

## CURRICULUM VITAE

### IOANNIS E. KOUTROUBAKIS, MD, PhD

**DATE OF BIRTH** July 30, 1959

**BIRTHPLACE** Chania, Crete, Greece

**CITIZENSHIP** Greek

**MARITAL STATUS** Married, Maria F. Xidaki, MD  
Children (Stratos, 1988 and Filippos, 1993)

**BUSINESS ADDRESS** University Hospital Heraklion  
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#### EDUCATION

1984 Bachelor of Medical Science, MD  
University of Athens  
Athens Greece

#### POSTDOCTORAL TRAINING

1987-1990 Resident in Internal Medicine  
Venizelion Hospital Heraklion

1990-1994 Fellow in Gastroenterology  
University Hospital Heraklion

1994-1995 Research Fellow in Gastroenterology  
Free University Hospital Amsterdam  
Amsterdam The Netherlands

2012 Fellow of the European Board of Gastroenterology and Hepatology

2014-2015 Research Scholar at UPMC, Pittsburgh US

## **HOSPITAL - ACADEMIC APPOINTMENTS**

- 1996            PhD Thesis  
                  Medical School, University of Crete
- 1996-2005      Consulting Medical Staff (senior registrar, consultant)  
                  Department of Gastroenterology  
                  University Hospital Heraklion  
                  Heraklion, Crete, Greece
- 2005-2013      Assistant Professor of Medicine  
                  Department of Gastroenterology  
                  University Hospital Heraklion  
                  Heraklion, Crete, Greece
- 2013-2017      Associate Professor of Medicine  
                  Department of Gastroenterology  
                  University Hospital Heraklion  
                  Heraklion, Crete, Greece
- 2016-            Adjunct Professor of Medicine, School of Medicine,  
                  Department of Medicine, University of Pittsburgh
- 2017-            Professor of Medicine  
                  Department of Gastroenterology  
                  University Hospital Heraklion  
                  Heraklion, Crete, Greece
- 2020-            Head of the Department of Gastroenterology  
                  University Hospital Heraklion  
                  Heraklion, Crete, Greece

## **MAJOR RESEARCH INTERESTS**

Inflammatory bowel diseases (epidemiology, genetics, environmental factors, biomarkers, extraintestinal manifestations, mechanisms and treatment of anemia, mechanisms of thrombosis, osteoporosis)  
Intestinal ischemia

## **MEMBERSHIP IN INTERNATIONAL ORGANIZATIONS**

- 2004-            International Organization for the Study of Inflammatory Bowel  
                  Disease (IOIBD)
- 2007-            European Crohn's and Colitis Organization (ECCO)
- 2013-2019      National representative of Greece for ECCO

## **EDITORIAL AND REVIEW COMMITTEES**

### EDITOR-IN-CHIEF

- 2011-            Annals of Gastroenterology

### EDITORIAL BOARD

- 2001 -            BMC Gastroenterology
- 2007-            World Journal of Gastroenterology
- 2008-            BMC Research Notes
- 2008-            Inflammation & Allergy - Drug Targets
- 2002-            Annals of Gastroenterology
- 2007-            The Open Gastroenterology Journal
- 2009-            World Journal of Gastrointestinal Pharmacology and Therapeutics

### EDITOR OF BOOK

- 2013            Advances in the management of inflammatory bowel disease (Future  
                  Medicine)

JOURNAL REVIEWER:

1. Lancet
2. Gastroenterology
3. Gut
4. Nature Reviews of Gastroenterology & Hepatology
5. American Journal of Gastroenterology
6. Clinical Gastroenterology & Hepatology
7. Alimentary Pharmacology and Therapeutics
8. Inflammatory Bowel Diseases
9. Journal of Crohn's and Colitis
10. Journal of Clinical Gastroenterology
11. Digestive Diseases and Sciences
12. European Journal Gastroenterology & Hepatology
13. Scandinavian Journal of Gastroenterology
14. Journal Gastroenterology & Hepatology
15. Digestive & Liver Diseases
16. Clinics & Research in Hepatology & Gastroenterology
17. World Journal of Gastroenterology
18. BMC Gastroenterology
19. Annals of Gastroenterology
20. Journal of Gastrointestinal and Liver Diseases
21. Frontline Gastroenterology
22. Human Immunology
23. European Journal of Clinical Investigation
24. Drugs
25. BMC Public Health
26. BMC Cancer
27. Journal of Clinical Pathology
28. Blood Coagulation & Fibrinolysis
29. Journal of Thrombosis and Haemostasis
30. Clinical Chemistry & Laboratory Medicine
31. Expert Review of Gastroenterology & Hepatology
32. Expert Opinion on Emerging Drugs
33. Expert Opinion on Pharmacotherapy
34. Inflammatory Bowel Disease Monitor
35. Gastroenterology Research and Practice
36. Expert Review of Molecular Diagnostics
37. Mini Reviews In Medicinal Chemistry
38. Disease Markers
39. Medical Science Monitor
40. Yonsei Medical Journal
41. Medical Principles and Practice
42. Journal of Medical Case Reports

GRANT REVIEW COMMITTEE:

1. Broad Medical Research Program Inflammatory Bowel Disease (Grants)
2. Crohn's and Colitis Foundation of Canada (*Grants*)
3. Dutch Digestive Foundation (Grants)
4. Telethon (Grants)
5. ECCO (Grants)

## **AWARDS –GRANTS**

### AWARDS

1. Award in Mathematics (Greek Society of Mathematics) as student 1976
2. Scholarship of the Hellenic Society of Gastroenterology 1994
3. Best oral presentation in the 7<sup>th</sup> Cretan Medical Congress 1994
4. Scholarship of the Hellenic Society of Gastroenterology 1996
5. Best poster presentation in the 17<sup>th</sup> Hellenic Congress of Gastroenterology 1997
6. Best oral presentation in the 10<sup>th</sup> Cretan Medical Congress 2000
7. Poster of Distinction UEGW Brussels 2000
8. Best poster presentation in the 26<sup>th</sup> Hellenic Congress of Gastroenterology 2006
9. Best poster presentation in the 28<sup>th</sup> Hellenic Congress of Gastroenterology 2008
10. Travel grant for one of the best oral presentations UEGW Vienna 2008
11. Travel grant for one of the best poster presentations UEGW London 2009
12. Best poster presentation in the 30<sup>th</sup> Hellenic Congress of Gastroenterology 2010
13. Travel grant for one of the best oral presentations UEGW Amsterdam 2012
14. Best oral presentation in the 33<sup>rd</sup> Hellenic Congress of Gastroenterology 2013
15. Best poster presentation in the 33<sup>rd</sup> Hellenic Congress of Gastroenterology 2013
16. Prize winning oral abstract at UEGW in Barcelona 2015
17. Prize winning oral abstract Digestive Disorders Federation Meeting London 2015
18. Best poster presentation Hellenic Congress of IBD 2016
19. Presidential Poster Award American College of Gastroenterology 2016
20. Best poster presentation in the 37<sup>th</sup> Hellenic Congress of Gastroenterology 2017
21. Travel grant for one of the best poster presentations UEGW Vienna 2018
22. Best poster presentation in the 43<sup>rd</sup> Hellenic Congress of Gastroenterology 2023
23. Best oral presentation in the 43<sup>rd</sup> Hellenic Congress of Gastroenterology 2023

### GRANTS:

1. BIOMED I EC-IBD 1991 (under supervision of ON Manousos)
2. Hellenic Society of Gastroenterology 1994
3. Hellenic Society of Gastroenterology 1996
4. General Secretariat for Research Development Ministry of Greece 1999
5. Hellenic Society of Gastroenterology 2011
6. Hellenic Group for the study of Inflammatory Bowel Disease 2016
7. Hellenic Society of Gastroenterology 2018
8. Hellenic Group for the study of Inflammatory Bowel Disease 2019.
9. Vifor 2020
10. Pfizer 2021
11. Pfizer 2023

## **COMMITTEE, ORGANIZATIONAL AND ADMINISTRATIVE POSITIONS**

1. Member of the Library committee of Medical Faculty University of Crete (2006- )
2. Member of the Greek GI infections committee (2006)
3. Member of the international committee for guidelines on anemia in IBD (2006-2007)
4. Member of the governing board (vice-president) of the Hellenic IBD Association (2012- 2017)
5. Member of the Bioethics committee University Hospital Heraklion Crete (2012- )
6. Member of the anemia guidelines committee of ECCO (2013- )
7. Member of the committee for scholarships and awards of the Hellenic Society of Gastroenterology 2013
8. Member of the extraintestinal manifestations guidelines committee of ECCO (2014- )
9. Member of the 5<sup>th</sup> ECCO Scientific Workshop “Pathogenesis of fistulising Crohn’s disease (2015)
10. Member of the students orientation committee of Medical Faculty University of Crete
11. Member of the guidelines committee of the World Gastroenterology Organization 2016-
12. President of the governing board of the Hellenic IBD Association (2017-2020)

#### **CHAIRMAN OF ORGANIZING COMMITTEE OF CONFERENCES**

1. IOIBD Annual Meeting Crete 2010
2. ELIGAST Athens 2013
3. Greek IBD congress Delphi 2014
4. Hellenic congress of Gastroenterology Athens 2016
5. Annual symposium of the Greek Association of Gastroenterologists Athens 2018

#### **RESEARCH SUPERVISOR**

##### **Principal supervisor**

13 PhD students

##### **Committee Member**

24 PhD students

#### **INVITED LECTURES**

In English: 33 In Greek: 94

#### **PUBLICATIONS**

PubMed Publications 234

H-index 65, Citations 16703