithiotakis K**, Venianaki M, Grispolaki E, Chrysos E, Zacharioudakis G, Koutsomanolis D, Filis D, Zoras O, Petrakis I, Chalkiadakis G (2011). The incidence of thyroid cancer in patients over 55 years old undergoing total thyroidectomy for multinodular goiter. Analysis of 1149 patients. *Greek Surgical Oncology* 2(1): 65 [abstract]
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isolated limb chemotherapy with TNF and melphalan for recurrent melanomas and limb sarcomas. The experience of Greek collaborating members. *Greek Surgical Oncology* 2(1): 36 [abstract]

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9. Kokolakis A, **Lasithiotakis K**, Krasagakis K, Toska A (2011). Factors related to the prevalence of atypical nevi in patients with melanocytic lesions at the pigmented skin lesion clinic of the University Hospital of Heraklion. *Greek Surgical Oncology* 2(1): 39 [abstract]
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11. **Lasithiotakis K**, Zoras O (2009). Diagnosis and therapeutic strategy of the patient with cutaneous melanoma. *Iatriki* 95(4):271-283.

F2.4. Authorship of books / book chapters

1. **K. Lasithiotakis**. Chief editor and author of 9 out of 16 chapters of the book "Examination of the Surgical Patient", Broken Hill Publications 2022.
2. **K. Lasithiotakis**, S. Xenaki, E. Chrysos. Chapter 17. Intestinal Obstruction. In: Kanellos I (Editor). *General Surgery*, 2nd Edition. Rotonda Publications 2020.
3. **K. Lasithiotakis**, O. Zoras. Soft Tissue Sarcoma. In: Kanellos I (Editor). *General Surgery*, 2nd Edition. Rotonda Publications, 2020.
4. **K. Lasithiotakis**, D. Stamatiou, O. Zoras. Pelvic Chemotherapy with Flow Interruption. In: Peritoneal Chemotherapies. Spiliotis I (Editor). SCEP Publications, 2016.
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F2.5 Abstracts in proceeding books of international congresses.

1. Evangelos I. Kritsotakis, Stamatios Kokkinakis, Ioannis Xanthakis, Augusto Dottor Morgia, Maria Samaritaki, **Konstantinos Lasithiotakis**. Statistical pitfalls and errors in external validation studies of clinical prediction models: a case study with the SAPS II and SAPS 3 prognostic models for critically ill patients. To be included in the book of abstracts and presented as poster at the 45TH ANNUAL CONFERENCE OF THE INTERNATIONAL SOCIETY FOR CLINICAL BI-OSTATISTICS, 21-25 July 2024, Thessaloniki, GREECE
2. Stamatios Kokkinakis et al. "Postoperative ICU care utilization and mortality in the multicentre Hellenic Emergency Laparotomy Study (HELAS)." oral presentation at the 22nd European Congress of Trauma and Emergency Surgery, May 7–9, 2023 in Ljubljana/Slovenia.
3. Stamatios Kokkinakis et al. "Prospective multicenter external validation of postoperative mortality prediction tools in patients undergoing emergency laparotomy: presentation of a study protocol." oral presentation at the 22nd European Congress of Trauma and Emergency Surgery, May 7–9, 2023 in Ljubljana/Slovenia.
4. Stamatios Kokkinakis et al. Postoperative outcomes of emergency laparotomy during the Covid-19 pandemic. An PS13.01 analysis of the multicentre hellenic emergency laparotomy study (HELAS). Poster presentation at the 22nd European Congress of Trauma and Emergency Surgery, May 7–9, 2023 in Ljubljana/Slovenia.

5. T. K. Nikolouzakis, E. Vakonaki, M. Tzatzarakis, **K. Lasithiotakis**, E. Chryssos, A. Tsatsakis. Evaluation of surgical stress impact over immune response against SARS-CoV-2. A pilot study. Poster presentation in IUTOX XVIth International Congress of Toxicology 04.2022, Maastricht, Netherlands.
6. Alexandros Andreou, Sofia Xenaki, Maria Venianaki, Ioannis Petrakis, Praminthra Chitsabesan, **Konstantinos Lasithiotakis**. Poster presentation in the Meeting of the Association of Surgeons of Great Britain and Ireland (ASGBI) with title: «A comparison of frailty phenotype and comprehensive geriatric assessment in geriatric surgical patients. », 05.2018, Liverpool.
7. **K. Lasithiotakis**. Isolated Limb Chemotherapy with Perfusion or Infusion. Systematic Review of Outcomes and Morbidity. European Society of Surgical Oncology Congress, September 14-17, 2017, Krakow, Poland.
8. **Konstantinos Lasithiotakis**, Jonathan Wilson, Simon Davies, Helen Milner, Dimitra Volanaki, Ian Bradford, David Yates. Lactate in Arterial Blood Three Hours after the End of Surgery Independently Predict Postoperative Outcomes following Scheduled Colon and Rectal Procedures. European Society of Coloproctology, 9th Annual Scientific Meeting, Barcelona, September 24-26, 2014.
9. **K. Lasithiotakis**, Dimitra Volanaki, Ian Bradford, Odysseas Zoras. Morbidity and In-hospital Mortality of Palliative Gastrectomies. A Systematic Review. 34th European Society of Surgical Oncology Congress, Liverpool, United Kingdom, 2014.
10. I. Petrakis, A. Andreou, M. Venianaki, S. Xenaki, **K. Lasithiotakis**, G. Chalkiadakis. Outcomes of Colorectal Surgeries in Elderly Patients. Our Experience with Comprehensive Geriatric Assessment. 10th European Geriatric Medicine Society Congress, September 17-19, Rotterdam, Netherlands.
11. D. Volanaki, **K. Lasithiotakis**, D. Bandyopadhyay. Correlation of Visual Diagnosis and Histology of Different Histological Types of Polyps. Tripartite Colorectal Diseases Conference, Birmingham, UK, June 30 - July 3, 2014.
12. M. Kouremeti, L. Redifis, S. Xenaki, N. Chatzievanggelou, **K. Lasithiotakis**, N. Asimakopoulou, G. Panagiotakis, G. Chalkiadakis. Laparoscopic Removal of Sigmoid Colon Lipoma in a Young Patient. Presentation of an Interesting Case. 18th World Congress on Advances in Oncology and 16th International Symposium on Molecular Medicine, Hersonissos, Crete, October 10-12, 2013.
13. S. Xenaki, **K. Lasithiotakis**, M. Kouremeti, L. Redifis, P. Papakonstantinou, G. Panagiotakis, G. Chalkiadakis. Rare Case of Mixed Neuroendocrine Tumor and Pancreatic Adenocarcinoma. 18th World Congress on Advances in Oncology and 16th International Symposium on Molecular Medicine, Hersonissos, Crete, October 10-12, 2013.
14. I. Petrakis, **K. Lasithiotakis**, G. Chalkiadakis, M. Venianaki, A. Andreou. Metabolic Equivalents are Independent Predictors of Postoperative Complications in Elderly Patients Undergoing Cholecystectomy. 20th International Congress of Geriatrics and Gerontology, Korea, 2013.
15. I. Petrakis, **K. Lasithiotakis**, A. Andreou, M. Venianaki, G. Chalkiadakis. Higher Rates of Postoperative Hypocalcemia and Vocal Cord Paralysis in Elderly Patients undergoing Total Thyroidectomy. 20th International Congress of Geriatrics and Gerontology, Korea, 2013.

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21. A. Toska, **K. Lasithiotakis**, A. Kokolakis, E. Giannikaki, K. Krasagakis. Factors Associated with the Incidence of Atypical Moles among Photoresistant Phototypes of Skin. European Union of Dermato-Oncology. Athens, 2010.
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2. Anna Kyprianou, Konstantinos Pitsikakis, Konstantinos Kitsos, Georgia Petra, Hammam Migdadi, **Konstantinos Lasithiotakis**, Emmanouil Chrysos. Laparoscopic intraperitoneal preperitoneal treatment of suprapubic hernia and bilateral inguinal hernias. Poster abstract at the 33rd Panhellenic Surgical Congress, Athens, 11.2023.
3. Sotirakis D., Frouzas M., Kanata D., Schizas D., Syllaios A., Panagakis A., Machairas N., Stamopoulos P., Stavratidis F., Bali X., Lianos G., Mitsis M., Kapiris S., Sotiropoulou M., Kollinioti A., **Lasithiotakis K.**, Paterakis K., Pramateftakis M., Zapsalis K., Panousis P., Galanis I., Meitanidou M., Savvidis M., De Bree E., Michelakis D., Christodoulou V., Theodoropoulos G. Surgical outcomes of patients with benign and malignant colorectal diseases: Greek data from an international multicenter prospective study (NCT05544487). Oral presentation at the 33rd Panhellenic Surgical Congress, Athens, 11.2023.
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7. Georgia Petra, Aikaterini Rasouli, Stamatis Kokkinakis, Ioannis Tsikritzakis, Evangelos Kritsotakis, Emmanouil Chrysos, **Konstantinos Lasithiotakis**. Multicenter prospective study comparing nutritional assessment tools in general surgery. Oral presentation at the 33rd Panhellenic Surgical Congress, Athens, 11.2023.
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9. Georgios Giannos, Georgios Stylianidis, **Konstantinos Lasithiotakis**. Clinical study of quality indicators in colorectal cancer surgical treatment. Posted abstract at the 3rd Panhellenic Coloproctology Congress, 31.4-1.4.2023, Athens.
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 12. Stamatis Kokkinakis, Evangelos Kritsotakis, Neofytos Maliotis, Ioannis Karageorgiou, **Konstantinos Lasithiotakis**, Emmanouil Chrysos. Complications of modern pancreatoduodenectomy: a systematic review and meta-analysis. Oral presentation at the 15th Northern Greece Surgical Congress, 11.2021, Florina.
 13. Garyfallia-Apostolia Karali, Konstantinos Paterakis, Vyron Malikidis, Odysseas Zoras, Emmanouil Chrysos, **Konstantinos Lasithiotakis**. Multicenter prospective study comparing prediction models of postoperative mortality after emergency laparotomy in the Greek population. Research protocol presentation. 33rd Panhellenic Surgical Congress, Thessaloniki, September 2021.
 14. Georgia Petra, **Konstantinos Lasithiotakis**, Emmanouil Chrysos. Neuroendocrine tumor in a developmental retrorectal cyst (tailgut cyst). 33rd Panhellenic Surgical Congress, Thessaloniki, September 2021.
 15. Stamatis Kokkinakis, Vasilis Alexandridis, Thanos Vasilopoulos, Emmanouil Chrysos, **Konstantinos Lasithiotakis**. "Interesting case of gastric adenocarcinoma with metastases to the genitourinary system." 32nd Panhellenic Surgical Congress, Thessaloniki, June 2021.
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27. A. Kokolakis, **K. Lasithiotakis**, K. Krasagakis, A. Toska. Study of quality of life in patients with dysplastic nevus syndrome under surveillance at a melanoma clinic. 11th Conference of the Hellenic Society of Surgical Oncology, Athens, 2011.
28. A. Kokolakis, **K. Lasithiotakis**, K. Krasagakis, A. Toska. Factors associated with the prevalence of dysplastic nevi in the mole clinic of the University Hospital of Heraklion. 11th Panhellenic Congress of Surgical Oncology, 2011.
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30. **K. Lasithiotakis**, M. Venianakis, E. Grisbolaki, E. Chrysos, G. Zacharioudakis, D. Koutsomanolis, D. Filis, O. Zoras, I. Petrakis, G. Chalkiadakis. Impact of thyroid cancer in patients over 55 undergoing total thyroidectomy for multinodular goitre. Analysis of 1149 patients. 11th Conference of the Hellenic Society of Surgical Oncology, 2011.
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61. Tselas K, Fytroglou N, **Lasithiotakis K**, Skoutela F, Krustallakis N, Bitsakis A, Epitropakis G. Glucose tolerance test. 12th Pancretian Congress, Elounda, 2004.
62. Ioannidou D, **Lasithiotakis K**, Tavladaki E, Katsogridakis K, Nearchou A. Analysis of patients in the pediatric dermatology clinic. 12th Pancretian Medical Congress, Elounda, 2004.
63. Tzouvelekas A, **Lasithiotakis K**, Kritikos I. Report on 6 cases of dermatomyositis. Clinical manifestation, treatment, and correlation with neoplasia. 9th Panhellenic Medical Students' Congress, Athens, 2003.
64. Tzouvelekas A, **Lasithiotakis K**, Tsivgoulis S, Kyriazis L, Gkikas A. Prevalence of enteric colonization with Vancomycin-resistant Enterococcus in patients of the University Hospital of Heraklion. 9th Panhellenic Medical Students' Congress, Athens, 2003.
65. Papamathaiakis D, Tzouvelekas A, **Lasithiotakis K**, Diakonis V, Xynos E. Comparative analysis of laparoscopic and open Nissen fundoplication. 9th Panhellenic Medical Students' Congress, Athens, 2003.
66. Tzouvelekas A, Papamathaiakis D, **Lasithiotakis K**, Diakonis V, Xynos E. Prospective randomized comparative study between Nissen and Nissen-Roseti in patients with gastroesophageal reflux. 9th Panhellenic Medical Students' Congress, Athens, 2003.
67. Diakonis V, **Lasithiotakis K**, Tzouvelekas A, Tsivgoulis S. Mortality rates in the municipality of Asterousion. 9th Panhellenic Medical Students' Congress, Athens, 2003.
68. Kyriazis L, **Lasithiotakis K**, Tzouvelekas A, Tsivgoulis A, Diakonis V, Chalkiadakis G. Plastic reconstruction of inguinal hernia. Tension-free technique using prosthetic materials (expanded polytetrafluoroethylene Gore-Tex dual mesh). 9th Panhellenic Medical Students' Congress, Athens, 2003.
69. Xekardakis E, Manikas E, **Lasithiotakis K**, Aktsidis V, Marangoudakis P, Chalkiadakis G. Zenker's diverticulum in an elderly patient. Case presentation. 9th Panhellenic Medical Students' Congress, Athens, 2003.
70. Marangoudakis P, **Lasithiotakis K**, Aktsidis V, Manikas E, Chalkiadakis G. Plastic repair of post-operative hernia using prosthetic materials. 9th Panhellenic Medical Students' Congress, Athens, 2003.
71. Manikas E, Kyriazis L, **Lasithiotakis K**, Kypreos K. The amino-terminal region 1-185 of apolipoprotein E induces clearance of lipoproteins in vivo. The carboxy-terminal end is necessary for inducing hyperlipidemia in healthy mice with apolipoprotein E deficiency. 9th Panhellenic Medical Students' Congress, Athens, 2003.

G. LEADERSHIP AND ADMINISTRATIVE EXPERIENCE

G1. Director of programs and courses

1. Director of the Collaborative Master's Programm of the Medical School of Crete and the National Hellenic Research Foundation of Athens with title: «Oncology: from oncogenesis to treatment: 9.2023-
2. Director of the Advanced Trauma Life Support Course of Crete since 2022. (organization of 7 courses)
3. Director of the Course with title: «1st Surgical Research Course» under the auspice of the Cretan Medical Council and the Hellenic Medical Students Association 10.6.2023.
4. Director of the Course with title: «2nd Surgical Research Course» organized by the Department of General Surgery of the University Hospital of Heraklion and the Postgraduate Master's Programme «Surgical Sciences».

G2. Participation in committees of the University of Crete and the University Hospital

1. Member of the Health Support and Student Care Committee of the Medical School of Heraklion, 2021-22, 2022-23.
2. Member of the Interconnection Committee with the National Health System of the Medical School of Heraklion, 2021-22, 2022-23.
3. Member of the Competitive Programs and Innovation Committee of the Medical School of Heraklion, 2021-22, 2022-23.
4. Member of the Special Scientific Committee, Interinstitutional Postgraduate Program titled "Oncology: From Oncogenesis to Therapy," 2021, 2022, 2023.
5. Member of the Coordinating Committee of the Interinstitutional Postgraduate Program titled "Oncology: From Oncogenesis to Therapy," 2019, 2020, 2021, 2022, 2023.
6. Member of the Coordinating Committee of the MSc Program «Surgical Sciences», 2019, 2020, 2021.
7. Member of the Committee for Medical School Websites, 2019-2020, 2022-23.
8. Member of the Undergraduate Studies Committee of the Medical School of Crete, 2019, 2020, 2021, 2022, 2023, 2024.
9. Member of the Postgraduate Studies Committee of Medical School of the University of Crete (7/2018-7/2019).

10. Member of the Selection Committee for MSc Surgical Sciences postgraduate students for the academic years 2019, 2020, 2021, 2022, 2023.
11. Member of the Selection Committee for MSc Oncology: From Oncogenesis to Therapy postgraduate students for the academic years 2019, 2020, 2021, 2022, 2023
12. Member of the Tuition Waiver Committee for the MSc Oncology: From Oncogenesis to Therapy for the academic years 2019-2020, 2020-2021.
13. Member of the Procurement Objections Committee for PAGNI, 2020, 2021, 2022, 2023.
14. Substitute member of the Oncology Council of PAGNI, 2019, 2020, 2021, 2022, 2023.
15. Member of the General Assembly of the Medical Department, 2019, 2021, 2022, 2023.
16. Member of the Bioethics Committee of PAGNI, 2020, 2021, 2022, 2023.
17. Evaluation Committee for Proposals for the hiring of a secretary at the MSc "Oncology: From Oncogenesis to Therapy," protocol number 30463. (2021.01)
18. Member of the Interconnection Committee with Public and Private Health Systems (PAGNI - - VENIZELEIO hospitals) (2021).
19. Member of the Competitive Programs and Innovation Committee of the Medical School, University of Crete (2021).
20. Member of the evaluation/technical specifications committee for surgical supplies of The University Hospital of Heraklion:
 - 2022.05: €190,000, protocol number 1294/2022.
 - 2021.01: €72,912, protocol number 1311.
 - 2021.09: €65,576, protocol number 15333.
 - 2021.09: €48,980, protocol number 15436.
 - 2021.04: €67,800, protocol number 7106.
 - 2020.10: €72,698, protocol number 16179.
21. Elected Member of the Scientific Council of the University Hospital of Heraklion, for the years 2012-2013.

G3. Organization – contribution in the organization of meetings and course

1. Member of the scientific committee of the 1st National Congress of Emergency Cases and Traumatology”, Heraklion, 29.3.2024
2. Chairmanship of the session titled: «Diseases of the appendix and peritoneal carcinomatosis». of the Surgical Residents Training Program of the Hellenic Surgical Society, 06.04.2024, Heraklion
3. Member of the scientific committee of the 18th Panhellenic Congress of Surgical Infections, Athens, 15-17.12.2023,

4. Chairmanship of a lecture session titled: «ERAS protocols and surgical infections» in the 18th Panhellenic Congress of Surgical Infections, Athens, 15-17.12.2023,
5. Member of the scientific committee of the International Surgical Forum at the 33rd Panhellenic Surgical Congress. Athens, November 2023.
6. Chairmanship in a round table discussion entitled: “Colorectal cancer” in the International Surgical Forum at the 33rd Panhellenic Surgical Congress. Athens, 11.11.2023.
7. Commentator in a round table discussion titled: “Current data in the management of gastric cancer”, in the International Surgical Forum at the 33rd Panhellenic Surgical Congress. Athens, 11.11.2023.
8. Chairmanship of the session titled: «Hernias» of the Surgical Residents Training Program of the Hellenic Surgical Society, June 7, 2023, Heraklion.
9. Member of the scientific committee of the 3rd Panhellenic Coloproctology Congress, Athens, March 30-April 1, 2023.
10. Chairmanship of a lecture titled: "The effect of perioperative administration of probiotics on colorectal cancer surgery outcomes" at the 3rd Panhellenic Coloproctology Congress, Athens, March 30-April 1, 2023.
11. Chairmanship of a round table discussion on the topic: "Prehabilitation strategy in major surgical interventions" at the 16th International Medical Students and Young Doctors Forum in Athens, May 13-15, 2022.
12. Coordinator of a seminar titled "Residency Orientation Seminar." Medical School of Heraklion, Crete under the auspices of Hellenic Medical Students Association, Heraklion, April 7, 2023.
13. Member of the Scientific Committee of the Scientific Symposium titled: "Cutting-edge issues in rectal cancer," July 9, 2022, Athens.
14. Chairmanship of the session titled: "Discussions on colorectal cancer," at the 2nd Panhellenic Coloproctology Congress, September 16-18, Thessaloniki.
15. Member of the scientific committee at the 2nd Panhellenic Coloproctology Congress, September 16-18, Thessaloniki.
16. Chairmanship of a session titled: "Prevention and Early Diagnosis of Cancer," April 8, 2020, Heraklion.
17. Member of the International Surgical Forum Committee, 32nd Panhellenic Surgical Congress, June 9-12, 2021, Thessaloniki.
18. Discussant in a complications panel discussion after upper gastrointestinal surgeries, at the 32nd Panhellenic Surgical Congress, June 9-12, 2021, Thessaloniki.
19. Chairmanship of a round table discussion titled: "Discussions on colorectal cancer, 2nd Panhellenic Coloproctology Congress, September 16-18, 2021, Thessaloniki.
20. Member of the scientific committee, 2nd Panhellenic Coloproctology Congress, September 16-18, 2021, Thessaloniki.

21. Chairmanship of a round table discussion titled: "Stomach cancer," 27th Scientific Conference of Medical Students of Greece, April 16-18, 2021, Ioannina.
22. Member of the scientific committee at the 27th Scientific Conference of Medical Students of Greece, April 16-18, 2021, Ioannina.
23. Member of the scientific committee of the conference titled: "Interactive Approach to Patients with Neoplasms of the Digestive System - Diagnostic & Therapeutic Dilemmas." Athens, November 12-14, 2021.
24. Chairmanship of a session at the conference "Interactive Approach to Patients with Neoplasms of the Digestive System - Diagnostic & Therapeutic Dilemmas." Athens, November 12-14, 2021.
25. Chairmanship of a session titled: "Pancreatic Neoplasms | Case Presentations," Conference titled: "Interactive approach to patients with neoplasia of the digestive system. Diagnostic and Therapeutic Dilemmas." October 30-November 1, 2020, Athens.
26. Advanced Seminar on Surgical and Medical Management of Melanoma by the European Society of Surgical Oncology, Athens 2019. (scientific secretary).
27. Member of the scientific committee, 14th Oncological Surgery Congress, October 31-November 4, Athens.
28. Chairmanship of a round table discussion titled: "Colon cancer" at the 1st Cypriot Symposium on Gastrointestinal Cancers: Colorectal Cancer, Nicosia, December 13-14, 2019.
29. Chairmanship of a satellite symposium titled: "Rectal cancer II: surgical treatment" at the 1st Cypriot Symposium on Gastrointestinal Cancers: Colorectal Cancer, Nicosia, December 13-14, 2019.
30. Advanced Seminar on Surgical and Pharmaceutical Management of Melanoma by the European Society of Surgical Oncology, Athens 2017. (scientific secretary).
31. Basic surgical skills - Surgical knots and suturing of traumatic wounds. Organizer, scientific responsible and trainer, York Hospitals Educational Organization, United Kingdom, 2015, 2016.
32. Advanced Seminar on Surgical and Pharmaceutical Management of Melanoma by the European Society of Surgical Oncology, Athens 2015. (scientific secretary).
33. Webinar under the auspices of the European Society of Surgical Oncology. Title: "The value of sentinel lymph node in melanoma." I organized this educational activity on behalf of the coordinating committee of EYSAC-ESSO. July 2015.
34. Advanced Seminar on Surgical and Pharmaceutical Management of Melanoma by the European Society of Surgical Oncology, Santorini, 2013. (scientific secretary)
35. "Modern techniques in dermatology and plastic surgery." Coordinator of an educational seminar, Siteia, September 2004.

G4. Member of Medical Societies

1. Hellenic Society for Surgical Infections (2023-)
2. British Hernia Society (2015-)
3. European Society of Surgical Oncology (2012-2017)
4. ESSO Young Allumni Club (EYSAC) (2012-2016)
5. Greek Society of Peritoneal Carcinomatosis (2011-)
6. American Society of Surgical Oncology (2011)
7. Hellenic Society of Surgical Oncology (2010-)
8. Hellenic Society of Investigative Dermatology (founding member 2009-)
9. Hellenic Society of Geriatric Surgery (founding member 2006-2013)
10. Hellenic Cancer Society (2005-)

G5. Member of the Editorial Board of medical journals

- ◆ Frontiers In Oncology, (IF: 4.8)
- ◆ Journal of Clinical Medicine (IF: 4.2)
- ◆ Frontiers In Surgery (IF: 1.8)
- ◆ World Journal of Clinical Cases (IF: 1.3).
- ◆ Hellenic Journal of Surgery (IF NA)
- ◆ Dermatology and Pigmentation Disorders (IF NA)
- ◆ Dermato (IF: NA)
- ◆ SM Dermatology Journal (IF: NA) (2015)
- ◆ World Journal of Clinical Oncology” (IF: 0.5)
- ◆ Journal of Cancer Metastasis and Treatment (IF:NA) (2015-2017)

G6. Member of other academic and administrative committees

- ◆ External evaluator of the oral examinations of 6th-year surgical students at the Medical School of the University of Cyprus, Nicosia, Cyprus, May 2021, May 2022, May 2023.
- ◆ Appointed Independent Evaluator of the Cypriot Council for the Recognition of Titles of Studies, Republic of Cyprus, 2020-
- ◆ Member of a three-member advisory committee for the appointment of a Professor for the Course of Neonatal Surgery.

- ◆ Member of the resuscitation committee following cardiac arrest of the York Hospitals Educational Organization, October 2016-September 2019.
- ◆ Co-author of the guidelines of the Hellenic Society for Melanoma Research. Chapter on the management of locally advanced melanoma. October 2015.
- ◆ Member of the advisory committee of members of the European Society of Surgical Oncology, (October 2014).
- ◆ Member of the Young Surgical Oncologists Committee of the European Society of Surgical Oncology (October 2014).

G7. Audits

- ◆ “Cholecystectomy for acute cholecystitis: Do our patients wait too long for the operation? York Teaching Hospitals NHS Foundation Trust. Approval number: C3062 (09-2016).
- ◆ Assessment of the quality of electronic discharges. York Teaching Hospitals NHS Foundation Trust, Approval Number: C30306 (01/2016-01/2018)
- ◆ National Audit of Emergency Laparotomies York Teaching Hospitals NHS Foundation Trust (NELA) (10/2015- 10/2018)
- ◆ National Center for Recording Surgical Outcomes and Mortality Study on Pancreatitis, United Kingdom York Teaching Hospitals NHS Foundation Trust (01/2016)
- ◆ National comparative audit of lower gastrointestinal bleeding and blood transfusion use in the United Kingdom. York Teaching Hospitals NHS Foundation Trust 01.09.2015 – 01.11.2015.
- ◆ Evaluation of the outcomes of the aspiration of pilonidal abscess under local anesthesia. Study No 2786. York Teaching Hospitals NHS Foundation Trust, (10/2015).
- ◆ Evaluation of clinical presentation, treatment, and outcomes of patients under 40 years old diagnosed with colorectal cancer. York Teaching Hospitals NHS Foundation Trust, (2015).
- ◆ Assessment of the effectiveness of digital rectal examination by general practitioners in patients urgently referred with suspected colorectal cancer. York Teaching Hospitals NHS Foundation Trust (2015)
- ◆ Evaluation of the frequency of reoperation and failure to rescue after gastrointestinal surgical procedures in the General Surgery Department. York Teaching Hospitals NHS Foundation Trust, (2015).
- ◆ Correlation of clinical diagnosis and histological diagnosis of different subtypes of colorectal polyps. Study No. 2191. York Teaching Hospitals NHS Foundation Trust, 2014.

G8. Reviewer in international medical journals

Cancers (IF: 5.2)

Frontiers in surgery (IF: 2.6)

Oncology Reports (IF: 3.4)
 European Journal of Surgical Oncology (IF: 4)
 World Journal of Gastroenterology (IF: 2.7)
 Journal of Experimental and Clinical Cancer Research (IF: 4.4)
 Journal of European Academy of Dermatology and Venereology (IF: 2.0)
 European Journal of Dermatology: (IF: 2.0)
 Surgery (IF: 1.4)
 World Journal of Clinical Cases (IF: 1.3)
 American Journal of case reports (IF: 0.7)
 Journal of Surgical Case Reports (IF: NA)
 Disease (IF: NA)
 World Journal of Cases (IF: NA)
 Annals of Gastroenterology (IF: NA)
 Journal of Metastasis Cancer Treatment (IF: NA)
 World Journal of Clinical Oncology (IF: NA)
 Saudi Medical Journal: (IF: NA)
 World Journal of Gastrointestinal Oncology: (IF: NA)
 Journal of Clinical Cancer Treatment (IF: NA)
 Hellenic Journal of Surgery (IF: NA)
 Journal of Medicine and Medical Science (IF: NA)

Detailed list at: <https://1drv.ms/w/s!Am9HrQ1TjhOXxUFKnIBPkqcZD-ir?e=Or0MdO>

G9. Reviewer in international institutes and organizations

2021.08: Reviewer at the Italian Ministry of Universities and Research for the research project with code: Prot. 2020RM928Z, budget of 1,000,000 euros.

2020.06: Reviewer at the Italian Ministry of Universities and Research for the research project with code: Prot. 2020SLJETT, budget of 1,000,000 euros.

2019.02: Reviewer of the Research Program titled: "Biological clinical and social factors to explain differences in melanoma specific mortality between young and older patients." No 12695, Scientific Review and Grants Administration KWF Kankerbestrijding – Dutch Cancer Society (DCS).

2018.12: Reviewer at the Italian Ministry of Universities and Research for the research project with code: Prot. 2017WT34NP, budget of 1,000,000 euros.

2018.10: Reviewer at the Italian Ministry of Universities and Research for the research project with code: Prot. 20175LZ73E, budget of 1,000,000 euros.

2018.03: Reviewer at the Italian Ministry of Universities and Research for the research project with code: Prot. 20175LZ73E, budget of 1,000,000 euros.

04.2012: Reviewer for a grant application from the Dutch Cancer Society titled: "Pathways of melanoma diagnosis in the elderly." Project number: 00005442 / 060.

H. LANGUAGES

- ◆ Greek (native)
- ◆ English (fluent) Language proficiency diploma at B2 level in English language, University of Michigan (FCE), 1994
- ◆ German (basic) Language proficiency diploma at B2 level in German language, Goethe Institute, 2013
- ◆ Italian (basic) Language proficiency diploma at B2 level in Italian language, Certificato Superiore, PALSO 1999

I. AWARDS, SCHOLARSHIPS, FUNDING

I1. Awards / Distinctions

- ◆ Best Poster Presentation Award at the 33rd Panhellenic Surgical Congress - International Surgical Forum for the work titled: "Multicenter prospective study of mortality after emergency laparotomy in Greek patients (HELAS study)." November 11-15, 2023, Athens.
- ◆ The study "Prospective multicenter external validation of postoperative mortality prediction tools in patients undergoing emergency laparotomy" was selected by the Editor of the Journal of Trauma and Acute Care Surgery as the best for the June 2023 issue.
- ◆ 2nd prize for oral presentation titled "Risk factors for mortality and severe postoperative complications in emergency surgeries of the colon and rectum" at the 3rd Panhellenic Coloproctology Congress, March 30, 2023 - April 1, 2023, Athens.
- ◆ Best Poster Presentation Award at the Association of Surgeons of Great Britain and Ireland (ASGBI) conference titled: "A comparison of frailty phenotype and comprehensive geriatric assessment in geriatric surgical patients," May 2018.
- ◆ Award: Phase II & III Teacher of Excellence 2018, Hull York Medical School, 2018.
- ◆ Award for Best Oral Presentation: "Hyperthermic isolated limb chemotherapy with TNF and melphalan for recurrent melanoma and limb sarcoma. The experience of Greek collaborating members." 11th Congress of the Hellenic Society of Surgical Oncology, Athens 2011.
- ◆ Award for Best Poster Presentation: "A pioneering approach to three-dimensional imaging of psoriatic lesions. Symposium on "Psoriasis and Arthritis. New data, new perspectives." Heraklion, 01.2010.

I2. Scholarships / grants

- ◆ Sponsorship of €1,000 from Viatrix for the support of the multicenter study titled: "Evaluation of Nutrition Screening Tools in Surgical Patients in Greece." May 2021.
- ◆ Sponsorship of €2,000 from Mavrogenis for the multicenter study titled: "Evaluation of risk prediction tools," NCT NCT04615520, 2021.

- ◆ Major scholarship from the European Society of Surgical Oncology for 2013, (€10,000).
- ◆ Scholarship from the German Cancer Society (€10,000) for academic research in melanoma therapy. 11.2006-08.2007.
- ◆ Scholarship from the German Academic Exchange Service (DAAD) for academic studies and research in Germany. (€10,370). 10.2005 – 10.2006.

J. REFERENCES

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