

CURRICULUM VITAE

EVANGELIA AKOUMIANAKI

1. CONTACT INFORMATION

First Name: Evangelia
Last Name: Akoumianaki
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2. EDUCATION/QUALIFICATIONS

1994	High School Graduation	Arkalochori High School, Heraklion, Greece
28/07/2000	Medical Doctor	National and Capodistrian University, Medical School, Athens, Greece
30/05/2008	Specialist in Pneumonology- Pathophysiology	Hellenic Republic, Direction of Public Health, Department of Larissa, Larissa, Greece
21/03/2011	Specialist in Intensive Care Medicine	University of Crete, Medical School, Heraklion, Crete, Greece.

3. PROFESSIONAL HISTORY

04/05/2022-now	Assistant Professor in Intensive Care	University of Crete, Medical School
17/07/2017- 03/05/2022	Consultant in ICU	Intensive Care Unit, University General Hospital of Heraklion, Voutes, PC 71110, Greece
01/2017-06/2017	Resident in Anesthesiology	Klinikum Kassel, Department of Anesthesia and Intensive Care Medicine, Germany
02/2016-08/2016	Resident in Intensive Care Unit	

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Universitätsklinikum Göttingen,
Department of Anaesthesia and
Intensive Care Medicine, Germany

11/2011- 04/2013	Clinical Research Fellow and Resident in Intensive Care Unit	HUG, Hopitaux Universitaires de Geneve, ICU Department, 1214 Geneva 14, Switzerland
2009-2011	Resident in Intensive Care Unit	University Hospital of Heraklion, Crete, Greece
2003-2008	Resident in Pulmonary Medicine	Department of Pulmonary Medicine, 'Sotiria' Thorax Diseases Hospital, Athens, Greece.
2000-2002	Primary Care Doctor	Primary Care Health Center of 'Spili', Rethymno, Crete, Greece

SCIENTIFIC SOCIETIES: MEMBER

- Member of the European Society of Intensive Care Medicine (ESICM)
- Member of the Hellenic Society of Pneumology
- Member of the Hellenic Society of Intensive Care
- Member of the 'Pleural Pressure Group' (PLUG)

4. ACADEMIC PROFILE

- **PhD (THESIS):** PhD completed on 8th December 2015, School of Medicine, University of Crete. Title: "Physiologic comparison of neurally adjusted ventilator assist, proportional assist ventilation and pressure support ventilation in critically ill patients".
- Clinical Research Fellow in Geneva: 2011-2013. HUG, Hopitaux Universitaires de Geneve, ICU Department. Under the supervision of Prof L. Brochard.

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- Research Award from the European Society of Intensive Care Medicine in 2013, ESICM 26th Annual Congress, Paris, France.
- International trainee scholarship award (ITS awardee). American Thoracic Society (ATS) International Conference, Mai 2013, Philadelphia, Pennsylvania, USA
- Invited researcher in Toronto (February 2014)
- **Pubmed Publications: 40**
- **H-index (source: google scholar/scopus): 23/19**
- **Citations (source: Scopus): >3000**

5. EDUCATIONAL ACTIVITY

- Contributor at the course organized by the European Society of Intensive Care Medicine. ESICM Academy, section Mechanical Ventilation-COVID-19
- Contributor of the e-module 'Mechanical Ventilation'. ESICM Academy Platform. Updated in 2022.

<https://academy.esicm.org/course/viwe.php?id=298/>

<https://academy.esicm.org/course/viwe.php?id=300>

- Instructor of the European educational program under the title 'C-19 SPACE', organized by the European Society of Intensive Care Medicine.
- Instructor in the postgraduate course organized by ESICM 'Mechanical Ventilation: from basics to advanced treatment'. Course organized by the European Society of Intensive Care Medicine (ESICM) in the context of the 26th annual ESICM congress, 5-9 October 2013, Paris, France.
- 2017-2018: Instructor of the ventilation courses organized by Medtronic under the title 'Ventilation and Simulation Master Class' (Medtronic Innovation Center). Istanbul, Turkey
- Participation at several international scientific meetings.

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- Member of the Pleural Pressure Working Group (the PLUG Group), an international network of physicians and investigators working on advanced monitoring of mechanical ventilation and respiratory failure. The goal of the group is to promote research and use of advanced monitoring, discuss study results, and provide educational tools. It was created by Dr. Laurent Brochard in 2012. The group gathers more than 140 members from all over the world. I was the 1st author of the review consensus article published by the group in 2014 under the title: The application of esophageal pressure measurement in patients with respiratory failure. **Akounianaki E**, et al. Am J Respir Crit Care Med. 2014 Mar 1;189(5):520-31.
- Lectures during postgraduate courses organized by the Medical School of the University of Crete
- Participation as a trainer in several workshops on Mechanical Ventilation organized by the Intensive Care Unit of the University Hospital of Heraklion, Crete.
- Education of medical students, residents and physicians in Intensive Care Unit with special focus on respiratory failure and mechanical ventilation.

6. AWARDS

- ESICM Bernhard Dräger Research Award for advanced treatment of Acute Respiratory Failure in October 2013, ESICM 26th Annual Congress, Paris, France.
- International trainee scholarship award (ITS awardee). American Thoracic Society (ATS) International Conference, May 2013, Philadelphia, Pennsylvania, USA.
- 'Emerging Investigator' for the publication entitled 'Mechanical Ventilation in Patients with Acute Brain Injuries'. Emerging Investigators Highlight, June Highlight, AJRCCM, 2025.

7. PARTICIPATION IN MULTICENTER TRIALS

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1. Co-investigator in the multicenter trial RECUP-19, a national trial analyzing data of critically ill patients with severe COVID-19.
2. Co-investigator in 'AEGLE – An analytics framework for integrated and personalized healthcare services in Europe'. Horizon 2020, ICT-15-2014: Big data and Open Data Innovation and take-up.
3. Co-investigator in the international multicenter randomized controlled clinical study BAY 12-8039/11229 titled: 'Pulsed moxifloxacin for the prevention of exacerbations of chronic obstructive pulmonary disease: a randomized controlled trial'. Resp Res 2010, Jan 28; 11:10.
4. Co-investigator in the international multicenter randomized controlled clinical 'DALI: Defining Antibiotic Levels in Intensive Care Unit Patients: Are Current β -Lactam Antibiotic Doses Sufficient for Critically Ill Patients?' Clinical Infectious Diseases, 15 April 2014; 58 (8): 1072–1083. <https://doi.org/10.1093/cid/ciu027>.
5. Co-investigator in the international multicenter randomized controlled clinical trial 'Proportional Assist Ventilation for Minimizing the Duration of Mechanical Ventilation: The PROMIZING Study (PROMIZING)' clinicaltrials.gov (NCT# NCT02447692) (Recruitment status: recruiting).

8. PUBLICATIONS IN INTERNATIONAL JOURNALS

1. Assessing inspiratory drive and effort in critically ill patients at the bedside. Tonelli R, et al. Crit Care. 2025 Jul 31;29(1):339. doi: 10.1186/s13054-025-05526-0.
2. Mechanical Ventilation in Patients with Acute Brain Injuries: A Pathophysiology-based Approach. Georgopoulos D, Taran S, Bolaki M, Akoumianaki E. Am J Respir Crit Care Med. 2025 Jun;211(6):932-945. doi: 10.1164/rccm.202409-1813SO.
3. Monitoring respiratory muscles effort during mechanical ventilation. van Oosten JP, Akoumianaki E, Jonkman AH. Curr Opin Crit Care. 2025 Feb 1;31(1):12-20. doi: 10.1097/MCC.0000000000001229.
4. Association Between Baseline Driving Pressure and Mortality in Very Old Patients with Acute Respiratory Distress Syndrome. Papoutsis E, et al. Am J Respir Crit Care Med. 2024 Dec 1;210(11):1329-1337. doi: 10.1164/rccm.202401-0049OC.

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5. Gastric Pressure Monitoring Unveils Abnormal Patient-Ventilator Interaction Related to Active Expiration: A Retrospective Observational Study. Akoumianaki E, Vaporidi K, Stamatopoulou V, Soundoulounaki S, Panagiotarakou M, Kondili E, Georgopoulos D. *Anesthesiology*. 2024 Sep 1;141(3):541-553. doi: 10.1097/ALN.0000000000005071.
6. Respiratory drive: a journey from health to disease. Georgopoulos D, Bolaki M, Stamatopoulou V, Akoumianaki E. *J Intensive Care*. 2024 Apr 22;12(1):15. doi: 10.1186/s40560-024-00731-5.
7. Studying Diaphragm Activity during Expiration in Mechanically Ventilated Patients: Expiratory Asynchrony Is Important. Akoumianaki E, Bolaki M, Georgopoulos D. *Am J Respir Crit Care Med*. 2024 Jun 1;209(11):1410-1411. doi: 10.1164/rccm.202401-0110LE.
8. Driving pressure of respiratory system and lung stress in mechanically ventilated patients with active breathing. Stamatopoulou V, Akoumianaki E, Vaporidi K, Stamatopoulos E, Kondili E, Georgopoulos D. *Crit Care*. 2024 Jan 12;28(1):19. doi: 10.1186/s13054-024-04797-3.
9. High-Flow Nasal Oxygen for Severe COVID-19 Pneumonia in Greek Patients: A Prospective Observational Study. Ioannou P, Akoumianakis I, Filippatos TD, Akoumianaki E, Chamilos G, Kofteridis DP; UNIVERSITY HOSPITAL OF HERAKLION COVID-19 STUDY GROUP. *Kurume Med J*. 2023 Nov 30;69(1.2):53-63. doi: 10.2739/kurumemedj.MS69120013. Epub 2023 Oct 3.
10. Hiccup-like Contractions in Mechanically Ventilated Patients: Individualized Treatment Guided by Transpulmonary Pressure. Akoumianaki E, Bolaki M, Prinianakis G, Konstantinou I, Panagiotarakou M, Vaporidi K, Georgopoulos D, Kondili E. *J Pers Med*. 2023 Jun 12;13(6):984. doi: 10.3390/jpm13060984.
11. Neural Network-Enabled Identification of Weak Inspiratory Efforts during Pressure Support Ventilation Using Ventilator Waveforms. Soundoulounaki S, Sylligardos E, Akoumianaki E, Sigalas M, Kondili E, Georgopoulos D, Trahanias P, Vaporidi K. *J Pers Med*. 2023 Feb 16;13(2):347. doi: 10.3390/jpm13020347.
12. A rational approach on the use of extracorporeal membrane oxygenation in severe hypoxemia: advanced technology is not a panacea. Akoumianaki E, Jonkman A,

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- Sklar MC, Georgopoulos D, Brochard L. Ann Intensive Care. 2021 Jul 12;11(1):107. doi: 10.1186/s13613-021-00897-3.
13. Hemophagocytic lymphohistiocytosis syndrome associated with Epstein-Barr infection in an immunocompetent patient. A case study. Ioannou P, Akoumianaki E, Alexakis K, Proklou A, Psyllaki M, Stamatopoulos E, Koulentaki M, Kondili E, Kofteridis DP. Germs. 2020 Sep 1;10(3):266-271. doi: 10.18683/germs.2020.1216. eCollection 2020 Sep.
14. Esophageal and transdiaphragmatic pressure swings as indices of inspiratory effort. Vaporidi K, Soundoulounaki S, Papadakis E, Akoumianaki E, Kondili E, Georgopoulos D. Respir Physiol Neurobiol. 2021 Feb;284:103561. doi: 10.1016/j.resp.2020.103561.
15. Airway pressure morphology and respiratory muscle activity during end-inspiratory occlusions in pressure support ventilation. Soundoulounaki S, Akoumianaki E, Kondili E, Pediaditis E, Prinianakis G, Vaporidi K, Georgopoulos D. Crit Care. 2020 Jul 28;24(1):467. doi: 10.1186/s13054-020-03169-x.
16. Validation of a Proposed Algorithm for Assistance Titration During Proportional Assist Ventilation With Load-Adjustable Gain Factors. Amargiannitakis V, Gialamas I, Pediaditis E, Soundoulounaki S, Prinianakis G, Vaporidi K, Akoumianaki E, Proklou A, Alexopoulou C, Georgopoulos D, Kondili E. Respir Care. 2020 Jan;65(1):36-44. doi: 10.4187/respcare.06988.
17. Happy or Silent Hypoxia in COVID-19-A Misnomer Born in the Pandemic Era. Akoumianaki E, Vaporidi K, Bolaki M, Georgopoulos D. Front Physiol. 2021 Oct 18;12:745634. doi: 10.3389/fphys.2021.745634. eCollection 2021.
18. The Role of Noninvasive Respiratory Management in Patients with Severe COVID-19 Pneumonia. Akoumianaki E, Ischaki E, Karagiannis K, Sigala I, Zakyn-Thinos S. J Pers Med. 2021 Sep 3;11(9):884. doi: 10.3390/jpm11090884.
19. Respiratory Drive in Critically Ill Patients. Pathophysiology and Clinical Implications. Vaporidi K, **Akoumianaki E**, Telias I, Goligher EC, Brochard L, Georgopoulos D. Am J Respir Crit Care Med. 2020 Jan 1;201(1):20-32.
20. Driving pressure during proportional assist ventilation: an observational study. Vaporidi K, Psarologakis C, Proklou A, Pediaditis E, **Akoumianaki E**, Koutsiana E,

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- Chytas A, Chouvarda I, Kondili E, Georgopoulos D. Ann Intensive Care. 2019 Jan 3;9(1):1.
21. The Injurious Effects of Elevated or Non-Elevated Respiratory Rate during Mechanical Ventilation. **Akoumianaki E**, Vaporidi K, Georgopoulos D. Am J Respir Crit Care Med. 2019 Jan 15;199(2):149-157.
22. Sleep quality in survivors of critical illness. Alexopoulou C, Bolaki M, **Akoumianaki E**, Erimaki S, Kondili E, Mitsias P, Georgopoulos D. Sleep Breath. 2019 Jun;23(2):463-471.
23. Patient-Ventilator Dyssynchrony. Antonogiannaki EM, Georgopoulos D, **Akoumianaki E**. Korean J Crit Care Med. 2017 Nov;32(4):307-322.
24. Can proportional ventilation modes facilitate exercise in critically ill patients? A physiological cross-over study : Pressure support versus proportional ventilation during lower limb exercise in ventilated critically ill patients. **Akoumianaki E**, Dousse N, Lyazidi A, Lefebvre JC, Graf S, Cordioli RL, Rey N, Richard JM, Brochard L. Ann Intensive Care. 2017 Dec;7(1):64.
25. Accuracy of delivered airway pressure and work of breathing estimation during proportional assist ventilation: a bench study. Beloncle F, **Akoumianaki E**, Rittayamai N, Lyazidi A, Brochard L. Ann Intensive Care. 2016 Dec; 6(1):30. Epub 2016 Apr 14.
26. Is prolonged infusion of piperacillin/tazobactam and meropenem in critically ill patients associated with improved pharmacokinetic/pharmacodynamic and patient outcomes? An observation from the Defining Antibiotic Levels in Intensive care unit patients (DALI) cohort. Abdul-Aziz MH, Lipman J, Akova M, Bassetti M, De Waele JJ, Dimopoulos G, Dulhunty J, Kaukonen KM, Koulenti D, Martin C, Montravers P, Rello J, Rhodes A, Starr T, Wallis SC, Roberts JA; DALI Study Group. J Antimicrob Chemother. 2016 Jan; 71(1):196-207.
27. Physiologic comparison of neurally adjusted ventilator assist, proportional assist and pressure support ventilation in critically ill patients. **Akoumianaki E**, Prinianakis G, Kondili E, Malliotakis P, Georgopoulos D. Respir Physiol Neurobiol. 2014; Nov 1; 203: 82-9.

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28. Noninvasive ventilation for patients with hypoxemic acute respiratory failure. Brochard L, Lefebvre JC, Cordioli RL, **Akoumianaki E**, Richard JC. *Semin Respir Crit Care Med*. 2014; Aug 35(4): 492-500.
29. Variability in protein binding of teicoplanin and achievement of therapeutic drug monitoring targets in critically ill patients: lessons from the DALI Study. Roberts JA, Stove V, De Waele JJ, Sipinkoski B, McWhinney B, Ungerer JP, Akova M, Bassetti M, Dimopoulos G, Kaukonen KM, Koulenti D, Martin C, Montravers P, Rello J, Rhodes A, Starr T, Wallis SC, Lipman J; DALI Study Authors. *Int J Antimicrob Agents*. 2014 May;43(5):423-30.
30. The application of esophageal pressure measurement in patients with respiratory failure. **Akoumianaki E**, Maggiore SM, Valenza F, Bellani G, Jubran A, Loring SH, Pelosi P, Talmor D, Grasso S, Chiumello D, Guérin C, Patroniti N, Ranieri VM, Gattinoni L, Nava S, Terragni PP, Pesenti A, Tobin M, Mancebo J, Brochard L. *Am J Respir Crit Care Med*. 2014 Mar 1;189(5):520-31.
31. DALI: defining antibiotic levels in intensive care unit patients: are current β -lactam antibiotic doses sufficient for critically ill patients? Roberts JA, Paul SK, Akova M, Bassetti M, De Waele JJ, Dimopoulos G, Kaukonen KM, Koulenti D, Martin C, Montravers P, Rello J, Rhodes A, Starr T, Wallis SC, Lipman J; DALI Study. *Clin Infect Dis*. 2014 Apr;58(8):1072-83.
32. Potentially harmful effects of inspiratory synchronization during pressure preset ventilation. Richard JC, Lyazidi A, **Akoumianaki E**, Mortaza S, Cordioli RL, Lefebvre JC, Rey N, Piquilloud L, Sferrazza Papa GF, Mercat A, Brochard L. *Intensive Care Med*. 2013 Nov;39(11):2003-10.
33. Mechanical ventilation-induced reverse triggered breaths: a frequently unrecognized form of neuro-mechanical coupling. **Akoumianaki E**, Lyazidi A, Rey N, Matamis D, Perez-Martinez N, Giraud R, Mancebo J, Brochard L, Richard JC. *Chest*. 2013 Apr;143 (4):927-38.
34. Sonographic evaluation of the diaphragm in critically ill patients. Technique and clinical applications. Matamis D, Soilemezi E, Tsagourias M, **Akoumianaki E**, Saoussen D, Boroli F, Richard JC, Brochard L. *Intensive Care Med*. 2013 May;39(5):801-10.

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35. Nonconventional ventilation techniques. Cordioli RL, **Akoumianaki E**, Brochard L. Curr Opin Crit Care. 2013 Feb; 19 (1):31-7.
36. Recent advances in interfaces for non-invasive ventilation: from bench studies to practical issues. Sferrazza Papa GF, Di Marco F, **Akoumianaki E**, Brochard L. Minerva Anesthesiol 2012; 78(10): 1146-53.
37. Bench testing of a new hyperbaric chamber ventilator at different atmospheric pressures. Lefebvre JC, Lyazidi A, Parceiro M, Sferrazza Papa GF, **Akoumianaki E**, Pugin D, Tassaux D, Brochard L, Richard JC. Intensive Care Med 2012; 38(8): 1400-4.
38. Individualized ventilation in influenza A (H1N1) infection: The experience of a single intensive care unit. **Akoumianaki E**, Xirouchaki N, Prinianakis G, Kondili E, Apostolakou E, Georgopoulos D. PNEUMON 2012; 25(2): 229-236.
39. Lung ultrasound in Critically Ill Patients – Comparison with Bedside Chest Radiography. Xirouchaki N, Magkanas E, Vaporidi K, Kondili E, Plataki M, Patrianakos A, **Akoumianaki E**, Georgopoulos D. Intensive Care Medicine 2011; 37(9): 1488-93.
40. Identifying and relieving asynchrony during mechanical ventilation. Kondili E, **Akoumianaki E**, Alexopoulou C, Georgopoulos D. Expert Rev. Resp. Med. 2009; 3(3), 231-243.
41. 'Bilateral empyema in an immunocompromized patient'. Alexopoulou C, **Akoumianaki E**, Georgopoulos D. Critical Care Cases, ATS. <http://www.thoracic.org/clinical/critical-care/critical-care-cases/index.php>

Greek Journals

Inhaled Bronchodilators. **Akoumianaki E**, Helias V, Toumbis M. Pneumon 2005; 18 (16).

9. AUTHOR IN INTERNATIONAL TEXTBOOKS

1. Esophageal Pressure Monitoring. Mechanical Ventilation from Pathophysiology to Clinical Evidence. Springer International Publishing. 2022, pp365-376.
2. Proportional Assist Ventilation. Mechanical Ventilation from Pathophysiology to Clinical Evidence. Springer International Publishing. 2022, pp85-92.

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3. Noninvasive Support of Ventilation. Laurent Brochard, Ricardo Luiz Cordioli, Dan Adler, Evangelia Akoumianaki. Chapter 136; Murray & Nadel's Textbook of Respiratory Medicine. 7th Edition, Elsevier Health Sciences. 28 May 2021.
4. Noninvasive Ventilation. Laurent Brochard, Evangelia Akoumianaki, Ricardo Luiz Cordioli. Chapter 33; Principles of Critical Care. 4th Edition. McGraw-Hill, New York. 2 June 2015
5. Noninvasive Ventilation. Laurent Brochard, Ricardo Luiz Cordioli, Dan Adler, Evangelia Akoumianaki. Chapter 102; Murray & Nadel's Textbook of Respiratory Medicine. 6th Edition, Elsevier Health Sciences. 17 March 2015.
6. Proportional assist. Akoumianaki E, Kondili E, Georgopoulos D. European Respiratory Society, Monograph, 2012; 55 (New developments in Mechanical Ventilation)

10. INVITED LECTURES IN INTERNATIONAL SCIENTIFIC MEETINGS

1. 'Should we use esophageal pressure to titrate PEEP?' ESICM 37th Annual Congress. October 5-9, 2024.
2. 'The' ARDS session. ESICM 37th Annual Congress. October 5-9, 2024.
3. 'Transition phase from controlled to assisted ventilation: Is early assisted ventilation the goal and the solution?'. ESICM 37th Annual Congress. October 5-9, 2024.
4. Patient-ventilator asynchronies: definition, detection, significance. 20th Annual Congress of Society of Turkish Intensivists and 12th Afro-Eurasia Meeting, 21-24 November 2024, Antalya, Turkey.
5. 'Esophageal pressure measurement in mechanically ventilated patients: technique, procedure, utilities for lung protection'. 20th Annual Congress of Society of Turkish Intensivists and 12th Afro-Eurasia Meeting, 21-24 November 2024, Antalya, Turkey.

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6. 'How to titrate PEEP'. 20th Annual Congress of Society of Turkish Intensivists and 12th Afro-Eurasia Meeting, 21-24 November 2024, Antalya, Turkey.

7. 'Harmonization of esophageal pressure monitoring: calibration, partitioned mechanics, absolute vs elastance-derived values, effort, devices and tracings, novel technologies'. 1st Jordi Mancebo PLUG Physiology Symposium. 28-30 September, Barcelona 2023.

8. 'The (re) discovery of reverse triggering and its implications for mechanically ventilated patients'. ESICM 34th Annual Congress. October 3- 6, 2021. Digital Congress.

9. 'Respiratory rate: not too high, not too low'. Thematic session: Optimizing mechanical ventilation during acute hypoxemic respiratory failure. ESICM 34th Annual Congress. October 3-6, 2021. Digital Congress.

10. 'First description of reverse triggering (respiratory entrainment) in critically ill adults.' Réunion anniversaire conjointe de la Société Suisse d'Anesthésiologie et de Réanimation (SSAR) et de la Société Suisse de Médecine Intensive (SSMI). November 15-17, 2012. Basel, Switzerland.

11. 'Proportional assist ventilation: literature update.' Geneva Round Table, Intensive Care Unit Department of the University Hospital of Geneva. June 26- 27, 2012. Geneva, Switzerland.

REVIEWER IN INTERNATIONAL MEDICAL JOURNALS

- American Journal of Respiratory and Critical Care Medicine IF 19.1
- Intensive Care Medicine IF: 27.1
- The Lancet Respiratory Medicine IF:38.7
- Chest IF: 10.1

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- Acta Anaesthesiologica Scandinavica IF: 1.9
- Respiratory Physiology and Neurobiology IF: 1
- Anaesthesiology IF: 9.1
- Critical Care IF: 8.8
- Annals of Intensive Care Medicine IF: 3.14
- Journal of Critical Care IF:3.2
- Respiratory Care IF:2.4
- Critical Care Nurse IF:2
- Scientific Reports IF:3.8

LANGUAGES:

- **Greek:** (mother language)
- **English:** (C1 Diplom), Cambridge University, Grade A
- **French:** Intermediate level (B2)
- **German:** Intermediate level (B2)